

October/November 2022

Newsletter

THE 7 PRINCIPLES OF SPIRITUALISM

1. The Fatherhood of God
2. The Brotherhood of Man
3. The communion of Spirits and the Ministry of Angels
4. The continuous existence of the human soul
5. Personal responsibility
6. Compensation and retribution for all good and evil deeds done on earth
7. Eternal growth open to every human soul

All with liberty of interpretation

UPCOMING EVENTS

- Saturday 8th October 2022 at 11.00am
Newcastle Spiritualist Church Inc. AGM
All welcome - full financial members eligible to vote.
- Saturday 5th November 2022
Super Soul Connection Sessions
Watch your inbox! Financial members will be emailed the booking information 48 hours before details are released to the public.
- Saturday 19th November 2022
Connecting To Angelic Energy workshop with
Monika Kwong. See inside for more details.
- Sunday 18 December 2022
Final Sunday Service for 2022.
Reopening mid January
2023 - watch our
Facebook page
for details



Message from The President

Greetings members and friends

Our AGM will be held on Saturday 8th October 2022, commencing at 11.00am. I would like to take this opportunity to thank all of our current committee members and others who give service and assistance to our church. It would not be the sanctuary that it is without their efforts. Remember, ALL of the activities, programs, maintenance, cleaning, etc is done by volunteers. Please accept my gratitude for all that you do. Remember, if you can assist in any way, large or small, please reach out. Every little bit helps.

I have recently been reflecting on our 7 Principles. The first is 'The Brotherhood of Man'. Remembering that our Principles are 'with liberty of interpretation', which means we are free to interpret them as we wish. So Sisterhood of Women, or Human of Humankind, are all equally as valid, the essential message is that we are all equal. To me, the most important part of this principle is kindness. Each and every one of us, have a chance, each and every day to just be kind. In fact, most of us have many, many chances. And it doesn't even cost one cent yet it is the richest gift you can give. Sometimes just a friendly smile is all that is needed to change the whole world of another person. I know that our lives can be overwhelmingly busy, crowds and traffic can be frustrating. Lots of people are going through so much, and putting on a brave face. A simple smile, a quick call or message, can be all it takes. It doesn't cost a thing to be kind, but the impact can last forever....

Charles Freeman, President

What's happening at Church?

SUPER SOUL EVENTS - Our Super Soul Events are winding down for 2022, with the final event happening on Saturday 5th November - Super Soul Connection Sessions. Sessions will be available to book with Anona Unicomb, Donna Wilkes-Hardy and Cecile Trapman, all well respected local Mediums.

Church members, watch your email inbox for your early bird link to book your place. The link for any remaining places will be advertised on our Facebook page.

Upcoming workshop - Connecting to Angelic Energy

Connecting to Angelic Energy

BOOK NOW
Phone Monika on:
02 4961 4240

Workshop with Monika Kwong of CrystalZENenergy

When:

Saturday 19th November 2022
9.30am to 4.30pm

Where:

Newcastle Spiritualist Church
3 Swan Street, Cooks Hill

Cost:

\$50 per person (non-refundable
deposit of \$20 required when
booking)

To book:

Phone Monika on 4961 4240



This workshop with Monika Kwong will allow understanding and connection to Angelic Energies. You will learn how to use crystals and essential oils to specifically connect to the healing energy. There will be a demonstration of setting up an angel altar and practice angel card reading.

For more information or to book, please phone Monika on 02 4961 4240.

What is happening in the sky? (for all signs)

OCTOBER/NOVEMBER - Happy birthday Libra, Scorpio and Sagittarius!

October begins with the Sun in Libra. This is a time of connection. Our relationships are in the spotlight. This may be love connections, best friends or even business partnerships. Use the energy to network and make the time to spend with those you care about. The Sun moves into Scorpio on October 23rd, bringing a more intense energy. Here we seek a depth to our connections. We may be more secretive and feel the need to withdraw. Scorpio is a water sign, so we may feel more emotional. The fixed energy of Scorpio slows everything down.

October 10th brings the Full Moon in Aries. Release any negativity in your life under this Moon. There is potential for great healing during this time, as the Moon is conjunct Chiron. Venus is opposite the Moon, so we can use this Full Moon to release any issues with relationships we may have and also reflect on how we may have contributed. The Full Moon in Taurus occurs on November 8th. This is also a Lunar Eclipse, so the energy will be particularly strong. This eclipse releases a strong desire for freedom, with Uranus conjunct the Moon. With Mercury & Venus opposite the Moon, we are looking for freedom of speech and the freedom to be ourselves within our relationships.

October 25th brings the New Moon in Scorpio. This is a Solar Eclipse so the energy will be very powerful. Venus sits close to the Sun & Moon during this time, so once again we get the message to focus on our relationships. After the releasing energy of the Full Moon two weeks ago, we now turn to what we wish to manifest in our relationships. November 24th brings the New Moon in Sagittarius. This New Moon is a wonderful time to explore our beliefs and adopt new values. Make wishes for travel and new experiences.

Mercury goes direct on October 2nd, but we see Mars going retrograde on October 31st. During a Mars retrograde period, the energy turns inward. Mars is our inner drive to move forward, so we may hit a few roadblocks over the next few months. Frustration may also be high. This is a time to go with the flow, so don't push.



Thank you to *Kim Tennant (Astrologer)*
www.pandorasmoon.com
for your contribution

CHURCH MEMBERSHIP

Are you a MEMBER of our church? If so, you might have noticed we are increasing our benefits to our members. We are a 'not for profit' organisation, that relies on donations and membership fees for the upkeep and running costs of our beautiful little church.

HOW MUCH? Membership is \$10.00 per year and benefits include:

- Extensive library: Our library is filled with many and varied spiritual books, lots of which are now out of print and unavailable - Members may borrow from our Library.
- Advance notice: Church members receive an email from us with the link to our Super Soul events 48 hours before the link is shared with the public on our Facebook page.

Would you like to have your say? Full Members are encouraged to stand to join our Committee at our AGM (usually held in October each year). Our committee meet once per month and are instrumental in planning and organising our special and regular weekly events.

Why not join? It is as easy as filling in a Membership Form and submitting it next time you are at church, the facilitator of your event will be able to assist you.

SPECIAL EVENTS COMING UP

Saturday 8th October 2022

AGM - commencing at 11.00am

All full members are encouraged to attend

Saturday 5th November 2022:

Super Soul Connection Sessions

Members - Follow link in email. The link to any remaining tickets will be shared on our Facebook page.

Saturday 19th November 2022:

Connecting to Angelic Energy

Workshop facilitated by Monika Kwong.
Call Monika to book on 02 4961 4240

SUNDAY SERVICES - 3.00pm (all welcome)

OCTOBER
2022

2nd	Marcia Parkes	Living Legend
9th	David Sumner	Holistic Therapist
16th	Lance Baker	Hypnotherapy and Reiki
23rd	Kim Tennant	Astrologer
30th	Debs Carling	Author/Healer

NOVEMBER
2022

6th	Violet Storm	Sydney based Psychic Medium
13th	Paul White	Medium
20th	To be advised (watch Facebook for the announcement)	
27th	Rosie Kennedy	Psychic Medium

DECEMBER
2022

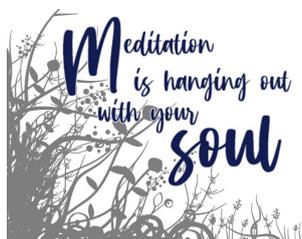
4th	Amanda Jay	Psychic Medium
11th	Cecile Trapman	Psychic Medium
18th	Christmas Service	Final service for 2022

Subject to change without notice - our Facebook page will be updated where possible

MEDITATION GROUPS

MEDITATION GROUPS \$5.00 per person

Please make sure to arrive at least 10 minutes prior to the advertised start time below



TUESDAY MORNING

10.30am - 12.00pm

Facilitated by
Marcia Parkes .
All welcome!

WEDNESDAY MORNING

10.30am - 12.00pm

Facilitated by
Yvonne Warren
All welcome!

FRIDAY EVENING

7.30pm - 9.00pm

Facilitated by
Robert D.
All welcome!

FEATURE STORY - THE EARTHLY INCARNATION OF A FREE-SPIRITED SOUL: ROCKY, THE MINIATURE PONY



I live in a small cottage on a 50-acre farm in rural Dooralong, next to the Olney State Forest. There are fourteen rescue horses in the fields, who graciously share the great expanse with mobs of kangaroos and clusters of beautiful wild deer making use of the nature corridors provided for them at the far end of the property ... Oh, we also have free range chickens! I mustn't forget these wonderful 4 ladies of leisure whilst I'm setting the scene, and therefore I should also give a mention to the five rescue dogs living the life of Riley amongst all of this. Within the equine herd, there are eleven standard size, long legged Arabians and three small miniature ponies. Let me further describe a 'mini': it is a teeny-weeny pony, approximately the size of a medium to largish dog. (But not in any way as large as a Great Dane!)

One of the mini's is called 'Rocky'. Now Rocky has never seen himself in a mirror. Never has it occurred to him, or the thought ever entered his mind, that he is small in stature. He perceives himself to be extremely tall and very handsome, and blessed with an impressively formidable presence. (Actually, he is very handsome and strangely formidable, those parts are true!) Before Rocky came to us, his 'forever home', he was located in QLD where he was brutally castrated out-bush, the details of this inhumane mutilation I don't feel readily compelled to burden you with. Let's just say it was memorable to him for all the wrong reasons, poor little guy. The result from which has led to the worst scarring and tissue damage that we have ever seen, resulting in a pinching sensation when he walks, which is terribly uncomfortable and inhibits him from using his full stride. Amazingly, this previous cruelty and rough manhandling has not stopped him from embracing his new human family at all. He is a trusting and generous individual, full of character and has a zest for life that quite simply makes all the other horses look apathetic and half asleep. *Note: Since arriving with us, Rocky has been receiving physiotherapy for his injured tissue and will recover 100% in due time, I am pleased to announce.*

If Rocky was a chess player, he would have a penchant for the long game and always be 5 moves ahead of the average player. In the short time he has been with us he has made mince-meat of the other male horses, in that he has managed to charm all the mares, thus positioning himself at the top of the hierarchical chain. He was very blatant and open about it, doing it right under the noses of the other geldings, who thought him quite innocuous and no real threat at the time. Now they feel somewhat foolish and stunned to have been so impressively outplayed. The mares are all spellbound and lining up to hang with Rocky, and no longer interested in the others much at all.

Because of his newly acquired status, Rocky feels it is his duty and right to visit every pony in the six fenced paddocks that divide the farm. We very quickly discovered that no fence can contain this free-spirited soul. He simply folds up his little legs and effortlessly rolls under all of the lower palings and fence wires as if they don't exist. Then with great purpose he trots (never walks) up to each and every horse and gives them an enthusiastic and hearty greeting. He is a leader that's out there, very present, metaphorically shaking the hands of the equine populous that reside within his kingdom.

He really is a funny little dude! His free-spirit, cheeky demeanour, sense of fun and sunny disposition makes us laugh every day, without fail. For example, only yesterday, he had me laughing out loud when I saw him with his head fully immersed, other than the tips of his ears,

in the water trough whilst he was joyfully occupied in the act of blowing bubbles on and off for ten minutes. Just a random and spontaneous source of highly amusing and fascinating entertainment for him!

Although highly independent, and a bit of a rebel, he isn't a trouble maker. He always comes when called. He willingly returns to his pen 5 mins before feeding time every night. We rarely, if ever, need to put a halter on him to persuade him to do anything for us. We only need to explain it out loud, and mentally visualise what we want from him and he is happily compliant. He stands out from the herd because he is mischievous, spontaneous in nature, fun and full of adventure, cheeky, engaging and knowingly subtly provocative. Here's how he differs from the crowd: an animal communicator recently came to our property and did readings for all the horses. She wrote two pages of notes on each individual horse. When it came to Rocky, she said she only needed to write one short sentence for him, which was this (word for word): 'On this occasion, this little guy is on Earth simply for 'shits and giggles', that's his sole and only purpose for this incarnation.' I agree! I reckon she's pretty spot on!

Why I am I talking about Rocky, you surely must be wondering by now! I haven't once mentioned anything about the Universe, Oneness, Spirit Guides, Spirituality, or even The Great Spirit, himself. The reason I am describing him in so much detail to you is that he represents a being that lives beyond boundaries and borders. It's not that he doesn't physically see the containment, he just doesn't acknowledge it as an obstruction or inconvenience to his greater plans. The rules and regulations developed by others just don't resonate with him, and thus he doesn't feel it necessary to be impeded by them if he's not in the mood for it at the time!

Of course, the parallel story here is about us, humans. We live in a society that desires structure, definable limits and a sense of order to give us a feeling of safety and protection. But there is a downside to this, because we have become somewhat conditioned and familiar with it, so much so that it's a habitual part of our life. We often fail to recognise its existence, the construct of its invisible fences and boundaries. We don't fight it, because we are happy being corralled. It serves us well, we feel the safety of the herd, so to speak.

Rocky is our reminder that mobility issues, size, age and shape shouldn't limit our sense of fun and adventure. We mustn't let seriousness and fear, lack of money, worries and anxieties define us or prevent our natural propensity for joy, laughter and play. It wasn't that long ago that we were young children, filled with curiosity and beguiled by butterflies and such like, fuelled by the energy of fully living and from being so enchanted by everything. Then we blinked and got older! Hey, what happened! Perhaps in some cases, suddenly we realise that we have slowly become less energised, less excited and less enthralled by life.

Rocky is our example of how to find enjoyment again, if it is lacking. Let's 'duck under a few fences' and free our spirits that little bit more, be a tad more spontaneous and daring, and rejoice at our hearts singing from this newly discovered sense of adventure. Rocky isn't just a leader of his equine herd. He is a leader by example to all humans who are feeling slightly lack lustre. What a privilege it is to know him. I personally feel joyfully inspired by him every day. I hope this little guy has brought a smile to your face, and is a source of inspiration for you too.

Now, finally, it's time to mention the Universe: The Universe has given us the likes of Rocky to boost and remind us to be playful and have fun! The Universe is always prompting us to play more and worry less. So, please feel free to come and visit Rocky, our little rockstar, at the farm if you are ever in need of a giggle. It is my open and loving invitation to you.

Love, Peace and Gnosis,
Debs

DEBS CARLING - Author/Healer

<https://www.facebook.com/debscarlingfreeflyngpoet>

<https://debscarling.com/>

