



NEWCASTLE SPIRITUALIST CHURCH INC. NEWSLETTER

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Welcome to March 2025

A message from our President

It fills my heart with joy to reflect on the wonderful community we've built here at our church. Our sacred space has become a beacon of light, a place where love and unity flourish. With so many exciting events coming up - our meditation groups, spiritual retreat, workshops, super soul Saturdays, and open day - we are continually growing together, deepening our faith, and lifting each other up. Each gathering strengthens our bond, reminding us of the incredible potential we have to create a peaceful, harmonious world.

As we look ahead, we are reminded of the beautiful prophecy: when the lion lies down with the lamb, peace will reign for a thousand years. This vision calls us to look beyond worldly divisions and embrace the deeper unity that binds all of creation together. True peace is not merely the absence of conflict but the presence of love, compassion, and understanding.

As spiritual beings, we are called to embody this peace within ourselves, cultivating harmony in our hearts and spreading it to the world around us. When we open ourselves to divine wisdom, we align with the universal flow of peace that transcends time and space.

Let us be the living examples of peace and unity, recognizing the divine spark in each person we encounter. Through collective prayer, meditation, and conscious living, we create a ripple effect of healing and transformation, bringing us closer to the lasting peace the prophets foresaw.

Together, we can manifest this divine harmony and nurture a world filled with love, joy, and eternal peace.



Blessings and Gratitude,
Mr. Charles Freeman
President

Welcome to Our New Look Newsletter!

It gives me great pleasure to be part of our church family and to take on the role of Newsletter Editor. We have so many exciting events lined up in the next couple of months, so be sure to check out the *What is coming up?* page.

Don't forget to follow us on Facebook to stay up to date on upcoming events. If you're not yet a member, have you considered joining for just \$10 per year? This gives you great access to member discounts and first informed on all events!

May your month be filled with blessings.



Love and Light,
Justin Charlton

Mindful Moments: Find Your Peace Within

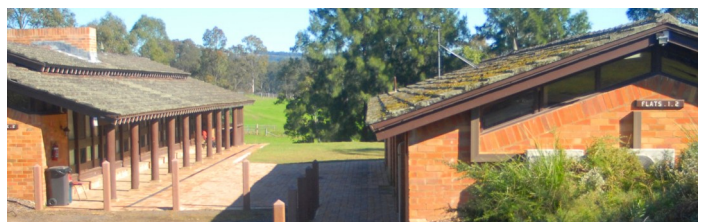
Regular meditation provides significant mental and physical health benefits. Reduces stress and anxiety, improves sleep, lowers blood pressure and more..

Why not come along to one of our regular weekly meditation groups and try for yourself?

Tuesday 10.30am - 12pm with Marcia
Wednesday 10.30am - 12pm with Yvonne
Friday 7.30pm - 9pm with Robert
\$5 per person (cash only) - All welcome

Member's Retreat: April 4th, 5th & 6th — Tocal Collage

More information coming soon, so be sure to watch your emails!



Set your intention to manifest the solution, instead of obsessing over the problem. Visualize the cure, don't feed the calamity. Anthon St. Maarten

Kim Tennant (Astrologer)

www.pandorasmoon.com



What is Happening in the Sky (March)

Happy Birthday Pisces & Aries!

March begins with the Sun in Pisces. This is probably the most spiritual time of the year. It's okay to withdraw, reflect and just dream.

March 2nd sees Venus turning retrograde. During Venus retrograde, it's a time when old friends may resurface in your life. Past loves may also show up during this time. This is also a time when we are asked by the cosmos to review our values and also our resources. This is a wonderful time for self-nurturing.

It's also a great time to take control of your finances and explore your relationship with money.

March 14th brings the Virgo Full Moon Eclipse. Release any habits that aren't good for your health. Let go of negative mind chatter and perfectionism. The conjunction of Saturn and Neptune to the Sun brings the opportunity to dissolve old structures in your life that no longer serve you.

On March 20th, the Sun moves into Aries. This is the time to focus on your own needs and wants. Take action and have fun.

The New Moon Eclipse in Aries occurs on March 29th. Start a new adventure or something that takes courage. Take action to manifest your dreams. Your inner world is eclipsing your outer world right now.



Member Spotlight!

Christina Sullivan

Hi, I'm Christina.

I started coming to the church and meditation regularly in mid-2024. Everyone has been warm and welcoming and it's great to find like-minded people. I had my first encounter with spiritualism at age eleven when my older sister bought me a Ouija Board and I was introduced to the notion of other worlds and beings.

I've gone on to study Reiki healing, Intuitive Mediumship, Mindfulness, Meditation, Hypnotherapy and Timeline Therapy.

I fill my time with my family, my clients, study, meditation and learning guitar. I have two teenage grandchildren and two labradoodles, who keep me busy. My favorite thing to do is walk to the beach every morning which also keeps me connected to the earth and to spirit.

Green Energy Juice

Ingredients:

- 1 cucumber
- 2 celery stalks
- 1 handful of spinach or kale
- 1 green apple
- Juice of 1/2 lemon
- 1-inch ginger
- 1/2 cup coconut water (optional)
- Mint to garnish if desired

Instructions: Juice all Ingredients, adding lemon and coconut water. Serve chilled with a mint garnish if desired.

Benefits: Hydrating, detoxifying, and energizing – the perfect boost for your day!

Yum!





A heartfelt thank you to everyone who made our Open Day such a wonderful success. We are especially grateful to our Readers - Charlie, Marcia, Robert, Lesli, Vicki, Jenny, Maya, Pam, Kylie, Arlene, Rebecca, Maria, and Eric - and our Healers - Cheryl, Robert, Ivo, Janelle, Corina, Neil, and Brett. Your time, energy, and dedication made this event possible. A special thanks also to those working behind the scenes, ensuring everything ran smoothly.

It was a joy to welcome new faces - we hope to see you again soon - and we deeply appreciate our members and regular visitors for their continued support.



Newcastle Spiritualist Church Inc.

3 Swan Street Cooks Hill Newcastle

**Super Soul
Connection Sessions**
Saturday 22nd March 2025
45 minute, one-on-one
sessions with an
amazing medium

Members see email for booking
link - or link can be found on our
Facebook page

Cecile
Trapman



Maya
Knight



Paul
White



Lesli
Yule

Awakening the Spirit Within




“The wound is the place where the Light enters you.” – Rumi

Life's struggles are not barriers but doorways to transformation. When we embrace our wounds with love, we allow divine wisdom to flow through us. Every hardship carries a lesson, every challenge an opportunity to grow. Trust that Spirit guides you, even in the darkest moments. Let love and faith heal your heart, for within you lies an infinite source of strength. Open yourself to the light, and you will find that you were never truly lost—only on the path to awakening.



WHAT IS COMING UP?

Sunday Services commence at 3.00pm, all welcome, no need to book

1st March Open Day - all are welcome to come along and join us for 15-minute readings and healings for only \$10. No bookings - first come, first served. All welcome - come and experience the magic!

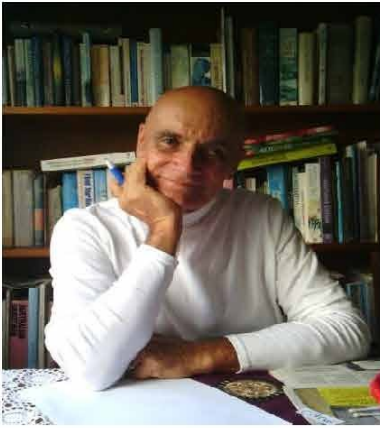
2 March*		Monika Kwong - we are super blessed to have the amazing Monika Kwong coming along to speak to us. Long time friend of our church, Monika is a wealth of knowledge on a broad range of topics, and we cant wait to hear what she has to share with us. Crystal Guru and Reiki Master, Monika will be bringing with her a range of her crystal creations which will be available to purchase if interested.
9th Mar*		TBC
16th Mar*		Marcia Parkes - Long term member, committee member and dedicated meditation group leader, Marcia is known for her warmth and wisdom, she brings a wonderful sense of humour and creates a welcoming and uplifting space for spiritual growth. Her longstanding commitment to the church and its community has been instrumental in supporting and guiding those on their spiritual journey.

22nd Mar **Super Soul Connection Sessions** - 45 minute, one-on-one sessions, with up to 5 amazing mediums available to choose from. Members watch your inbox for the booking link, which will be shared 24 hours later on our Facebook Page.

23rd Mar		Damian Marc - Damian believes the universe has a way of guiding us forward through our lives with the help of spirits and angels. Death is not the end, your loved ones are watching over you, knowing this has led me to embrace my path and share his gift.
30th Mar		Denise Litchfield - Denise Litchfield has been an evidential medium for ten years, and regularly travels to the UK to attend training at the Arthur Findlay College. She's refreshingly honest, and you'll never have to second guess her in readings.

*Please bring an item for Psychometry

Please note: All guest speakers are subject to change without notice. Where possible we will update this page, but make sure to watch our Facebook Page for all updates.



Les Dyer Returns to Newcastle Sat 3rd/Sun 4th May 2025!

Over the last 40 years, Les (a down-to-earth spiritual teacher and author of 13 transformative books) has visited Newcastle over 30 times! Now he returns to share his transformative wisdom and spiritual love again: allow yourself to reconnect, refresh & repair your own Spirit!

Saturday May 3rd Program: 9am – 4pm

THE 10-FOLD PATH TO INTENTIONAL LIVING

If you've ever wondered how to straighten your life out, discard unwanted habits, reconnect meaningfully with the Divine and achieve wholeness and happiness –then this is for you. For 35 years this program has delighted and transformed thousands of participants from all walks of life. In fact, it's one of Les's most popular programs.

It helps you overcome childhood scares and traumas that still affect you, appreciate the wonderful soul you already are, and create the future that you want rather than the one you seem stuck with. You will reconnect more deeply with Spirit and learn to live a deeper, richer and more fulfilled life of your own making. This is the ideal path to authentic, spiritual self-empowerment.

Saturday Night May 3rd: 6.30-8.30pm

MEDITATIONS, MANTRAS & MORDECHAI MESSAGES

Les has famously channelled Mordechai for over 35 years. He is also the creator of several hundred guided meditations (many available as cd's). These nights are famous for the energy and healing that emanates from the meditations, the chants and the spiritual guidance!

Sunday May 4th Program: 9am-1.30pm

THE FIVE GOLDEN PILLARS OF ABUNDANCE

Have you ever wondered why you sometimes lack abundance in material flow, or opportunities or love or self-respect? Many issues that affect us needn't. In this hands-on program you'll be given *all the tools you ever need* to change your outcomes and step into a powerfully more happy, more abundant and much more fulfilled life – just as you are, just where you are.

This is a proven program that's full of practical, down-to-earth techniques for *changing your abundance for the better!* (If your life is already great, this program will make it even better!!).

Total cost for Saturday Workshop, Saturday Night, Sunday Workshop - Just \$105 if you're wealthy, \$55 if that's what you can afford, \$22 if funds are low, another amount by sealed envelope if that helps. Credit cards most welcome. No-one ever turned away.

*All bookings via Trybooking - <https://www.trybooking.com/CZAWV>
Venue: Newcastle Spiritualist Church, 3 Swan Street Cooks Hill.*