

NOVEMBER 2010

# Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	**Committee Meeting**	**7pm**	9th November
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	9.00 am - 1.30 pm	8.30am till 1pm	Spiritual Readings Final day 25th November
	7.30 pm—9.00 pm	Ivo Van Emmerik	Meditation/healing/toning
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SATURDAY	30th October 27th November	Vernice Singing bowls How to be clairvoyant	10am to 11.30am Katrina Bart
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome

## Our Philosophy is based on Seven Principles



*(With liberty of interpretation)*

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

Well, our AGM is over for another year, our newly elected committee is installed.

Well done to those members present on the day, Congratulations to those accepting positions for 2010-2011. Heartfelt thanks to those retiring members.

Few of us stop to consider just how many involved members it takes to keep a Church happy and healthy.

Take a moment to consider how you feel, when you enter the door at Swan Street Church, and see your friends preparing for the service.

The seating is all in place, the selection of music has been organised, and the chairperson of the day makes certain our speaker and mediums are present, comfortable, and in short, all is prepared for our Service.

Let's each take a quiet minute, as we share these services, to murmur a "thank you" to those who make it possible. For us to sit in prayer, surrounded by friends, feeling warm, to acknowledge all the little steps that are in place for us to be an important part of "our Church"

Planning for our annual Christmas Party is underway. We seem to have more fun each year, it is a great chance to catch up with those we don't see often, and the finger food is always popular. So make sure you keep 18th December clear.

Those who are observant will have noticed a change to our front page regarding the Principles. No, our Principles have not changed, but the listing on the newsletter differed slightly from the copy in front of our Church platform.

This is the reason for the change.

It is with pleasure I list the committee for the current year, knowing you will support them.

President Carmel Colquhoun

Vice President Charles Freeman

Treasurer Marcia Parkes

Acting Secretary Katrina Bart

Librarian Robyn Akins

Ivo van Emmerick Kristine Johnson

Jo Burgess

Yvonne Gibson...

Peter Galbraith Alva Macey

See you in Church,

*Carmel Colquhoun*

**The way to do is to be.' Lao Tzu, Chinese (c. 600 BC)**



PROGRAMME FOR NOVEMBER 2010

<u>Date</u>	<u>Speaker</u>	<u>Chairperson</u>
<u>7th November</u>		
3pm	Rose Mayhew	Susan Davy
7pm	Laura Armstrong	Jo Burgess
<u>14th November</u>		
3pm	Assunta Martinelli	Jo Burgess
7pm	Jenny Cotman	Charles Freemann
<u>21st November</u>		
3pm	Susy Plummer	Carmel Colquhoun
7pm	Andrew Parker	Robin Akins
<u>27th November</u>		
10am to 4pm	Katrina Bart "You are Clairvoyant Workshop" \$95 details on Church noticeboard. Phone 0419.249.259	
<u>28th November</u>		
3pm	Michael Bray	Peter Galbraith
7pm	Michael Bray	Robyn Akins
<u>5th December</u>		
3pm	Sonia Bullnow	Carmel John
7pm	Anona Unicomb	Yvonne Gibson

We receive such support from our speakers, and this is evident again this month.

Rose Mayhew is well known for her overheads and proof of survival

Laura Armstrong provides proof of survival also, and finds time to volunteer for readings on Thursdays., at Church.

Happy to report Assunta is well again, and happy to take the platform.  
So happy to see you bouncing back Assunta.

Jenny Cotman will present overheads and demonstration of mediumship.

Susy Plummer is a psychic Artist, will draw, and present readings from drawings, either done on the day, or previously.

Andrew Parker needs no introduction, he is known far and wide for his work with dolphins, and I am sure you will give him a warm welcome. His last visit was delayed as he was injured on the way to service, so keep your fingers crossed.

Michael Bray, a longime friend, will tell us of his work with the Angels.  
Michael has written a number of books I am sure you will find in our library.

Sonia Bullnow is travelling from Sydney. A Reiki master,  
Sonia works as an Alchemical Hypnotherapist, listing Empowerment Facilitator

As always, I am sure these speakers will be warmly welcomed. There are so many different fields of study and interest, opening up to us, so we must keep our hearts and eyes open, and be aware that global warming is not the only change in the wind.

## Bits and Pieces

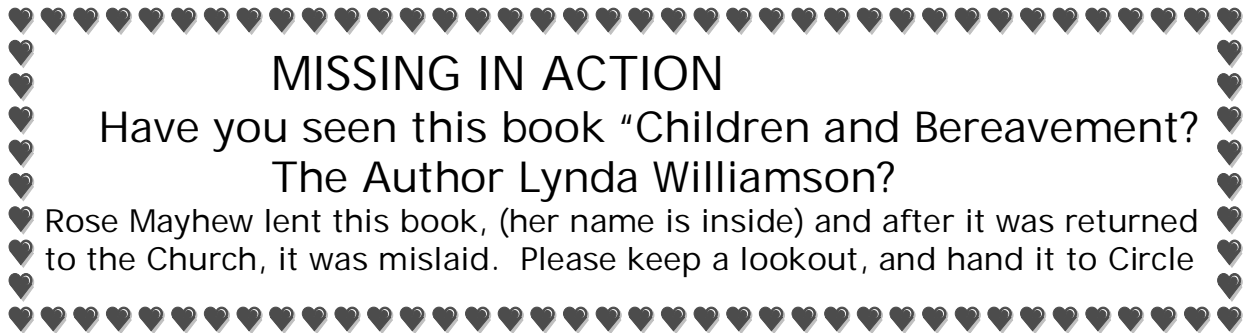
Well, another month has galloped by, and we are heading at great speed towards the end of 2010. Each year seems to speed up, with more and more events crowded in.

Since my last newsletter, we have had a short cruise, on the Pacific Sun, from Newcastle, and would recommend it to all. Just a short drive to Carrington, board the liner, forget about Sydney and customs and all that. We went up as far as Cairns, saw Townsville, Whitsundays, Brisbane, out around Willis Island and back. 8 days in all, each one as busy or as restful as you wanted. A much appreciated break.

The only downside was I came home with a new dose of shingles, but that is now almost behind me, glad to say.

Missed the election for the first time in years, but everything went smoothly, and we have a newly elected executive

Must mention the Line Dancing Afternoon. It was such fun. Thanks to Yvonne who gave her time, music and patience. Not a lot attended, but each of us that did had a great time. As Peter said, there wasn't a lot of room, and if 40 had come along it would have been a shambles. Peter and Charles were definitely the stars, so much



### MISSING IN ACTION

Have you seen this book "Children and Bereavement?"  
The Author Lynda Williamson?

♥ Rose Mayhew lent this book, (her name is inside) and after it was returned  
♥ to the Church, it was mislaid. Please keep a lookout, and hand it to Circle

energy. Thank you Yvonne, it was great.

The day with the meditation and the Crystal beds was very well received.

How fortunate we are to have the opportunity to see and experience such things.

About 5 years ago, some of our members visited St. John of God in Brazil, bringing back their personal VCR film of the trip. This was shown at Church

Amazing things are happening all over the world. We need to be open to the possibilities, closed minds keep us anchored where we are, and there is so much more!

So glad to be able to tell you Shirley Darby is home, doing physio and has a new book on the go. This is Shirley's 5th book, apparently the only way she had time to write it was to break her leg! She is to resume her courses in the new year, so those waiting on the courses already booked will be happy to hear that!

Since I last wrote, Laurie Davison and Rae Woods, a former member, have both passed over.

Laurie and his wife lived at Markwell and had a long association with us, through Rona's books, and the healing work they did. We were lucky enough to spend time with Laurie at the last Christmas party, a true gentleman, passed at the age of 90. As always, our love and prayers go out to those needing support.

Sorry to report that Petra is still battling ill health. We look forward to hearing happier news Petra. The last 12 months have certainly been very difficult for you.

On a personal note, thanks for the healing and support coming my way, it really makes you feel great when you get an email, or a phone call saying "we are sending you healing." Bring it on.

### 30th October Vernice returns for Healing with Sound Part 2

Continue to learn how to use voice to free the body from stress, pain, and vibrational toxicity  
Experience crystal singing bowl and harmonic whirlies with Vernice

Starting 10am till 11.30am Cost \$20

12th-13th & 14th November a Psychic Fair is planned for Maitland Leagues Club.

Organised by Warwick and Maryanne George. After travelling throughout Australia, this couple has now settled in Maitland, and under the name, Big Bear Productions are organising this fair. There will be workshops, lectures, and stalls. Warwick tells me that a platform night, on 13th November will feature a number of well known mediums, including Raylene (as shown on The One.) We are welcome to participate. His number is 0400348397  
Brochures at Church.

27th November 'You are Clairvoyant Workshop' with Katrina Bart. \$95 details on board.

Check out the annual Christmas Raffle, great value. Drawn at our Christmas Party.

Our Christmas Party will begin at 6.30pm 18th December, Fun and fingerfood for all.

Mark your calendar NOW....I said NOW

As always, the views expressed are mine, and do not necessarily reflect the views of our Church. I realise I can be quite flippant, but as most know me, I am sure you can handle a lighthearted joke, and I apologise in advance for any thing I have included that upsets you. Remember this newsletter is OURS, any item you send will be included.

Thanks once again to those who contribute by email.

While I am in a thanking frame of mind, how long since you checked out our advertisers on the back page?. These people support us throughout the year, so as Christmas comes up, perhaps you could think about supporting them.

Another "thank you" overdue is to the stalwart Mediums who provide readings for members of the public, each Thursday through out the year. These ladies are committed to provide this service, which for many is their introduction to our Church.. Thank you all.

### The Window Through Which We Look

A young couple moves into a new neighbourhood. The next morning while they are eating breakfast, the young woman sees her neighbour hanging the wash outside.

"That laundry is not very clean", she said.

"She doesn't know how to wash correctly. Perhaps she needs better laundry soap."

Her husband looked on, but remained silent.

Every time her neighbour would hang her wash to dry, the young woman would make the same comments.

A bout one month later, the woman was surprised to see a nice clean wash on the line and said to her husband:

"Look, she has learned how to wash correctly. I wonder who taught her this."

The husband said, "I got up early this morning and cleaned our windows."

And so it is with life. What we see when watching others depends on the purity of the window through which we look.

### What is Celibacy?

Celibacy can be a choice in life, or a condition imposed by circumstances.

While attending a Marriage Renewal Weekend, Bill and his wife Ann listened to the instructor declare, "It is essential that husbands and wives know the things that are important to each other..."

He then addressed the men, 'Can you name and describe your wife's favourite flower?'

Bill leaned over, touched Ann's arm gently, and whispered,

'Its Coles self-raising, isn't it?'

And thus began Bill's life of celibacy...

*I guess that's all, don't know much about celibacy, and I certainly don't clean windows, love Alva*

## Conversations With Chief Joseph & John Cali

### Forgiveness

**Do you find it hard to forgive someone who perhaps has hurt you? Or maybe you find it hard to forgive even yourself for past misdeeds.**

#### John Cali

I have a lifelong friend I grew up with. Though we've drifted apart over the years, we're still in touch occasionally. Sue (not her real name) never got along well with her mother.

After Sue married, the estrangement grew deeper and more bitter. Eventually her mother became very ill, but lingered on a few years. Sue refused to ever visit or call her. Then her mother died. Sue did not go to the funeral and, to all appearances, had erased her mother's memory from her mind.

But had she really? I cannot imagine myself going through that experience.

How would I feel, now that there was no chance of reconciliation?

At least in this lifetime. How would you feel?

Here's Chief Joseph.

#### Chief Joseph

We are going to say something right here at the start which may surprise or even shock some of you:

***There is never a need or reason to forgive another person.***

***That's not your job.***

True forgiveness, friends, is forgetting -- forgetting the pain, the anger, the sadness -- and remembering the love.

Forgiveness is really about letting go. Letting go, and forgetting, the pain you're holding onto. And whatever that pain is, you -- not the other person -- created it.

The pain is self-inflicted. Always, no exceptions.

Forgiveness has nothing to do with the other person. It has everything to do with you, and **only** you.

Do you think God holds grudges? Do you think your higher self holds resentments?

When you are willing to go through that process you call forgiveness, you are remembering who you are, who your higher self is -- God.

If you insist on forgiving, then forgive yourself. Whatever real or imagined harm the other person did, did not hurt you. Only your thoughts allowed you to be hurt.

No one can hurt you without your consent. The other person, acting in the best way she or he could in the moment, was there in that moment because the two of you co-created that experience. **No one is to "blame."**

If you see such situations from your higher self's perspective, your pain will go away. All that will remain is the love.

**Pain is illusion. Love is real.**

=====  
The next time you're in a bad mood...

maybe you need to remember this.

Your attitude toward life defines not only who you are,  
but the quality of life you will have.

000000000000

*Your own self-realization is the greatest service you can render the world.*

*Ramana Maharshi*

## ***HUMOUR WITH PERHAPS A GRAIN OF TRUTH.***

### **HOW IS NORMA?**

A sweet grandmother telephoned St. Joseph 's Hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?" The operator said, "I'll be glad to help, dear. What's the name and room number of the patient?" The grandmother in her weak, tremulous voice said, "Norma Findlay, Room 302." The operator replied, "Let me put you on hold while I check with the nurse's station for that room." After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her physician, Dr. Cohen, has scheduled her to be discharged tomorrow." The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good news." The operator replied, "You're more than welcome. Is Norma your daughter?" The grandmother said, "No, I'm Norma Findlay in Room 302. No one tells me anything.....TRUE STORY ?

### **A TRIP TO Aldi**

Yesterday I was at my local Aldi buying a large bag of Purina dog chow for my loyal pet Dog, and was in the checkout line when a woman behind me asked if I had a dog. What did she think I had, an elephant? So since I'm retired and have little to do, on impulse I told her that no, I didn't have a dog, I was starting the Purina Diet again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming out of most of my orifices and IVs in both arms. I told her that it was essentially a perfect diet and that the way that it works is to load your pants pockets with Purina nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.) Horrified, she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I stepped off a curb to sniff an Irish Setter and a car hit us both. I thought the guy behind her was going to have a heart attack he was laughing so hard. Aldi won't let me shop there anymore. Better watch what you ask retired people. We have all the time in the world to think of crazy things to say Share this (especially) to all your retired friends.....it will be their Laugh for the day

### **THE OBEDIENT WIFE**

There was a man, who had worked all his life, had saved all of his money,  
And was a real miser when it came to his money.  
Just before he died, he said to his wife...'When I die, I want you to take all my money and put it in the casket with me. I want to take my money to the afterlife with me.'  
And so he got his wife to promise him, with all of her heart, that when he died, she would put all of the money into the casket with him.  
**Well, he died. ☹**  
He was stretched out in the casket, his wife was sitting there - dressed in black, and her friend was sitting next to her. When they finished the ceremony, and just before the undertakers got ready to close the casket, the wife said, 'Wait just a moment!'  
She had a small metal box with her; she came over with the box and put it in the casket. Then the undertakers locked the casket down and they rolled it away.  
So her friend said, 'Girl, I know you were not foolish enough to put all that money in there with your husband.'  
The loyal wife replied, 'Listen, I'm a Christian; I cannot go back on my word. I promised him that I was going to put that money into the casket with him.'  
You mean to tell me you put that money in the casket with him!?!?!'  
'I sure did,' said the wife. 'I got it all together, put it into my account, and wrote him a cheque....  
If he can cash it, then he can spend it.'

**"The nature of the universe is such that ends can never justify the means.  
On the contrary, the means always determine the end." (Aldous Huxley)**

## Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

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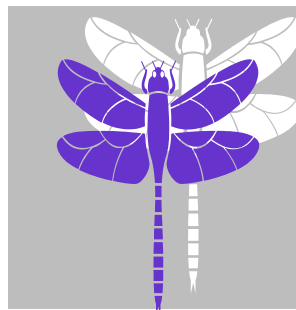
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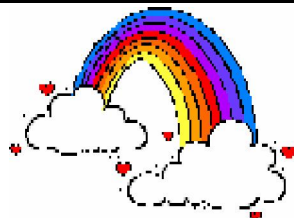
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