



MARCH 2019

NEWCASTLE SPIRITUALIST CHURCH INC

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off Darby Street via Queen Street

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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm-9.00 pm	Marcia Parkes	Meditation/ Development
TUESDAY	10.30 am—Noon =====	Carmel & Bill John =====	Meditation/ Healing =====
	Committee Meeting =====	7pm =====	12th March =====
WEDNESDAY	10am —12.30pm	Yvonne Warren & Joanne	Meditation/ Development
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/ Development
SATURDAY	4th Saturday of Each Month	Reading Day 8.30am—1.00pm	24 March 2019
SUNDAY	Weekly Services 3.00pm	Various Mediums & Speakers	Each Sunday

Hi Members & Friends

At last our weather is getting a little cooler and the humidity is finally being released as rain so our energy levels should be lifting a little bit more.

Your Committee has been organising the Church's Calendar to incorporate some fun & educational days to help those of our members who are developing mediums and Healers. With days that members may like to come along to read, learn and or experience. These events will be advertised in our Newsletter each month.

The Committee have planned a retreat to Tocal this year in May please read your notice for details in newsletter. There is limited numbers so be early to book.

Once again we as a church have donated \$4,000.00 to the John Hunter Children's Hospital Kids Club. A letter of thanks is posted on the kitchen Noticeboard. Thanks to one and all for your donations to make this possible.

Our Reading Day has recommenced on the 4th Saturday of February. My thanks on behalf of the church goes out to all those readers who continue to give of their time and service. Bless you all.

Please remember members & friends that all our meditation groups start at the advertised time without exception so in remembering this fact please show respect for the facilitator and the group and come along a little earlier before starting time as not to disrupt the meditative energy of the group and if this rule is not followed I'm sorry but you won't be allowed in as the doors are locked and knocking will not assist entry..... BE THOUGHTFUL OF OTHERS

Charles Freeman -President

*Our philosophy is based on seven principles
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics;*
- 4. The proven facts of communication between departed human spirits and mortals.*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR MARCH 2019

<u>Date</u>	<u>Speakers</u>	<u>Chairperson</u>
<u>3rd March</u> 3pm	Marion Weatherburn	Janelle Anderson
<u>10th March</u> 3pm	Paul White	Charles Freeman
<u>17 March</u> 3pm	Cecile Trapman	Jenni Havebond
<u>24th March</u> 3pm	Maria Kearney/Vicki Livingstone	Marcia Parkes
<u>31st March</u> 3pm	Elizabeth Bratcher	Anona Unicom



Marion Weatherburn - an interstate visiting medium/author

Paul White— Local spiritualist medium

Cecile Trapman— Local Psychic medium

Maria Kearney/Vicki Livingstone—Two Local spiritualist mediums

Elizabeth Bratcher—Sydney based Spiritual Medium

We have a great line up of guests for our March Sunday Services. Thank you to Rosie Kennedy for helping organise our calendar and all of the facilitators. Much appreciated.

Our services are held in a energy of love & respect not only for the members of our congregation but also for all our loved ones in spirit. We do sing a few songs and in doing so lifts the vibration to make connecting to our loved ones much easier. The Healing Time is a great way to sample just a little of the beautiful power of spirit.

A big **Thank You** to One and All who help put chairs away after the Groups, Services etc., and also put them out for our services. Our Church could not function properly without your assistance. God Bless each and everyone of you.

Excerpt from Hints For Healers—Ursula Roberts (Medium from U.K. 1888-1975)

Spiritual Development

How does a healer develop the spiritual faculties of his nature? The answer is in the words of the great healer Jesus, who said: “Seek ye first the kingdom of heaven, and all these things shall be added unto you.” We know that the kingdom to which He refers is in our soul and that it is an interior, ethereal kingdom. It can, therefore, only be attained by interior, ethereal means. Silence is the key to the kingdom. Prayer is the door, and patience is the way which leads to it. The healer who desires a fuller development of his powers must cultivate the habit of spending at least fifteen minutes each day in prayer and a practice of concentration, in order that he may sufficiently control his mind to make possible the realization of the Silence, or Heavenly Kingdom. I do not say, “Go into the Silence.” I know that nobody can do that without a long and patient preparation. Few people understand what is meant by this phrase. They think it means sitting still and thinking of nothing. It is more than that. It is as if Silence comes to us, rather than we going to it. When it comes, after due preparation, it is as if a powerful stillness holds our mind, and every particle of our being, in such a deep Tranquillity that it saturates every aspect of our person and leaves us forever longing for an opportunity to experience such bliss again. The time spent each day in prayer and concentration is the means to this end. When this stillness has impregnated the healer, all his magnetism, though still of the earthly body, is nevertheless spiritualized and is of the spiritual body.

Ursula wrote many books some of which may be found online.



A Dog’s Purpose from a six year old.

Being a veterinarian, I had been called to examine a ten-year-old Irish Wolfhound named Belker. The dog’s owners, Ron, his wife Lisa, and their little boy Shane, were all very attached to Belker, and they were hoping for a miracle.

I examined Belker and found he was dying of cancer. I told the family we couldn’t do anything for Belker, and offered to perform the euthanasia procedure for the old dog in their home.

As we made arrangements. Ron and Lisa told me they thought it would be good for six year old Shane to observe the procedure as they felt that Shane might learn something from the experience.

The next day, I felt the familiar catch in my throat as Belker’s family surrounded him. Shane seemed so calm, petting the old dog for the last time, that I wondered if he understood what was going on. Within a few minutes, Belker slipped peacefully away.

The little boy seemed to accept Belker’s transition without any difficulty or confusion.

We sat together for a while after Belker’s death, wondering aloud about the sad act that animal lives are shorter than human lives.

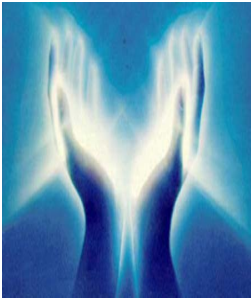
Shane, who had been listening quietly, piped up “I know why.” Startled we all turned to him. What came out of his mouth next stunned me. I’d never heard a more comforting explanation. It changed the way I try and live.

He said, “People are born so that they can learn how to live a good life-like loving everybody all the time and being nice, right?”

The six year old continued, “Well dogs already know how to do that, so they don’t have to stay as long.”



RETREAT AT TOCAL COLLEGE—PATERSON
WEEKEND MAY 17, 18 & 19
BREATHE FRESH AIR, MEDITATE WITH LIKE MINDED SOULS
LIMITED NUMBERS—COST \$120 FULLY INCLUSIVE.
 Check Noticeboard for more details.....



PRACTICE HEALING DAY
Saturday—9th March—commencing 8.30am—12.30pm

This is an opportunity for our members to practice their healing and for their family/friends to come along to experience spiritual healing. A donation of \$5.00 includes morning tea/coffee. This will be an ongoing bi-monthly event during the year.



PRACTICE READING DAY
Saturday—13th April—commencing 8.30am—12.30pm

This is an opportunity for our members to practice their mediumship and reading skills and for members and friends to come along for a mini reading. A donation of \$5.00 includes morning tea/coffee. This will be an ongoing bi-monthly event during the year.



A farmer stopped by the local mechanics shop to have his truck fixed they couldn't do it while he waited, so he said he didn't live far and would just walk home.

On the way home he stopped at the hardware Store and bought a bucket and a gallon of paint. He then stopped by the feed store and picked up a couple of chickens and a goose. However, struggling outside the store he now had a problem—how to carry his entire purchases home. While he was scratching his head he was approached by a little old lady who told him she was lost. She asked, 'Can you tell me how to get to 1603 Mockingbird Lane?' The farmer said, 'Well, as a matter of fact my farm is very close to that house I would walk you there but I can't carry this lot. The old lady suggested, 'why don't you put the can of paint in the bucket. Carry the bucket in one hand, put a chicken under each arm and carry the goose in your other hand?' "Why thank you very much'. He said and proceeded to walk the old girl home.

On the way he says 'Let's take my short cut and go down this alley. We'll be there in no time.' The little old lady looked him over cautiously then said, 'I am a lonely widow without a husband to defend me. How do I know that when we get in the alley you won't hold me up against the wall, and have your way with me?"

The farmer said, 'Holy Smokes lady! I'm carrying a bucket, a gallon of paint, two chickens and a goose. How in the world could I possibly do that?"

The Old Lady replied, 'Set the goose down, cover him with the bucket, put the paint on top of the bucket to hold it down, and I'll hold the chickens.

Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products Advertised.

Contact: Secretary—email: admin@newcastlespiritualistchurch.com for availability and details.



CURRIED CHICKEN

(Easy & quick)

- 1 Cooked Chicken
- Shallots or 1 onion
- 1 apple
- 1 capsicum
- 1 tomato
- 1 stick celery
- 1 packet Cream of chicken soup
- 1 packet Dutch Curry and Rice Soup

Fry in a small amount of oil the shallots, apple, celery, then tomato for about 5 minutes (Don't brown). Add soups mix with just under a litre of water. Add shredded chicken and simmer for 5 minutes. Serve with rice. Prawns can be used instead of chicken.

Kale Pesto

- 1 cup raw pistachios—soaked overnight
- 1 bunch kale—leaves picked
- 1 garlic clove—chopped
- 1/2 cup virgin olive oil
- 1/2 lime—juiced
- Sea Salt and freshly ground black pepper to taste.

Method:

Drain and rinse the pistachios
Place the 3 kale and garlic in a blender or food processor and pulse until a coarse power forms.
Set the motor to slow and gradually add oil in a thin stream. Add lime juice, salt and pepper and blend for a few seconds to combine.

Vinaigrette

- 1/2 cup olive oil
- 1/2 cup white wine vinegar
- 1/4 cup fresh parsley—finely chopped
- 2 teaspoons Dijon mustard

Combine all ingredients in a screw top jar and shake well. Refrigerate.

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A HAPPY HOME RECIPE

- 4 Cups of Love
- 2 Cups of Loyalty
- 3 Cups of Forgiveness
- 1 cup of Friendship
- 5 Spoons of Hope
- 2 Quarts of Tenderness
- 4 Quarts of Faith
- 1 Barrel of Laughter

Take Love and Loyalty, mix it thoroughly with Faith.
Blend it with Tenderness, Kindness and Understanding.
Add Friendship and Hope, sprinkle abundantly with Laughter. Bake it with Sunshine. Serve with Generous Helpings

