



APRIL 2020

NEWCASTLE SPIRITUALIST CHURCH INC

3 Swan Street Cooks Hill
off Darby Street via Queen Street

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Find us on Facebook.....Newcastle Spiritualist Church Inc

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm-9.00 pm	Marcia Parkes	Meditation/ Development
TUESDAY	10.30 am—Noon	Carmel & Bill John	Meditation/ Healing
	Committee Meeting	7pm	14th April
WEDNESDAY	10.30am —12.30pm	Joanne & Yvonne Warren	Meditation/ Development
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/ Development
SATURDAY	Spiritual Readings	4th Saturday of Each Month 8.30am-1.00pm	25th April
	Practice Day Readings	8.30am-12.00	4th April
	Sound Meditation	1.00pm-2.00pm	4th April
SUNDAY	3.00pm	Various Mediums & Speakers	Each Sunday

Hi Members & Friends

*It's with a great sigh of relief that we now have all our groups back to the normal timetable with the road works finishing up at the front of our church. Once again on behalf of the committee and facilitators to thank you our members for all your patience in this matter. Then there is the old saying it never rains unless it pours we are now contending with the Covid-19 virus. Our church is still keeping the meditation groups, Sunday Services and Reading Days as per normal as we have well under 100 people attending. The hands on healing as part of our Sunday service will be deleted. With this being said we still request that all person who have symptoms of a cold or flu please **STAY AT HOME**.*

Please continue in sending your prayers, healing and love to all those affected by this virus and those working with those people affected. Not forgetting all those who are affected in the ripple effect in the way of their businesses and employment.

Words written by W. Cowper -

“My dear Friend—Every extraordinary occurrence in our lives affords us an opportunity to learn, if we will, something more of our own hearts and tempers than we were before aware of. It is easy to promise ourselves beforehand, that our conduct shall be wise, or resolute, on any given occasion. But when that occasion occurs, we do not always find it, easy to make good the promise: such a difference there is between theory and practice.”

Charles Freeman -President

*Our philosophy is based on seven principles
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The Communication of Spirit and the Ministry of Angels*
- 4. The Continuous existence of the human soul*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. Eternal Progress open to every human soul*

PROGRAMME FOR APRIL 2020

<u>Date</u>	<u>Speakers</u>	<u>Chairperson</u>
<u>5th April</u>		
3pm	DONNA HARDY	JENNY HAVEBOND
<u>12th April</u>		
3pm (Easter)	CHARLES FREEMAN	MARCIA PARKES
<u>19th April</u>		
3pm	ROSE MAYHEW	ANONA UNICOMB
<u>26th April</u>		
3pm	PENNY-MARIE FERGUS	MARCIA PARKES

**THERE WILL BE NO HANDS ON HEALING DURING SERVICE BUT
HEALING MEDITATION IN ITS PLACE.**



We have a great line up of guest speakers for our Sunday Services. Thank you to Rosie Kennedy for helping organise our calendar and all of the facilitators. Much appreciated.

Our services are held in a energy of love & respect not only for the members of our congregation but also for all our loved ones in spirit. We do sing a few songs and in doing so lifts the vibration to make connecting to our loved ones much easier. The Healing Time is a great way to sample just a little of the beautiful power of spirit.

A big **Thank You** to One and All who help put chairs away after the Groups, Services etc., and also put them out for our services. Our Church could not function properly without your assistance. God Bless each and everyone of you.

MEMBERSHIP FEES are DUE

Your Membership fees are due in by the 30th June 2020
Place in an envelope along with name and any change of address or email
address etc.

New Members from 1 January 2020 are financial until 2021



PRACTICE READING DAY IS RE-COMMENCING' ON SATURDAY - 4TH APRIL 8.30am—12.00

This is great time for our members to practice their healing techniques
and for our visitors to receive some beautiful
healing

For a small donation \$5.00

*by providing these days we give the opportunity for our members to utilize their talents and skills and
building confidence in themselves both physically and spiritually and with your support it benefits
both yourself and the healer.*



SOUND HEALING MEDITATION With Penny -Maree from REIKI SANCTUARY

SATURDAY, 4TH APRIL
1.00 pm commencing at 1.15pm - 2.00pm
Workshop using quartz crystal bowls and
focusing on the 7 chakras
Contribution \$10.00 to pay at door

Our Annual Tocal Retreat

8th, 9th & 10th May, 2020

This year we have updated the accommodation staying at the
Glendarra Units at Tocal College.

Brochure is on Notice board at church

Triple share & Double : \$175.00

Single accommodation : \$215.00

prices includes all meals.

This is a great weekend for like minded people to gather together
sharing our thoughts, laughter, meditating, healing and relaxing



Morning Alarm Clock

DEPOSITS TO BE PAID ASAP



CHRIS DREW CSNU with AT ONE EVENTS

**will be presenting a 3 DAY WORKSHOP on
MEDIUMSHIP DEVELOPMENT**

at

NEWCASTLE SPIRITUALIST CHURCH

15th-17th October 2020

For Further Details and registration –Visit www.atoneevents.com

Everything in the world is part of a design. Everything has meaning and purpose, and a place in the pattern of existence, only it's not always possible to understand what that design is.

Only God can understand the design because He invented it. It's like a magic puzzle. We can't expect to understand everything. Some things are beyond the power of human understanding, but if we trust in God and believe in Him, no harm can come to us.

We must have faith in our part of the design—in the part He has given us to play, and if it appears dissatisfying to us, we must always realise that He knows best and that everything is part of a pattern more perfect than anything any mortal can ever visualise or devise.

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That which you call Spiritualism is part of the Natural Law. The Great Spirit has ordered the Universe to be ruled and to be expressed through unchanging laws. These laws control every facet of universal activity. Nowhere in the whole universe, whether it be in those regions known to you or in that much larger portion which is beyond human reach, is there absence of Natural Law.

The divine will is imposed through divine ordinance. Most laws are subject to change and alteration, most laws are imperfect and do not take cognisance of every circumstance. But the laws of the Great Spirit have provided for every contingency that will ever arise. There is no happening left to chance or accident. All is regulated, all is controlled, all comes within the divine dispensation.

You are a spirit expressing yourself through the physical body. When you worry you close the sluice gates and the body loses the channels of its vitality. You cut yourself off from the source of supply. Until you learn that lesson, the body acts according to the natural law of action and reaction

Remember the Beautiful Prayer of St Francis of Assisi

Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products advertised.

Contact: Secretary—email: admin@newcastlespiritualistchurch.com for availability and details.



LENTIL SOUP

1 Tbl Olive Oil

- 1 brown onion, finely chopped
- 1 carrot, peeled, finely chopped
- 1 celery stick, trimmed, finely chopped
- 2 x 400gm brown lentils, rinsed, drained
- 400g can diced tomatoes
- 500ml (2 cups) gluten free vegetable stock
- 2 dried bay leaves
- 2 tsp dried oregano leaves
- 1/4 cup chopped fresh continental parsley
- Olive oil to drizzle
- Finely grated parmesan, to serve

Heat oil in a large saucepan over medium heat. Cook the onion, carrot and celery, stirring occasionally, for 5 minutes or until soft. Stir in lentils, tomato, stock, bay leaves and oregano. Reduce heat to low and simmer for 10 minutes until mixture reduces slightly. Set aside to cool for 5 minutes remove the bay leaves.

Process half the soup in a food processor until smooth. Return to the pan over medium heat cook, stirring until heated through. Stir in chopped parsley. Serve in bowls drizzle with oil and top with parmesan. Serves 4

Some Hints:

Brown sugar is an antidote for salt. If you make your stew or soup too salty, add a small teaspoon of brown sugar and the briny taste will disappear.

Flour shaken over the top of a cake to be iced will prevent the icing from running over the side of the cake.

Add the white of an egg to half pint (1 cup) of fresh cream (whipped), will make almost double the amount.

When reheating pies in the oven, always put a small dish of water in the oven too. The pastry will be fresh and moist.

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SOMETHING TO REMEMBER

To let go is not to be protective, but let another person face reality. To let go is not to deny, but to accept. It is not to nag, scold or argue, but search out my own shortcomings, then try to correct them.

To let go is not to adjust everything to my desires, but to take each day as it comes and cherish myself in it. To let go is not to criticise and regulate anybody, but to try to become what I dream I can be.

To let go is not to regret the past, but to grow and live for today. To let go is to fear less and love more...