

January/February 2024

Newsletter

The 7 Principles of Spiritualism

- 1. The Fatherhood of God**
- 2. The Brotherhood of Man**
- 3. The communion of Spirits
and the Ministry of Angels**
- 4. The continuous existence of
the human soul**
- 5. Personal responsibility**
- 6. Compensation and
retribution for all good
and evil deeds done on
earth**
- 7. Eternal growth open to every
human soul**

All with liberty of interpretation

Welcome to 2024

- **Please see Page 6 for the dates our Sunday Services and Meditation Groups will be recommencing.**
- **Meditation groups: Check out Page 5 for information regarding our regular weekly groups. Please don't hesitate to ask a committee member at a Sunday Service, or your group facilitator for more information.**
- **Our first special event will be held on Saturday 3rd February 2024, a Vision Board Workshop - see inside for more details.**
- **Rosie Kennedy kicks off our 2024 season of Super Soul Saturdays. We have lots more in store for this year, so keep watching!**
- **Remember, if you are a current financial member of the church, you will receive notification of our events 24 hours before information is shared on Facebook!**



Message from the Church President

As we stand on the threshold of a new year, it is both an honour and a privilege to extend my heartfelt blessings to each one of you. I am filled with a sense of anticipation for the spiritual journey that awaits us in 2024. As we embark on the coming year, let us carry forward a spirit of unity and continue to be a source of solace and inspiration for one another.

May the divine light guide us through the paths of understanding, compassion, and enlightenment. Let us approach 2024 with open hearts, ready to receive the profound spiritual insights and growth that the universe may have in store for us.



Openness entails embracing life's transformations with faith and surrender. It's a profound acceptance of change as a catalyst for spiritual growth, encouraging a deeper connection to the present moment. Releasing attachments to the past, navigating the unknown with trust, recognising each change as an opportunity for growth is part of our spiritual evolution.

May 2024 bring you abundant blessings, deepened connections, and a profound sense of purpose. As we navigate the unknown, may the light within us shine brightly, dispelling any shadows that may cross our paths.

*Charles Freeman
President*



WE HAVE NEW CONTACT DETAILS

Please update your contact details for us, we have a new email address, and a new phone number.

Email: newcastlespiritualistchurchinc@gmail.com

Phone: 0494 029 236

Don't forget our Healing Book

We have a distant healing book near the platform at church. Please take a moment to write your name, or the names of any family members or friends who might be in need of some healing at this time.

Distant Healing is sent to those persons who are written in the book during Sunday Services, and during our regular Meditation sessions.

Each month the page is turned, so please feel free to add the names back into the new month.



What is Happening in the Sky - Astrological events in January and February 2024

Happy Birthday Capricorn, Aquarius & Pisces!

January begins with the Sun in Capricorn. During this time we set goals and make plans for the year. The New Moon in Capricorn occurs on January 11th. Set goals. Make plans for your life. Set boundaries. This New Moon brings the potential to transform and heal any wounds from the past with the involvement of Pluto, Chiron and the Nodes.

On January 20th, the Sun moves into Aquarius. This is a time to embrace your inner quirkiness. Aquarius is all about individuality and the freedom to be yourself. This is also a great time for networking and hanging out with friends.

The Full Moon in Leo occurs on January 26th. Let go of old creative projects, issues with children, ways of self-expression that are no longer valid. Pluto conjunct the Sun and Jupiter squaring this Full Moon brings the potential for self-empowerment by releasing old patterns of negative self-belief.

February 10th brings us the New Moon in Aquarius. (This also marks Chinese New Year). Embrace your uniqueness. Take steps to make new friends or join a networking group. Sponsor a child or adopt a pet. The square from Uranus brings the potential for sudden change.

The Sun moves into Pisces on February 18th. This is a time to get in touch with your inner world and make spiritual connections.

The Full Moon in Virgo falls on February 24th. Release any habits that aren't good for your health. Let go of negative mind chatter and perfectionism. The conjunction to the Sun (and opposite the Moon) by Mercury and Saturn asks you to speak up and release any issues you have with authority figures.

Wishing you all a very Happy 2024!

Thank you to *Kim Tennant* for your contribution
www.pandorasmoon.com



2024 CHINESE NEW YEAR: WOOD DRAGON - 10th FEBRUARY

When Dragon energy is combined with the nourishing Wood element, it will bring evolution, improvement, and abundance. It is the perfect time for rejuvenated beginnings and setting the foundation for long term success.

THANK YOU!!

A message for everyone who so generously donated items towards our giving baskets in December. My car and heart was full when I delivered them to the Soul Hub, and they were so appreciative. I was given a tour of the new premises, which is fully fitted out and suits them perfectly. With a commercial kitchen, dining area, lounge area, rooms for professional services such as doctors etc, laundry and more, the vibe was buzzing as their many patrons were coming in for their breakfast. Thanks again, and thanks from the Soul Hub!

Jenni



MEMBERS - Watch your inbox!

Our first Super Soul Saturday of 2024 featuring special guest medium Rosie Kennedy!
As a financial member of Newcastle Spiritualist Church, you will receive the link to book for our special events 24 hours before we share with the link on our Facebook Page. This event is limited to the first 40 people to book online via Trybooking.



Super Soul Saturday

17TH FEBRUARY 2024
7.00PM - 9.00PM



**NEWCASTLE
SPIRITUALIST
CHURCH INC.
PRESENTS...**

ROSIE KENNEDY

Upcoming workshop - Vision Boards 2024 Manifesting your reality

Are you interested in creating a tangible, visual manifestation tool to assist you in achieving your goals? This casual and fun workshop may be for you. Commencing with a guided meditation to connect you to your souls intention to inspire you to achieve your highest good in 2024.

WHEN: Saturday 3 February 2024 - 10.30am to 2.30pm

BRING: All materials provided, you might like to bring along your Oracle Cards to clarify your intentions, or any special images you might like to include. Light refreshments are included, please bring your own lunch or a plate to share.

COST: \$10 - paid on the day

BOOK: LIMITED TO 15 PARTICIPANTS

BOOK ONLINE: Members will be emailed the booking link, if there any remaining places, the link will be shared on our Facebook page after 24 hours.

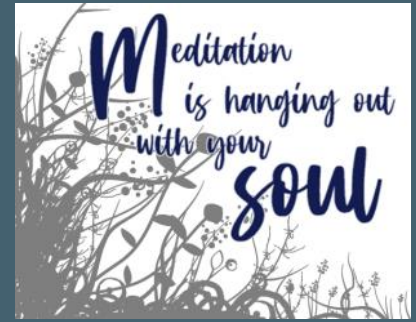


INTERESTED IN JOINING ONE OF OUR MEDITATION GROUPS?

Our regular Meditation Groups are held each week on Tuesdays and Wednesdays at 10.30am, and Fridays at 7.30pm. All are welcome to attend, there is no need to book. Just make sure to arrive at least 15 minutes prior to the advertised start time, entry is via the second door up the driveway. Cost for each session is \$5.00 per session, paid on arrival.

Additionally, we are currently offering a regular weekly Spiritual Development Group, held over 9 weeks. It is not essential that you participate in each session, however the teachings do flow from one week to the next. Cost is also \$5.00 per session, paid on arrival.

See below for more details about each group...



MONDAY EVENING SPIRITUAL DEVELOPMENT GROUP - SHAPE A NEW, EMPOWERED REALITY

Facilitators: Eric L and Melanie N

When: Monday evenings 7.00 - 8.30pm

Commencing on 29/01/2024 and continuing each week until 25/3/2024, this 9 week short course will feature three themes: intuition, empowerment and creating a new reality through manifestation. Each theme will be further broken down in to three classes, where participants will be guided to begin developing the tools and outlooks necessary for shaping an empowered reality for themselves.

Each session will consist of a short meditation, followed by discussion on the topic of the week, where all attendees are encouraged to participate. You will be given further follow up exercises to continue at home over the next week, should you wish to continue your study.

TUESDAY MORNING GROUP: MEDITATION AND DEVELOPMENT

Facilitator: Marcia Parkes

When: Tuesday mornings - 10.30am to 12.00pm

Suitable for beginners right through to more experienced meditators, anyone is welcome to come along to this friendly and welcoming group.

Each session starts by us introducing ourselves, then we begin with a small exercise where we will open our energy and ground ourselves. Then after an opening prayer, you will be guided into a meditation, where you will experience the healing and relaxing benefits of this practice. The meditation is followed by a psychometry exercise using various oracle cards or personal items.

This group is very social and will often continue the comradery by having lunch at one of the Darby Street outlets after group.

WEDNESDAY MORNING GROUP: MEDITATION AND DISCUSSION

Facilitator Yvonne G

When: Wednesday mornings - 10.30 to 12.00pm

Suitable for beginners right through to more experienced meditators, and commencing with an opening prayer, this group commences with a guided meditation followed by a discussion of what was experienced.

Afterwards the group shares a cup of tea or coffee and light refreshments, and during this time there is a group discussion, exploring different topics and themes each week, regarding aspects of spiritualism. If you attend Wednesday Morning Group, don't forget to bring along your questions!

FRIDAY EVENING GROUP: MEDITATION AND DEVELOPMENT

Facilitator: Robert D

When: Friday evenings 7.30 - 9.00pm

In a positive and inclusive environment, we aim to help each other grow spiritually and send love and healing energy to whoever and wherever it is needed.

We start the session with an opening prayer and spiritual reading, followed by a guided meditation helping you to relax after a busy week. Each meditation explores a new topic for that week. This is followed by a spiritual development exercise that will assist with the growth of your spiritual awareness and gifts such as psychometry, card readings, messages, etc. Lastly, we finish the night with a healing meditation (different each week) that helps you to leave the class feeling totally refreshed and ready for the week ahead.

WHAT IS HAPPENING IN JANUARY AND FEBRUARY 2024

SUNDAY SERVICES

Sunday Services commence at 3.00pm, all welcome, no need to book
*Bring an item for Psychometry

Sunday 14th January *	Kim Tennant - Pandora's Moon Astrology
Sunday 21st January *	Melanie Nicholson - The Balanced Brain Podcast
Sunday 28th January *	TBC
Sunday 4th February	Susan Penno - Psychic Medium/Reiki Master/Teacher
Sunday 11th February	Lesli Yule - Spiritual Medium
Sunday 18th February *	David Sumner - Holistic Therapist
Sunday 25th February	Cecile Trapman - Psychic Medium

SPECIAL EVENTS

Limited numbers - book online. Members emailed booking link
24 hours before it is shared with the general public.

Saturday 3rd February 10.30am - 2.30pm	Vision Boards - Manifesting your Reality 2024 Members will be emailed the booking link in early January. Cost \$10 - pay on the day
Saturday 17th February 7.00 - 9.00pm	Super Soul Saturday Night with guest medium Rosie Kennedy - Members will be emailed the booking link mid January. Cost \$35 Members - \$40 Non-Members. Pay online - be quick

WEEKLY MEDITATION GROUPS - ALL WELCOME!

\$5.00 per person per week: Please make sure to arrive at least 15 minutes prior to the advertised starting time below. See Page 5 for more details.

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
7.00pm to 8.30pm	10.30am to 12.00pm	10.30am to 12.00pm	7.30pm to 9.00pm
Facilitated by Eric & Melanie	Facilitated by Marcia	Facilitated by Yvonne	Facilitated by Robert
Commencing 29 Jan	Recommence 16 Jan	Recommence 17 Jan	Recommence 19 Jan