



# AUGUST 2018 NEWCASTLE SPIRITUALIST CHURCH INC

3 Swan Street Cooks Hill  
off Darby Street via Queen Street

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Find us on Facebook.....Newcastle Spiritualist Church Inc

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm-9.00 pm	Marcia Parkes	Meditation/ Development
TUESDAY	10.30 am—Noon	Carmel & Bill John	Meditation/ Healing
	Committee Meeting	7pm	14th AUGUST
	Bendy Yoga	Jim Geddes	6.00pm Except 2nd Tues of month
WEDNESDAY	10am —12.30pm	Yvonne Warren & Joanne	Meditation/ Development
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/ Development
SATURDAY	1st Saturday of Month	Coffee Club Commencing	1.30 –400pm 4th August 2018
	4th Saturday of Month	Reading Day	8.30am—1.00pm  25th August 2018
SUNDAY	Weekly Services  3.00 pm  7.00pm in Recess	Various Mediums & Speakers	Each Sunday

*Greetings all, members and friends*

*On behalf of the committee I wish to apologise for any inconvenience caused by putting the 7.00pm service into recess. With the low attendance we felt it was imperative that we put it into recess till the 2nd week in September.*

*A great workshop was held last month with Sydney Medium, Marcia Quinton we thank all who attended.*

*We have a few changes in our Coffee Club format our last meeting will be held on the 4th of August at the usual time. I would like to take this opportunity to thank one and all for their involvement in making this event a wonderful educational, social and fundraising event especially Krystyna Johnson.*

*Our AGM will be held on 13th October commencing at 12.30pm*

*Maybe it's time to think about coming onto the committee - see the application form in newsletter.*

*our Saturday Reading Day the 4th Saturday of the Month.*

*Please remember ALL of activities, programmes, maintenance, etc., is voluntarily organised. So if you can assist in any way large or small it helps.*

*Renewing your membership dues earlier also helps with our Administration.*

*Charles Freeman -President*

*Our philosophy is based on seven principles  
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics;*
- 4. The proven facts of communication between departed human spirits and mortals.*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

**PROGRAMME FOR August 2018**

<b><u>Date</u></b>	<b><u>Speakers</u></b>	<b><u>Chairperson</u></b>
<b><u>5th August</u></b>		
<b>3pm</b>	<b>Rosie Kennedy</b>	<b>Jenny Havebond</b>
<b><u>12th August</u></b>		
<b>3pm</b>	<b>David Sumner</b>	<b>Anona Unicomb</b>
<b><u>19th August</u></b>		
<b>3.00pm</b>	<b>Susan Glynn</b>	<b>Marcia Parkes</b>
<b><u>26th August</u></b>		
<b>3pm</b>	<b>Susanna Steel</b>	<b>Marcia Parkes</b>



**This Month We Welcome Back to our Platform:**

Rosie Kennedy— Medium/Healer/Teacher trained in UK

David Sumner—Hypnotherapist/Healer

Susan Glynn—Healer working with Healing Codes

Susanna Steel— Psychic/Medium

We welcome all of the above speakers to our platform.

Our Evening Service is in recess until September 9th,  
sorry for any inconvenience caused.



## Coffee Club Report

Welcome to our Coffee Club this month. Colder weather keeping some of our regulars indoors this month. Although we had a smaller group a few of us who visited Q Station shared our experiences and photos with all who came along. Discussion included the subject spirit and experiences over a cuppa and casual discussion on how spirit remains in some places due to circumstances, they may have died or experienced something not to leave. The Paranormal and why spirit does not move on. Are they playful or haunting? This opened the discussion for further expansion next month on Phenomenon...

-Krys Johnson- facilitator

**COFFEE CLUB SATURDAY 4TH AUGUST, 1.30PM—4.00PM.**

**\$6.00 DONATION TO John Hunter Kids Club. Afternoon tea provided**

### 7 CARDINAL RULES IN LIFE

1. Make peace with your past - so that it does not spoil your present. Your past does not define your future your actions and beliefs do.
2. What others think of you is none of your business - its how much you value yourself, and how important you think your are.
3. Time heals almost everything - give time, in time - pain will be less hurting. Scars make us who we are; they explain our life and why we are the way we are. They challenge us and force us to be stronger.
4. No one is the reason for your own happiness, except yourself. Waste no time and effort searching for peace and contentment and joy in the world outside.
5. Don't compare your life with others, you have no idea what their journey is all about. If we all threw our problems in a pile, - and saw everyone else's, we would grab ours back as fast as we could.
6. Stop thinking to much, its alright not to know all the answers - sometime there is no answer, not going to be any answer, never has been an answer, just accept it and move on.
7. Smile! You don't own all the problems in the world. A smile can brighten the darkest day, and make life more beautiful. It is a potential curve to turn life around, and set everything straight.

***Light up each day with a smile. When you smile you radiate an inner warmth and beauty that gladdens the hearts of those who love you. Attracts new people towards you, and can make you and other people feel better about almost anything.***

**HEALING MORNING WITH  
SUSAN GLYNN**



**ON SUNDAY, 19TH AUGUST  
10.00AM—1.00PM  
COST: \$30.00 PER PERSON  
NOTICE ON BOARD IN KITCHEN**

[www.thehealingcodes.com.au](http://www.thehealingcodes.com.au)



Annual General Meeting will be Held 13th October at 12.30 pm  
Please find below Nomination Form for Positions on Committee.

**NEWCASTLE SPIRITUALIST CHURCH INC**

**NOMINATION FORM**

**I wish to nominate.....**  
PLEASE PRINT

**For the position of: .....**

**Nominator Name:.....**

**Nominator's Signature.....Date:.....**

**Seconded by Name:.....**

**Signature:.....Date:.....**

**I accept the nomination for the position of .....**

**Nominee's  
Signature: .....Date:.....**

2018  
Spiritual Development  
Course  
with



Rosie Kennedy

Whether you are starting out on your spiritual journey or want to further your development, this course provides you with the opportunity to do so.

You will learn how to use your energy safely, stay grounded, and practice energy balancing and chakra work before moving onto psychic techniques such as psychometry, flower readings, and angel cards as well as and mediumistic techniques.

This work will strengthen your abilities and provide you with confidence and trust so that you can move forward to help yourself and others.

**Venue:** Newcastle Spiritualist Church

**Cost:** \$25 per session (\$50 non-refundable deposit to hold your place)

**When:** Thursdays (Starts 26<sup>th</sup> July – 27<sup>th</sup> September 2018)

**Foundation Class: 7.30 – 8.45pm**

**Booking:** Please book early to avoid disappointment. Contact **Rosie on 0429115070** to book your place.

**Please Note: You must be a member of the church to join. Places are limited only committed individuals who can make ALL sessions need apply.**

Rosie trained at the College of Psychic Studies in London, UK. She has been a working medium for the past eleven years. She holds a Master of Arts in Education and a Post Graduate Teaching Certificate. She teaches Spiritual Development at all levels.



A PLANE IS ON ITS WAY TO Queensland, When a blonde in Economy Class gets up and moves to first class section and sits down. The flight Attendant watches her do this and asks to see her ticket. She then tells the blonde that she paid for economy class and that she will have to sit in the back. The blond replies, "I'm blonde, I'm beautiful, I'm going to Queensland and I'm staying right here."

The flight attendant goes into the cockpit and tells the pilot and the co-pilot that there is a blond bimbo sitting in first class, that belongs in economy and won't move back to her seat.

The co-pilot goes back to the blonde and tries to explain that because she only paid for economy she will have to leave and return to her seat.

The Blonde replies, "I'm blond, I'm beautiful, I'm going to Queensland and I'm staying right here."

The co-pilot tells the pilot that he should have the police waiting when they land to arrest this blonde woman who won't listen to reason.

The pilot says, "you say she is blond? I'll handle this, I'm married to a blonde. I speak blonde."

He goes back to the blonde and whispers in her ear, and she says, "Oh, I'm sorry." and gets up and goes back to her seat in economy.

The flight attendant and co-pilot are amazed and asked him what he said to make her move without any fuss.

"I told her first class isn't going to Queensland."



**A fleeing terrorist, desperate for water, was plodding through the desert when he saw something in the distance. Hoping to find water, he raced toward the mirage, only to find a frail looking Jewish man standing at a small makeshift display rack—selling ties. The terrorist asked, "Do you have water?"**

The Jewish man replied, "I have no water. Would you like to buy a tie only \$5.00."

The terrorist shouted, "Idiot Infidel! I do not need your over-priced adornment. I spit on your ties. I need water!"

"Sorry, no water, just ties—pure silk, only \$5.00."

"I curse your ties! I should wrap one around your scrawny neck and squeeze the life out of you but...I must conserve my energy and find water!" "Okay," said the little Jewish man. 'It does not matter that you do not want to buy a tie from me, or that you hate me, threaten my life, and call me names I am bigger than that.

If you go over that hill to the east for two miles, you will find a restaurant serving fine food and all the ice-cold water you need. Go in Peace."

Cursing him again, the desperate terrorist staggered away, over the hills. Several hours later, he crawled back, almost dead, and gasped, "They won't let me in without a tie!"

### Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products Advertised.

Contact: Secretary—email: [admin@newcastlespiritualistchurch.com](mailto:admin@newcastlespiritualistchurch.com) for availability and details.



## RECIPE CORNER

### CAULIFLOWER PATTIES

#### Ingredients

500gms cauliflower  
1Tbsp oil  
2 rashers of bacon  
1 Tbsp parsley  
Onion (optional)  
1/4 cup grated cheese  
1/4 cup bread crumbs  
1/4 cup Self Raising Flour  
3 eggs beaten

#### Method

Boil, steam or microwave cauliflower til tender. Drain well & chop finely. Heat oil in frypan, add bacon & onion & fry about 2 minutes, stirring. Drain, combine cauliflower, bacon onion, parsley, cheese, breadcrumbs, flour & eggs in a bowl. Mix well. Heat oil and add 1/4 cup of mixture at a time. Brown both sides till cooked through. Drain on absorbent paper. Serve with salad or side dish with Grills or BBQ's.

### FLORENTINE SLICE

#### Ingredients

185g Dark Chocolate  
2 cups crushed cornflakes  
60g red glace cherries  
2/3 cup condensed milk  
3/4 cup sultanas  
1/2 cup roasted unsalted Peanuts

#### Method

Melt chopped chocolate. Spread evenly over base of greased 28x18cm tin, lined with baking paper. Bring paper over top of tin for easy removal when cooked. Refrigerate until set. Combine sultanas, cornflakes, peanuts, chopped cherries and condensed milk in bowl. Mix well. Using back of spoon spread mixture evenly over chocolate base. Bake in moderate oven for 15-20 minutes. Cool, refrigerate until set. Cut into squares.

Nature's Flowers of Life™  
Flower Essence Remedies  
and **Sound Therapy Healing**



### **SOLARA ZWANEVELD**

Healing for Body, Mind, Spirit and Soul  
Transforming and Balancing your Daily  
Challenges  
Renewing your Passion & Life Purpose



Phone: 4021 1696 or 0425 217 570

Back on January 9th, a group of Pekin, Illinois bikers were riding west on I-74 when they saw a girl about to jump off the Murray Baker Bridge. So they stopped.

George, their leader, a big burly man of 53, gets off his Harley, walks through a group of gawkers, past the state trooper who was trying to talk her down off the railing, and says

“Hey Baby... Whatcha doin’ up there on that railin’?” She says, tearfully. “I’m going to commit suicide!” While he didn’t want to appear sensitive George didn’t want to miss this “be-a-legend” opportunity either, so he asked ...

“Well before you jump Honey-Babe... Why don’t you give olé George here your best last kiss?”

So with no hesitation at all, she leaned back over the railing and did just that... And it was a long, deep, lingering kiss followed immediately by another even better one.

After a breathless finish, George gets a big thumbs-up approval from his biker-buddies, the onlookers, and even the State Troopers then he says

“Wow! That was the best kiss I have ever had, Honey! That’s a real talent you’re wasting. Sugar Shorts.

You could be famous if you rode with me. Why the hell are you committing suicide?”

“My parents don’t like me dressing up like a girl.”

It’s still unclear whether he jumped or was pushed....!”

