



# MAY 2019

## NEWCASTLE SPIRITUALIST CHURCH INC

3 Swan Street Cooks Hill  
off Darby Street via Queen Street

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Find us on Facebook.....Newcastle Spiritualist Church Inc

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm-9.00 pm	Marcia Parkes	Meditation/ Development
TUESDAY	10.30 am—Noon	Carmel & Bill John	Meditation/ Healing
	===== Committee Meeting =====	===== 7pm =====	===== 14th May =====
WEDNESDAY	10am —12.30pm	Yvonne Warren & Joanne	Meditation/ Development
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/ Development
SATURDAY	2nd Saturday	Practice Healing Day	11th May
	===== 4th Saturday of Each Month =====	===== Reading Day 8.30am—1.00pm =====	===== 25 May 2019 =====
SUNDAY	3.00pm	Various Mediums & Speakers	Each Sunday

*Hi Members & Friends*

*This years has taken on wings here we are in May rushing towards mid year already I thought as we get older things slow down but let me tell it is completely the reverse. So it is up to us to take the time to smell the roses and breathe the fresh air and not get caught up the tornado we call life.*

*How wonderful and lucky are we to have our little Church. A place to find out about our true selves and to find peace, healing, love and acceptance along with developing all the skills required for our spiritual evolution. Like life some people want to speed ahead and want everything straight away and are not prepared to take the time or effort in developing the skills required, but like all great masterpieces it takes time, dedication, discipline and perseverance to hone all the attributes for our spiritual evolution.*

*My thanks goes out to our member and friend, Alva Macey and the work she does administrating our Facebook site.*

*Our Healing Practice Day is on Saturday 11th May. This is a great day to practice your Spiritual Healing & Reiki. It is also a day for Members & Friends to receive Healing. So it's a plus plus Day. A small donation \$5.00 gets you a cuppa .*

*Members please note that your membership fees are due by 30th June. Please place monies in envelope with name and any new contact details. Those members who have joined the church from January this year are financial until 30th June 2020.*

*To all our Mothers have a Blessed & Happy Mother's Day.*

*Charles Freeman -President*

*Our philosophy is based on seven principles  
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics;*
- 4. The proven facts of communication between departed human spirits and mortals.*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR MAY 2019

<u>Date</u>	<u>Speakers</u>	<u>Chairperson</u>
<b><u>5h May</u> 3pm</b>	<b>Suzie (Ghost Whisperer) Price</b>	<b>Charles Freeman</b>
<b><u>12h May</u> 3pm</b>	<b>Donna Hardy</b>	<b>Jenny Havebond</b>
<b><u>19th May</u> 3pm</b>	<b>Vicki Livingstone</b>	<b>Marcia Parkes</b>
<b><u>26th May</u> 3pm</b>	<b>David Sumner</b>	<b>Anona Unicomb</b>



**Suzie Price (The Ghost Whisperer) - We welcome back Suzie, international medium and author.**

**Donna Hardy – a local spiritualist medium**

**Vicki Livingstone – a local spiritualist medium**

**David Sumner – Welcome Back to a wonderful hypnotherapist/healer**

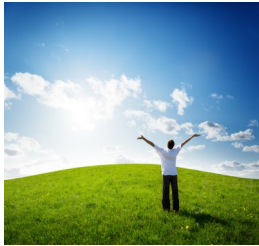
We have a great line up of guests for our May Sunday Services. Thank you to Rosie Kennedy for helping organise our calendar and all of the facilitators. Much appreciated.

Our services are held in a energy of love & respect not only for the members of our congregation but also for all our loved ones in spirit. We do sing a few songs and in doing so lifts the vibration to make connecting to our loved ones much easier. The Healing Time is a great way to sample just a little of the beautiful power of spirit.

A big **Thank You** to One and All who help put chairs away after the Groups, Services etc., and also put them out for our services. Our Church could not function properly without your assistance. God Bless each and everyone of you.



A few of our Members are starting to find out about the extensive range of books we have available in our library and are taking advantage of these educational tools. To borrow from our library you must be a member of our church once you have joined you may borrow a book and have it for 1 month. Just ask your facilitator of meditation group/committee member/ chairperson on platform for further details.



### **RETREAT AT TOCAL COLLEGE—PATERSON**

**WEEKEND -MAY 17—3.00pm , 18 & 19**

**COST \$120 FULLY INCLUSIVE**

**.Retreat is Full. See Noticeboard for any cancellations.**

**Could all participants please have all monies paid by Monday 7th May.**

### **PRACTICE READING DAY**

**Saturday—1st June—commencing 8.30am—12.30pm**



**This is an opportunity for our members to practice their mediumship and reading skills and for members and friends to come along for a mini reading. A donation of \$5.00 includes morning tea/coffee. This will be an ongoing bi-monthly event during the year.**

### **PRACTICE HEALING DAY**

**Saturday—11th May—commencing 8.30am—12.30pm**



**This is an opportunity for our members to practice their healing and for their family/friends to come along to experience spiritual healing. A donation of \$5.00 includes morning tea/coffee. This will be an ongoing bi-monthly event during the year.**

**Apologies to those people who were confused with our “Reading Day” the 4th Saturday of each month with thinking it was our practice day.**



## **SENIOR THOUGHTS**

I changed my car horn to gunshots sounds. People get out of the way much faster now. Gone are the days when girls used to cook like their mothers. Now they drink like their fathers. I didn't make it to the gym today. That makes five years in a row. I decided to stop calling the bathroom the "John" and renamed it the "Jim". I feel so much better saying I went to the Jim this morning. Old age is coming at a really bad time. When I was a child I thought "Nap Time" was a punishment. Now, as a grownup, it feels like a small vacation. The biggest lie I tell myself is "I don't need to write that down; I'll remember it". I don't have grey hair; I have "wisdom highlights"! I'm very wise. If god wanted me to touch my toes, He would've put them on my knees. Last year I joined a support group for procrastinators. We haven't met yet. Why do I have to press one for English when you're just going to transfer me to a foreigner I can't understand anyway? Of course I talk to myself. Sometimes I need an expert's advice. At my age "Getting lucky" means walking into a room and remembering what I came in there for. Actually I'm not complaining because I am a Seenager. (Senior teenager) I have everything that I wanted as a teenager, only 60 years later.... I don't have to go to school or work.... I get an allowance every month.... I have my own pad..... I don't have a curfew.....I have a driver's license and my own car..... The people I hang around with are not scared of getting pregnant..... And I don't have acne. Life is great. I have more friends I should send this to, but right now I can't remember their names. Now, I'm wondering: did I send this to you, or you send it to me???

In Church last Sunday a sweet elderly lady was overheard in the pew next to me saying a prayer. It was so innocent and sincere that I just had to share it with you.



"Dear Lord: the past years has been very tough for me. You have taken.....My favourite actor—James Garner;..... My favourite actress—Lauren Bacall;.....My favourite comedian—Robin Williams; and finally my favourite author - Tom Clancy.

I just wanted you to know that my favourite politicians are: -

Bill Shorten, Chris Bowen, Jacki Trad, Sarah Hanson-Young and Clive Palmer, Amen!"

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## **THE NATURE OF RELIGION**

The chief concern of true religion should be in promoting the growth into consciousness and full maturity of the link between man's soul and god. The essence of true religion is mystical and this core may be called spirituality.

### Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products Advertised.

Contact: Secretary—email: [admin@newcastlespiritualistchurch.com](mailto:admin@newcastlespiritualistchurch.com) for availability and details.



### Beef and Vegetable Soup (microwave)

500gm Minced Steak  
1 Large onion, chopped  
8 cups beef stock  
1 cup of macaroni  
1 Large potato, chopped  
1 large carrot, chopped  
2 celery sticks, chopped  
1 Tbspn Parsley, chopped  
1 cup of Cabbage, shredded  
4 chopped tomatoes or small can  
1/2 cup frozen peas  
Salt & pepper to taste

#### **METHOD:**

Place mince in a 4 litre microwave safe casserole. Break up mince with a fork and add onion. Cover and cook on medium high (70%) for six minutes. Stir and break up meat and cook a further 6 minutes. Add remaining ingredients, except peas. Cook on medium High for 25-30 minutes. Add peas 10 minutes before end of cooking time. Skim off excess Fat.

### SCOTCH FINGER SLICE

250 gm packet Scotch Finger biscuits  
300ml cream  
1 can condensed Milk  
1/4 cup lemon juice  
2 Teaspoons Cinnamon  
2 teaspoons nutmeg

#### **METHOD:**

Line and lightly grease a slice tin. Arrange scotch fingers in a layer in base of tin.

Beat cream until thick. Beat in condensed milk and lemon juice. Pour over base. Refrigerate.

Put a few remaining biscuits into freezer bag and crush lightly. Combine with cinnamon and nutmeg sprinkle over top of slice. Refrigerate overnight. Best if served 2 days after making. (allows biscuits time to soften).

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God has made different religions to suit different aspirants, times, and countries. All doctrines are only so many paths; but a path is by no means God Himself. Indeed one can reach God if one follows any of the paths with whole-hearted devotion.

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*Walk this earth with your head held high,  
your spirits soaring, your heart open to Love.  
Believe in yourself and God within you. Then  
all will go well. Wherever you look, I am there.  
Wherever you walk, I am there. Whom-so-ever  
you contact, I am in that person. I am in each  
one. To each I will respond. You cannot see  
Me in one place, and miss Me in another! For  
I fill all space. You cannot escape Me, or do  
anything in secret, for there are no secrets with  
Me or from Me. Live in perfect accordance  
with my Laws, and wonders will ensue.*