

SEPTEMBER 2013

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	13th August
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	9am to 1pm	\$25 Entry by side door	Readings
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome
FRIDAY	ILSE KOHL	8 WEEK COURSE "TOOLS FOR LIFE"	CHECK NOTICEBOARD

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear friends,

*Spring cleaning is just around the corner, a time to take stock and perhaps sort out just what is of value, and that which is not. Perhaps a time to also check our habits and beliefs, and open our minds to fresher ideas and opportunities. In this wonderful age we are experiencing, so much is available and possible. Let's be aware and ready to fully employ all that is offered, although it can seem overwhelming: with stout heart and help of Spirit, **all things are possible.***



As always I wish to thank those members responsible for the smooth running of our Church, and reiterate that an invitation is always open to all members wishing to assist on platform. Speak to myself or Jo Burgess if you wish to contribute to our programme.

Number of nominations for committee have been received, there is still time for more nominations, forms are available. I remind you that only those with more than 12 months membership can be elected, and that those holding executive positions, that is president, vice president, treasurer and secretary must have been on committee for twelve months before taking executive position. This is as set out in our Constitution and is not subject to change. It is really imperative to the well being of our Church that we attract an increasing number of members to stand for election. It is not onerous, it can be rewarding, and it is necessary.

Sad to report, a number of our friends is battling ill health, and undergoing onerous tests etc. I ask that your prayers and thoughts go out those members, I wish to mention Doreen Hile and Maria Heath Chipperfield as needing our support at this time.

Finally, I must mention the "new" chairs. If ever someone was in the right place at the right time, Jo was that person. When she came across these chairs, and even had help with transporting them, surely we could say Spirit was involved. They even match the new carpet!

Finally a reminder that 27th October service will include dedication to Spirit, and those wishing to take part should contact me, to allow time for preparations of certificates and arrangements.

Looking forward to seeing you in Church, Carmel Colquhoun

PROGRAMME FOR SEPTEMBER 2013

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIRPERSON</u>
<u>1st September</u>		
3pm	Susanah Steel	Jo Burgess
7pm	Saanvi (Sylvie)	Maree Milleer
<u>8th September</u>		
3pm	Shirley Darby	Ivo Van Emmerik
7pm	Susan Glynn	Charles /Marcia
<u>15th September</u>		
3pm	Carmel John	Carmel Colquhoun
7pm	Ginny & Greg Clark	Mark Boyle
<u>21st September</u>	Astrology Workshop with Shirley Darby	
	Must register Check notice board. 10am \$55	
<u>22nd September</u>		
3pm	Dave Everitt	Gary Hall
7pm	David Sumner	Yvonne Gibson
<u>29th September</u>		
3pm	Rosie Connor	Marcia Parkes
7pm	Peter Madden	Marcia Parkes

Another month bursting with opportunity (and mediums)

Susanah Steel popular local Medium returns

Saanvi formerly Sylvie welcomed to platform.

Shirley Darby, member, astrologer, numerologist and colour therapist.

Susan Glynn works as an energy medicine practitioner

Carmel John Long time member and facilitator of Tuesday morning

Circle. Together with husband Bill, Carmel assists many with "clearings"

Ginny & Greg Clarke welcomed back with their meditations and chants.

David Everitt works with alternative medicine and Kinesiology

David Sumner is an Holistic Therapist treating the whole person

Rosie Connor Rosie works as a medium, and she conducts series of classes for our members

Peter Madden returns, Peter works with St. John of God energy.(Brazil)

St. John of God is recognised worldwide as an exceptional healer.

Should any speaker be unable to attend, a replacement speaker will step forward. Chairperson on the day is responsible for programme.

Someone has written these beautiful words.
It's a must read. Try to understand the deep meaning of it.
They are like the ten commandments to follow in life all of the time!

- ◆1] Prayer is not a "spare wheel" that you pull out when in trouble, but it is a "steering wheel" that directs the right path throughout the journey.
- ◆2] So why is a Car's WINDSHIELD so large & the Rear View Mirror so small? Because our PAST is not as important as our FUTURE. So, Look Ahead and Move on.
- ◆3] Friendship is like a BOOK. It takes a few minutes to burn, but it takes years to write.
- ◆4] All things in life are temporary. If going well, enjoy it, they will not last forever. If going wrong, don't worry, they can't last long either.
- ◆5] Old Friends are Gold! New Friends are Diamond! If you get a Diamond, don't forget the Gold! Because to hold a Diamond, you always need a Base of Gold!
- ◆6] Often when we lose hope and think this is the end, GOD smiles from above and says, "Relax, sweetheart, it's just a bend, not the end!"
- ◆7] When GOD solves your problems, you have faith in HIS abilities; when GOD doesn't solve your problems HE has faith in your abilities.
- ◆8] A blind person asked St. Anthony: "Can there be anything worse than losing eye sight?" He replied: "Yes, losing your vision!"
- ◆9] When you pray for others, God listens to you and blesses them, and sometimes, when you are safe and happy, remember that someone has prayed for you.
- ◆10] WORRYING does not take away tomorrow's TROUBLES, it takes away today's PEACE.

If you really enjoy this, please pass on to others. It may just brighten someone's day...
Live simply. Love generously. Care deeply. Speak kindly

.....
As I was doing this newsletter I was remembering when I first agreed to do the newsletter each month. I took over from Marcia Parkes. It was October 2004. This was in the first newsletter, still as true today.

Sometimes we wonder

"What did I do to deserve this?" or "Why did God have to do this to me?"

Here is a wonderful explanation!

A daughter is telling her mother how everything is going wrong, she is failing algebra, her boyfriend broke up with her and her best friend is moving away. Meanwhile, her mother is baking a cake and asks her daughter if she would like a snack, and the daughter says, "Absolutely Mum, I love your cake." "Here, have some cooking oil" her mother offers. "Yuck" says the daughter. "How about a couple of raw eggs?" "Gross, Mum!" "Would you like some flour then, or maybe baking soda?" "Mum, those things are all yucky!" To which the mother replies: "yes, all those things seem bad by themselves. But when they are put together in the right way, they make a wonderfully delicious cake! God works the same way. Many times we wonder why He would let us go through such bad and difficult times, but God knows that when He puts these things all in His order, they always work for good! We just have to trust Him and eventually they will all make something wonderful!

God is crazy about you. He sends you flowers every spring, and a sunrise every morning.

Whenever you want to talk He'll listen. He can live anywhere in the universe, and He chose your heart."

I hope your day is a "piece of cake!" remember Life may not be the party we hoped for, but while we are here we might as well dance.

BITS AND PIECES

Thanks to those who contributed items for newsletter this month. Remember, items are always welcome. Also always welcome are those that offer to speak or chair on our platform. Jo Burgess is handling bookings since Robyn has taken on the care of her grandchildren, and I am sure Jo would be delighted to hear from those prepared to step up. The Retreat has come and gone, and I hear there is enthusiasm for the next one. It is unfortunate that so few can be accommodated at Tocal. Still that is the only problem there. Have you nominated anyone for committee yet,? there is still time! Time to decide whether you wish to contribute to our future or just be unhappy with some of the decisions made. Committee meetings usually only take 90 mins, and are enjoyable why not nominate this week?.....

From the website of John Call I know many of you reading this have put yourselves out into the public eye doing your spiritual work. As you well know, there will always be someone out there willing to criticize or condemn you for your spiritual path. That's part of "the cost of doing business" with the public

My spirit guides often say all paths lead home, whether those paths are "spiritual" or not. I firmly believe that, even for those who deliberately strike out to hurt others.

Here are some of Spirit's thoughts

- There is only one person whose opinion of your spiritual path, or of you, matters. *That person is you.*
- If someone is unkind to you, there is only one appropriate response—*be kind.*
- If you always follow your heart, in your spiritual practices or any other area of your life, you will
- never get lost. You cannot get it wrong.
- As one of your famous writers says, "Your only obligation in any lifetime is to be true to your self." (Spirit is referring to Richard Bach.)
- Everyone has their own path to follow, a path orchestrated by their human and spirit selves. You have no business criticizing them for any reason.
- Instead of criticizing others for being different, simply rejoice in the diversity. If you did not have that diversity your human lives would indeed be boring.
- You have no obligation to be faithful to anyone else's truth but your own.
- *Your truth* is the highest and best truth.
- *Your inner guidance* is your highest, best, and only authority.
- You are all God in human form. Remember that, and you will never go astray.

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As a member of our Church, you are in a unique position to constantly assess "new" ideas, and aspects of Spirituality, with ideas and beliefs constantly being presented, by speakers, by Circle leaders and those holding workshops and classes. This month two such opportunities are presented, with two trusted teachers, both members, with long time connections to our Church.

Shirley Darby is holding an Astrology workshop 21st September 1t 10am \$55.

Full details on noticeboard, must book if you are interested in attending.

Shirley's well versed in many modalities, astrology, colour therapy, numerology, and author of five books. So check out details for this all day workshop, you will learn so much.

The second opportunity concerns a course, named "Tools for Life" with Ilse Kohl.

Ilse has a very long connection with Swan Street Church, she and her husband helped with the physical and Spiritual development, over the early years, in the present building.

For a number of years, Ilse has been holding the very successful "tools for Life" classes in her home, and now is offering this course, here, on Fridays, over 8 weeks. Please read complete details on noticeboard, and register your interest, course starts 13th September and requires commitment to attending each Friday. Ilse is a regular "reader" on Thursdays

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I have been asked if the Church receives any remuneration from Workshops and Classes, the simple answer is "Yes". A donation of 10% is requested to help offset such ongoing costs as insurance, power, cleaning & maintenance. These contributions through the year help keep us financially viable.

The 'L I T T L E' Things

As you might remember, the head of a company survived 9/11 *because his son started kindergarten.*

Another fellow was alive because it was *His turn to bring donuts.*

One woman was late because her *Alarm clock didn't go off in time.*

One was late because of being stuck because *of an auto accident.*

One of them *Missed his bus.*

One spilled food on her clothes and had to take *Time to change.*

One's *Car wouldn't start.*

One couldn't *Get a taxi.*

The one that struck me was the man who put on a new pair of shoes that morning, Took the various means to get to work But before he got there, he developed a blister on his foot.

He stopped at a drugstore **to buy a Band-Aid.** That is why he is alive today..

Now when I am Stuck in traffic, miss an elevator, turn back to answer a ringing telephone ...

All the little things that annoy me, I think to myself,

This is exactly where God wants me to be at this very moment..

Next time your morning seems to be going wrong , You can't seem to find the car keys, You hit every traffic light. Don't get mad or frustrated; It may be just that God is at work watching over you.

May God continue to bless you with all those annoying little things

And may you remember their possible purpose.

Pass this on to someone else, if you'd like .If you don't it's okay:

God's Love Is Not Dependent On E-Mail!! Or newsletters!!

A man and his wife were awakened at 3:00 am by a loud pounding on the door.

The man gets up and goes too the door where a drunken stranger, standing in the pouring rain, is asking for a push. "Not a chance," says the husband, "it is 3:00 in the morning!" He slams the door and returns to bed "Who was that?" asked his wife "Just some drunk guy asking for a push," he answered "Did you help him?" she asks. "No, I did not, it's 3am in the morning and it's bloody pouring rain out there!" "Well, you have a short memory," says his wife. "Can't you remember about three months ago when we broke down, and those two guys helped us? I think you should help him, and you should be ashamed of yourself! "God loves drunk people too you know."

The man does as he is told, gets dressed, and goes out into the pounding rain. He calls out into the dark, "Hello, are you still there?" "Yes," comes back the answer "Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark. "Where are you?" asks the husband.

"Over here on the swing," replied the drunk.

Once upon a time a powerful Emperor of the Rising Sun advertised for a new Chief Samurai.

After a year, only three applied for the job: a Japanese, a Chinese and a Jewish Samurai.

"Demonstrate your skills!" commanded the Emperor.

The Japanese samurai stepped forward, opened a tiny box and released a fly.

He drew his samurai sword and *Swish!* the fly fell to the floor, neatly divided in two! "What a feat!" said the Emperor. "Number Two Samurai, show me what you do."

The Chinese samurai smiled confidently, stepped forward and opened a tiny box, releasing a fly.

He drew his samurai sword and * Swish! * Swish! * The fly fell to the floor neatly quartered.

"That is skill!" nodded the Emperor.

"How are you going to top that, Number three Samurai?"

The Jewish samurai, Obi-wan Cohen, stepped forward, opened a tiny box releasing one fly, drew his samurai sword and *Swoooooosh! * flourished his sword so mightily that a gust of wind blew through the room.

But the fly was still buzzing around! In disappointment, the Emperor said, "What kind of skill is that? The fly isn't even dead."

"Dead," replied the Jewish Samurai !! "Dead is easy. Circumcision... THAT takes skill!"



TOCAL (COLLEGE) RETREAT

16, 17, 18 August 2013

It's difficult to put into words the amazing time we had at our Retreat, but I will do my best!

The accommodation was excellent. We were allocated three lovely buildings – away from the mainstream workings of the college, surrounded by magnificent farmland, beautifully maintained. The venue was not only spiritual but was so connected to nature and Mother Earth. The magnificent trees and bird life was amazing, taking walks around the college was peaceful, calming and inspirational.

The lounge room served as our meditation area, the recreation area was used for our meals and served also as the area for the “fun time” concert – where you could let your hair down!

We had a wonderful group of people who attended. Everyone joined in activities and walks and the support and help for each other is something that truly has to be experienced personally to be believed. The food was excellent and there was certainly no shortage of it and you know we were so lucky to have lots of “low calorie” cakes and slices. Saturday evening meal was taken in Tocal's dining room and was enjoyed by all. The dining room was rustically beautiful and in keeping with the buildings and landscape of Tocal.

The programme consisted of meditations by several of our members, discussions, with free time for walks and to savour the delights of Tocal.

It would be remiss of me not to mention our concert. We had the Village People attend and perform YMCA, and also ABBA put in an appearance!! DO WE HAVE SOME TALENT!!! Lots of singing, dancing, andbest to keep some secrets!!!! I insist on being their manager when they become famous!!

The staff of Tocal were friendly and helpful from beginning to end and did all they could to ensure we had a great weekend.

Once again Marcia excelled with her expertise in making our porridge for breakfast!! She can show those Master Chefs a thing or two!! Sincere thanks Marcia and Yvonne for the purchasing of the food – you have it down to a fine art!!! I could not do it without you.

To the beautiful people who attended and supported us – THANK YOU - it was a pleasure and a privilege to share this time with you. See you next year!!!!

In ending – I would like to share a posting from Facebook: *“Wonderful, fantastic , amazing weekend retreat. Thank you so much to Marcia and Jo and everyone who had a hand in organising it. Thank you also to old friends and new. I feel so refreshed and ready to face whatever comes next. Thanks again xoxoxo”*

Love and blessings

Jo Burgess

BUILD YOUR CONFIDENCE IN A MINUTE

Inside you feel awkward and ridden with self doubt, but if you plaster a smile on your face, you are one step closer to brimming with confidence. Why? Consciously changing your facial muscles so that they don't convey what you are thinking or feeling is useful way of sending a subconscious message to your brain. The brain will then respond by beginning to change your mood accordingly.

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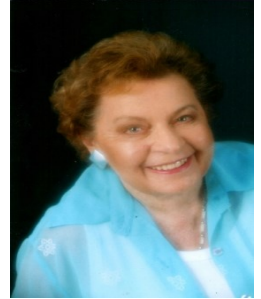
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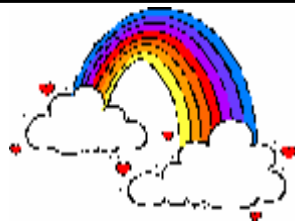
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