



JANUARY 2019

NEWCASTLE SPIRITUALIST CHURCH INC

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| DAY | TIME | FACILITATOR | DESCRIPTION |
|------------------|---|--|-------------------------------------|
| MONDAY | 7.30 pm-9.00 pm Recommencing | Marcia Parkes 7th January | Meditation/ Development |
| TUESDAY | 10.30 am—Noon Recommencing ===== | Carmel & Bill John 8th January ===== | Meditation/ Healing ===== |
| | Committee Meeting ===== | 7pm ===== | 8th January ===== |
| WEDNESDAY | 10am —12.30pm Recommencing | Yvonne Warren & Joanne 23rd January | Meditation/ Development |
| FRIDAY | 7.30 pm - 9.00 pm Recommencing | Jenny Havebond 11th January | Meditation/ Development |
| SATURDAY | 4th Saturday of Each Month | Reading Day 8.30am—1.00pm In recess | 24 Feb 2019 |
| SUNDAY | Weekly Services 3.00pm Recommencing | Various Mediums & Speakers 6th January | Each Sunday |

Members and Friends

Here we are at the beginning of another year. Perhaps, like me, you feel a sense of adventure, for who knows what lies ahead of us.

Then let me share with you a few lines I once read. I don't know who the author was or even when they were written, but I can think of no better message for the start of a new journey.

“One ship drives east and another west with the self-same winds that blow;

‘Tis the set of the sails, and not the gales, which decides the way to go.

Like the winds of sea are the ways of fate, as we voyage along through life;

‘Tis the will of the soul that decides it's goal, and not the clamour or the strife.”

Here's to you and Here's to yours, Good Luck, Good Health, Good cheer. May 2019 be a very adventurous year for each one of us to enrich our journeys. God Bless.

*Charles Freeman -
President*

*Our philosophy is based on seven principles
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics;*
- 4. The proven facts of communication between departed human spirits and mortals.*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR JANUARY 2019

| <u>Date</u> | <u>Speakers</u> | <u>Chairperson</u> |
|----------------------------|----------------------|-------------------------|
| <u>6th January</u> 3pm | Marcia Parkes | Marcia Parkes |
| <u>13th January</u> 3pm | David Everett | Anona Unicomb |
| <u>20th January</u> 3pm | Rosie Kennedy | Janelle Anderson |
| <u>27th January</u> 3pm | Marcia Parkes | Marcia Parkes |



Marcia Parkes - Spiritual Teacher/Medium

David Everett— Professional Kinesiologist/Teacher

Rosie Kennedy - Spiritual Teacher/Medium/Healer

A big **Thank You** to One and All who help put chairs away after the Groups, Services etc., and also put them out for our services. Our Church could not function properly without your assistance. God Bless each and everyone of you.

7.00pm Service is Closed

Workshop Event:

March 2019 with Mike Mayes and Sandi Clark-Mayes from England more information coming up in February Newsletter.

Mildred Newman and Bernard Berkowitz write of creating a rich new life for one's self in How to Be Your Own Best Friend.

You must be able to see the ways you're pulling yourself down and decide that isn't what you want to do. Then you can start doing the things that give you pride and pleasure in living....

Such as being aware of your own achievements. When you do something you are proud of, dwell on it a little, praise yourself for it, relish the experience, take it in. We're not used to doing that for ourselves or for others. When things go wrong, they call attention to themselves. When things run well, we must actively bring them to our attention.

It is up to us to give ourselves recognition. If we wait for it to come from others, we feel resentful when it doesn't, and when it does, we may well reject it. It is not what others say to us that counts. We all love praise, but have you ever noticed how quickly the glow from a compliment wears off? When we compliment ourselves, the glow stays with us. It is still good to hear it from others, but it doesn't matter so much if we have already heard it from ourselves. This is the tragedy of some marvellous performers, who need endless applause to tell them how great they are, but who feel a chill as soon as they enter their dressing rooms. They have never heard it from themselves.



Many people seem to think that you have to know a lot of complicated etiquette to have good manners. But it's really much simpler than that. In Bernard Shaw's "Pygmalion," Professor Higgins explains:

"The great secret, Eliza, is not having bad manners or good manners or any other particular sort of manners, but having the same manner for all human souls; in short, behaving as if you were in heaven, where there are no third-class carriages and one soul is as good as another."

That's all there is to it.

Look Below the Surface

Do not judge by what you see on the surface, but develop an inner vision and insight into spiritual cause and effect. Then you will know that you can judge no man.

We shall do well to remember how much we ourselves need forgiveness, and to learn to forgive freely, judging no man. We know not any soul; but it is our duty, our surpassing joy, to search ever for the spark of the divine in all men.

The Quiet Mind - White Eagle



Woman cranky because her husband was late coming home again, decided to leave a note saying, "I've had enough and left you, don't bother coming after me." and hid under the bed to see his reaction.

After a short while the husband comes home and she could hear him in the kitchen before he comes into the bedroom, she could see him walk towards the dresser and pick up the note.

After a few minutes he wrote something on it before picking up the phone and calling someone—"She's finally gone...yeah I know, about bloody time, I'm coming to pick you up, put on the sexy French outfit, I love you.

He hung up, grabbed his keys and left.

She heard the car drive off as she came out from under the bed, seething with rage and with tears in her eyes she grabbed the note to see what he wrote; "I can see your feet. Stop being retarded, we're outta bread, throw the kettle on, back in 5 minutes."



An Engineer dies and goes to Hell. Dissatisfied with the level of comfort, he starts designing and building improvements.

After a while, hell has air conditioning, flush toilets and escalators. The Engineer is pretty popular guy.

One day God calls and asks Satan, "So, how 's it going down there?"

Satan says, "Hey things are going great. We've got air conditioning and flush toilets and escalators, and there's no telling what this Engineer is going to come up with next.

God is horrified "What? You've got an Engineer? That's a mistake - he should never have gone down there! You know all Engineers go to Heaven. Send him up here!"

Satan sways, "No way. I like having an Engineer on the staff. I'm keeping him."

God says, "Send him up here or I'll sue."

"Yeah, right" Satan laughs, "and where are you going to get a lawyer?"

Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products Advertised.

Contact: Secretary—email: admin@newcastlespiritualistchurch.com for availability and details.



ROCKY ROAD SLICE (slice at Xmas Party was a hit)

1/2 tin condensed
250gms Marshmallows
125gm margarine
1 packet arrowroot biscuits
1/4 cup coconut

Grease slab tray and sprinkle base and side with coconut.

Melt margarine & condensed milk together. Pour into bowl with roughly crushed biscuits not finely crushed, halved marshmallows, coconut mix thoroughly & press into tray. Sprinkle top with coconut. Place in refrigerator. Can also be frozen.

GINGER SLICE

1 packet Nice biscuits
1 tin condensed milk
2 dessertspoons cocoa
1 cup coconut
2 teas ground ginger
1 cup finely cut crystallised ginger

Crush biscuits, place in a bowl with cocoa, coconut, ginger & crystallised ginger. Pour condensed milk & mix well. Place in a lamington tin & refrigerate.

Icing: 1 cup icing sugar, 1 dessertspoon cocoa, 3 dessertspoons cophamelted. Cut into squares before icing sets hard. Keeps well in refrigerator

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Senior Jewish Poker Club

Seven retired Jewish Floridian fellows were playing poker in the condo clubhouse.

When Meyer loses \$500.00 on a single hand, clutches his chest and drops dead at the table. Showing respect for their fallen comrade, the other six continue playing but standing up.

At the end of the game, Finklestein looks around and asks.

“So, who’s gonna tell his wife?”

They cut the cards. Goldberg picks the low card and has to carry the news.

They tell him. “Be discreet, be gentle, don’t make a bad situation any worse.”

“Discreet? I’m the most discreet person you’ll ever meet.”

Discretion is my middle name. Leave it to me.”

Goldberg goes over to Meyer’s Condo and knocks on the door.

The wife answers through the door and asks what he wants?

Goldberg declares.

“Your husband just lost \$500 in a poker game and is afraid to come home.”

“Tell him to drop dead!” yells the wife.

“I’ll go tell him.” says Goldberg.