

OCTOBER 2015

# Newcastle Spiritualist Church Inc



3 Swan Street  
Off Darby Street via Queen Street

P.O. Box 2251, Dangar 2309  
Phone 02 4926 3402



DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	**7pm**	13th October
WEDNESDAY	11am-2.30pm	Yvonne Warren & Joanne	Meditation/Development
THURSDAY	Readings \$25	Side entry, down drive	8.30-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services. All welcome
SATURDAY	2-4pm COFFEE CLUB 17th October at Tomago	Hi Tea & Tour	\$20 bring cameras looking for orbs.
	Bendy Yoga with Jim	9.30AM	\$5 members or \$10 others.

## *Our Philosophy is based on Seven Principles*



*(With liberty of interpretation)*

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*



*Greetings friends,*

*Spring is slow to warm up, and so our air conditioner remains set on Winter Mode. This will be adjusted when the warmer weather settles in.*

*Good attendance at Services and Circles, due to the enthusiasm and quality of our speakers. This will pick up even more when Spring really arrives bringing better weather.*

*October is a busy month, make sure you keep up with all that's planned. At our AGM on 10th October, all full members are asked to come along and vote for the next committee. Newer members are welcome to come along and observe, but are not eligible to vote. It is important that members take time to nominate those they wish to make up our Committee. We need at least three more members nominated to join the committee, in addition to those in executive positions. These people need to be keen and interested in maintaining Swan Street Church, presenting new ideas, and lending a helping hand. A small number of nominations have been received, please give this your urgent consideration.*

*Make sure you keep up with just what's on, and will see you at AGM, we need a quorum, so do attend.*

*Coffee Club's High Tea at Tomago House is finally happening this month, Should be lots of fun, bring cameras, and perhaps we can capture orbs, or other wondrous things. We will have a tour of the property, which is maintained by the National Trust.*

*We have just been advised of the recent passing of our long time Member, Roy Cook. Roy, until ill health intervened, was always interested in keeping up to date with Church affairs, always attending AGMs  
Our sympathy goes out to his family.*

*Charles Freeman*

*President*

***The text is not important but the flow of energy is, let go of the thoughts that block the energy flow try to get in the flow of positive energy and direct it towards where it is needed than you can be in the flow of things to come. But always bring you back to where you are by centring your self around the energy flow of the now let go off the past and the future the only thing that matters is the flow of being in the now***

***Ivo Van Emmerik***

## PROGRAMME FOR OCTOBER 2015

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIR</u>	<u>CHAIR</u>
<u>4th October</u> 3pm 7pm	Jenny Havebond Marcia Parkes	Chair` Chair	Marcia Parkes Charles Freeman
<u>10th October</u>	Our AGM	Election of Officer	1pm
<u>11th October</u> 3pm 7pm	Albert Kohl Mark Boyle	Chair Chair	Anona Martinelli Maree Miller
<u>17th October</u>	Coffee Club High Tea at Tomago House. 2 Vacancies		
<u>18th October</u> 3pm 7pm	Shirley Darby Assunta Martinelli	Chair Chair	Carmel John Marcia Parkes
<u>25th October</u> 3pm 7pm	David Sumner Cecile Trapman	Chair Chair	Jenny Havebond Charles Freeman
<u>1st November</u> 3pm 7pm	Susanna Steel Robert Dunlop	Chair Chair	Mark Boyle Charles Freeman

## “Dance on the Joy of the Spirit” Nov 07/08

a **Two-Day workshop** with the **Newcastle Spiritualist Church**

with invited guest tutor **Karen Line-Jones OSNU** from the UK

This weekend will consist of developing and strengthening the Psychic and Spiritual energies, alongside the aspects of spirit communication, we will explore the beauty of the spoken word, which sometimes gives the greater message.

As a group we can and will bring the two worlds together as one, and also realise that each one of us has an important part to play, whether we are at the start of our journey or a little further along the pathway of understanding.

Know that each person who reaches out for development are

**“The Teachers of Tomorrow”**

*Karen Line-Jones OSNU from UK, with over 30 years working as a Spiritual Medium privately and in Spiritual Churches and has been a member of the SNU Training & Awards Committee for 3 years. Karen's website ..[www.soulgifts.co.uk](http://www.soulgifts.co.uk)*

Sat 07th Nov 10am - 4pm and Sun 08th Nov 10am - 1pm (Nov 2015) (please arrive 10-15mins before start)

**Venue: Newcastle Spiritualist Church,**

3 Swan Street, Cooks Hill, Newcastle, NSW 2300

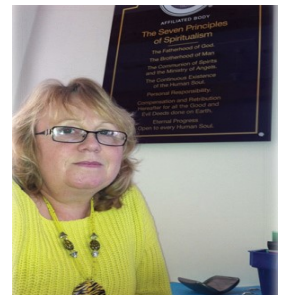
**Cost:** \$120.00 per person - (payments to Spiritual Mission Of Noarlunga)

**Bookings:** please contact **Marcia** via **Church ph 02 4926 3402**, (please leave message)

or via [admin@newcastlespiritualistchurch.com](mailto:admin@newcastlespiritualistchurch.com)

*This day is suitable for all levels of awareness, each exercise can be tailored to suit the ability of the student*

*Come along and enjoy time in the company of friends both seen and unseen*



## **BITS AND PIECES**

Well, who have YOU nominated as committee member for the coming year?. We cannot operate without a full Committee, I urge you to consider that even if you will not stand, you have a responsibility to nominate those you feel would fill the position. The smooth running of our Church depends on membership participation. Consider this, and speak to others. We need a strong active committee, it is not up to others, you have a part to play.

September Coffee Club meeting was once again interesting, it is amazing the many facets that are opened up, and the varied paths discussion takes all on the one subject. Assunta was in the chair, the subject "Our Spiritual Path"....A chance to really discuss things of interest. We did miss you, Krys and sorry but we didn't select a subject for next month. As our numbers grow it may be necessary to limit each speaker on the initial discussion, to give all opportunity to share. October Coffee Club meeting is "High Tea at Tomago House," as detailed on Noticeboard. Remember to wear a hat, or pay a fine of \$2 to go to John Hunter Kids Club

Our visit now includes a conducted tour of the property, and who knows, we just might run into a previous occupant or too. Sure to be lots of orbs. So bring your camera!

Medium Louise Herman was on the platform last Sunday, and spoke at length of "service", an important aspect of Spiritualism. Louise is to donate an annual award to a Church member who best personifies "Service," further details after committee meeting. She is an exceptional speaker, who regularly provides "proof of survival".

In 2014, 5.8 million people in Australia undertook unpaid volunteer work in the previous 12 months. The highest rates for volunteering by age group were for people aged 15-17 years old at 42 per cent, then 35-44s at 39 per cent, then 65-74s at 35 per cent.

Great to see newer members come forward as Platform speakers, and keen members. Support them when they come along. We were all new to it once.

Delighted to report the coughs and sniffles have been clearing up, although this last couple of days the temperature has plummeted, so keep your fingers crossed and your woolies on.

Once again Shirley Darby has shared her Blog with us, it is amazing the knowledge Shirley can impart. And she is busy doing Charts as well.

More bits and pieces.

We are so blessed with Speakers at our Services, visiting Mediums regularly come along, and our new members, quite a few who attend Mediumship classes and Circles also have the opportunity to speak on the Platform. Not always easy the first time, but they do cope amazingly well, and are more confident next time.

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Visiting UK Medium Karen Line-Jones will be with us from 8th November  
Karen will spend quite some time with us at Swan Street, including a day and half workshop on 7-8th November \$120

Details in newsletter and Facebook

Marcia is also taking bookings for readings and assessments 9th Friday.

Ring Church or email if you are interested to book

25-30 mins reading \$60                      50-60 mins reading \$90

Phone 02 49263402      email admin@newcastlespiritualistchurch.com

Karen is to give a Demonstration of Mediumship 7-9pm Friday evening  
Available to all \$20. followed by our usual cuppa.

A visit to Karen's website is enlightening [www.soulgifts.co.uk](http://www.soulgifts.co.uk)  
She is on a tour of Oz, visiting Spiritualist Churches.

.....  
This is my favourite quote. Having read Steve Jobs' biography I remain impressed and amazed at just how much a single person can achieve, how much so many lives have been assisted by a single being with an idea, indeed, many ideas, who will not give up, keeps battling till he achieves his amazing goal.

.....  
"Sometimes life hits you in the head with a brick. Don't lose faith. You have to trust in something – your gut, destiny, life, karma, whatever. The only thing that kept me going was that I loved what I did. This approach has never let me down. You've got to find what you love. Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition.                      Everything                      else                      is                      secondary."

-- Steve Jobs, CEO of Apple Computer and Pixar, 2/3/05

*Stewart and his wife Barbara go to the county fair every year And every year Stewart would say, "Barbara, I'd like to ride in that helicopter" Barbara always replied, "I know Stewart, but that helicopter ride is seventy quid, and seventy quid is seventy quid!" One year later Stewart and Barbara went to the fair, and Stewart said, "Barbara, I'm 75 years old. If I don't ride that helicopter, I might never get another chance" To this, Barbara replied, "Stewart, that helicopter ride is seventy quid, and seventy quid is seventy quid" The pilot overheard the couple and said, "Folks I'll make you a deal. I'll take the both of you for a ride. If you can stay quiet for the entire ride and don't say a word I won't charge you a penny! But if you say one word it's seventy quid. "Stewart and Barbara agreed and up they went. The pilot did all kinds of fancy manoeuvres, but not a word was heard. He did his daredevil tricks over and over again, But still not a word...When they landed, the pilot turned to Stewart and said, "By golly, I did everything I could to get you to yell out, but you never did ....I'm impressed!" Stewart replied, "Well, to tell you the truth I almost said something when Barbara fell out, But you know, seventy quid is seventy quid!"*

*Almost forgot to include a joke, have tried to recall everything, remember, all the mistakes are mine, my phone number and email are on the final page,*

*Alva*



## **GRATITUDE AND PATIENCE**

Once again, our long time member and “resident Astrologer” shares her Blog with us. Thank you Shirley, each month I look forward to reading the next instalment.



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I talk to so many people who stress and worry about current situations and things that will or could happen several years into the future. The only thing we have is the present, we may not even be here tomorrow.

How lucky we are to know that we are souls learning this life times lessons in a physical vehicle called a body. We hear over and over again at our Church that loved ones are well and happy on the other side and that the worries and pain they had here on earth have gone.

We CHOOSE to come back to the Earth School each time in order to allow our Soul to grow to its full potential. The Soul continues on while the physical vehicle that carries us through each life wears out and is left behind.

We are also lucky to have at least one Guardian Angel with us through life (called a doorkeeper). It is the job of this Angel /or Guide to guide us into situations that will present us with the lessons we need to learn and the opportunities we have to grow. Many times, when we have a new direction to follow another Guide (who knows all about your new direction) will join your doorkeeper for as long as you need his/her help in your new direction. They will also lead you to books or television or help you to meet someone who will say something that you need to know.

When we REALLY start to accept that we chose this life and we have Angelic helpers (who can only guide you into situations, they cannot do it for you) and that you have your MAP in life in the form of your own Astrology and Numerology Chart, you can then work on your gratitude (and patience -the hardest one) because you know that all the situations in your life are all there for your development and the development of your soul. Usually the things that are the hardest are the things we learn the most from.

So, instead of worrying about the future it is important to realize that life is exactly as it should be at this moment and instead of fretting or worrying or thinking you are failing try to look at these situations as LEARNING !! because that is what we came back to earth for.

Life isn't meant to be a struggle, but rather to be joyful. This is a theme that I've been reminded of regularly lately. Within these miraculous bodies we reside upon our beloved planet Earth, with beauty and miracles surrounding us in each and every moment if only we have the consciousness to see and experience them.

As we go about our life's journey we at times find we are stopped along the way by challenges that may block us from moving forward. The "secret" to managing these situations with grace and ease is not to take yourself into blaming, anger or regret – neither towards the self nor to others who may have pressed your buttons. Your response to these challenges often has more impact than the situations themselves. Those emotions hold you back even further.

The best way to work your way through these challenges is to stop and look within, asking yourself what there is to learn from it. This allows you to gain more clarity around why these challenges have come your way and they then become easier to resolve and move through.

The following are just a few examples of flower essences selected from the *Nature's Flowers of Life™* range which may be helpful during challenging situations. There are as many varied situations as there are varied kinds of people. We have a large range of essences which can offer support and assistance with these situations.

I can assist in choosing your own *Personal Combination* selections by tuning into your Higher Self - or you can choose your own essence selections.

<http://flowersforhealing.com/Personal-Essence.html>

**Black-Eyed Susan** which is an Australian Native Flower for Slowing down; Calming scattered energies; Patience and tolerance.

It has a calming and balancing effect being perfect to help slow a person down so they become more centred and in tune with their intuitive self. In this more calm and centred state their lives will begin to flow more smoothly and effectively as they begin to take each step consciously.

<http://flowersforhealing.com/Black-Eyed-Susan.html>

The **Blue Water Lily** essence calms the mind and the emotions, especially where there is turmoil or disruptive energies around. It is also for awakening to the sacredness within the self and in all life forms. It offers strength, clarity and calm when around tumultuous emotions

The Doctrine of Signatures of this flower are related to how it stands strong and tall with its leaves floating on the water. Water is related to the emotions and these lilies are found mostly in ponds of tranquil waters. This tranquillity is transferred to the essence.

<http://flowersforhealing.com/Blue-Water-Lily.html>

**Cyclamen** essence helps create calm clear-headedness and joyful upliftment and the freedom to change. It is also for feminine energies and clearing endometriosis symptoms

<http://flowersforhealing.com/Cyclamen.html>

**Grief Support** is a mix of several flower essences which is supportive and nurturing. It engenders courage and strength to cope in times of crisis. It is for grieving whilst going through major life changes.

It assists with stepping aside from turmoil and challenges so as to see situations with more clarity. It can be useful for healing past "bruising" and allowing people to get closer by letting down protective barriers. It is helpful in allowing you to acknowledge your own uniqueness.

<http://flowersforhealing.com/Grief-Support.html>

**Transition Essence** is a mix of several essences for people who are going through major life transitions of all kinds. It assists in allowing clarity to prevail, and easing feelings of confusion or turmoil within. It assists with opening communication channels for inner attunement with your Divine inner self, Spirit guides and teachers. In this regard it assists with discernment of truth, and acceptance of circumstances. Transition Essence helps to access your inner wisdom in confronting and resolving past challenges.

<http://flowersforhealing.com/Transition-Essence.html>

**Lavender** is for offering calm and peace, cushioning those times when you may be feeling battered and blown about by life's tumultuous happenings. The emotions and moods of humanity can range from rage to calm. This could be equated with the ocean varying in its intensity from deep calm to ferocious waves and wind, battering a boat against the jetty to then once again quietly lapping against the jetty's side. Sometimes when such moods as these are held totally within they can cause destruction, disharmony, imbalance and problems with your health and well-being.

<http://flowersforhealing.com/Lavender.html>

Solara Zwaneveld

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flowers4healing@internode.on.net  
Ph: 61 2 4969 6793 - 0425 217 570

Blessings *Solara*

## Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 49284656 or email [alvad@bigpond.com.au](mailto:alvad@bigpond.com.au) for availability and details.

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Dear Sir / Madam

My Name is Station Officer Chris Forster from Fire and Rescue in the Newcastle and Lake Macquarie region. I would like to request your assistance by placing some information in your bulletin, newsletter, face book page or anyone form of regular contact you have with families or individuals you provide a service to.

**Winter is the worst time of the year for fires in the home. Over winter, FRNSW attends an average of 1,230 home fires which result in an average of 576 injuries. Half of these fires start in the kitchen, with the majority of those caused by unattended cooking.**

**FRNSW research has shown that complacency and inaction are the biggest risk factors when it comes to home fire safety On average 21 people die from house fires each year. The fatality rate for 2015 already stands at 10. To stop this figure increasing, it is important people change their behaviour and their attitude towards home fire safety**

### *It's the law*

**It's the law to have at least one working smoke alarm installed on every level of your home. This includes owner occupied homes, rental properties, relocatable homes, caravans and camper-vans or any other residential build- ing where people sleep**

**Nature's Flowers of Life™** Flower Essence Remedies  
and **Sound Therapy Healing**

**SOLARA ZWANEVELD**



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