

NOVEMBER 2012

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	13th November
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	8.30am-1pm	Entry second side door	Reading
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

With great sadness I must tell you of the passing over of our Life Member, Gloria Filby. An active member for many years, Gloria had a long association with Thursday reading day, with her great friend Gwynnie Gill. Both served as committee members for many years. She was privately cremated.



What a pleasant day we had for our Election., and as I said on the day, "thank you" to all those giving the time to take part.

I am delighted to report we have elected a large revitalised committee, numbering 11 in all, and this is a great result. The more varied opinions and suggestions that come forward, the better.

As we discussed before, we cannot stand still, we have to grow and develop, with new ideas and changes bombarding us.

It is after all the "Age of Aquarius."

May I introduce

President, yours truly Carmel Colquhoun

Vice President Charles Freeman

Treasurer Marcia Parkes

Secretary Alva Macey

Membership Sec. Yvonne Gibson

Librarian Ivo Van Emmerik

Committee members

Robyn Akins

Jo Burgess

Jennifer Havebond

Krystyna Johnson

Toni Sar

Congratulations and thanks to you all, remember, the sky's the limit,
Carmel Colquhoun

Remember Life has no remote

Get up and change it yourself.

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PROGRAMME FOR NOVEMBER 2012

<u>DATE</u>	<u>SPEAKER</u>	<u>CHAIRPERSON</u>
<u>4th November</u>		
3pm	Rev Meg Faber	Arvid
7pm	Rev Meg Faber	Arvid
<u>11th November</u>		
3pm	Asunta	Anona
7pm	Wednesday evening Circle	
<u>18th November</u>		
3pm	James Garaty	Carmel Colquhoun
7pm	Monday Evening Group	
<u>25th November</u>		
3pm	Jo Burgess	Krystyna Johnson
7pm	Karen Burge	
<u>2nd December</u>		
<u>3pm</u>	Rev. Meg Faber	Arvid
<u>7pm</u>	Rev. Meg Faber	Arvid

As always, I believe these speakers are to be on the platform, however, due to illness or other circumstance they may not attend. Should this happen, another capable person will step in and conduct the service.

They are all old friends, James Garaty is a former member of our Church and we welcome him back.

Should you wish to be a speaker, or chair a service, please step forward, this is OUR Church, belonging to each and every one of us, and will only prosper if we all take part.

I must apologise for any shortcomings in newsletter this month, even more than usual, but I have experienced a stroke and confusion is my biggest problem at the moment.

I remind you of the day to reorganise our library, and look forward to seeing you there. Light luncheon provided, so come along, meet some new friends and help ensure that our Library is well set up.

As always thanks to those who send along items for newsletter
Alva

Bits and Pieces

As Carmel has told you, our hearts are heavy with the passing of Gloria Filby, for many years an active member and reader. Gloria always expressed her beliefs, and did her best as a member of our congregation. The fact she was a Life Member speaks for that. Although she has not been able to attend for some time, she will be sadly missed.

3rd November at 10am has been decided to refurbish our library, and make books available to members. New cards, and further sorting of relevant books will take place, and you are asked to attend and assist Ivo to get things back into shape. Light lunch will be available, so do come along and assist.

Shirley's workshop, as always was a great success, with high praise on Facebook. We are gradually learning more about Facebook, and are delighted we are having over 400 visit a week. It seems the key is to be constantly presenting new items, and as such a number can be found by keen posters, we hope to continue this. Let me have any suggestions, we are keen to improve even more! Thanks to Lozzie and Sonya.

Yvonne Gibson, who is usually seen at our 7pm service is at present undergoing hospital treatment at the Mater. She is looking forward to a trip home, before a further regimen of treatment is organised. We wish you well, Yvonne, and look forward to your return to us. You are included in our meditation and prayer.

December newsletter will have details of the Christmas break for Circles. It is planned for our final service to be 3pm 23rd. December followed by a Christmas afternoon tea together.

It's Not What You Gather, But What You Scatter That Tells What Kind Of Life You Have Lived

It is necessary to sort out the difference between blame and responsibility. Affixing blame leaves you stewing where you are. Taking responsibility moves you forward in life.

Not taking responsibility is accumulative. Not taking responsibility blocks your energy. You don't get rid of responsibility by foisting blame on another, or on the world, or on fate, or anything at all. Contrary to what you may think, taking responsibility is a great key in the world. When you take responsibility, you do not blame anyone. Taking responsibility is not blaming yourself. It is not blaming anyone. It is taking responsibility. Taking responsibility moves life right along.

This is a marvellous thing, to take responsibility. It is a great discovery. It is a great secret to life. No one gets away with anything.

Blame comes from fear. Responsibility forges ahead. Blame refuses responsibility.

If a child in school doesn't learn, the teacher is responsible. The child is responsible. Each child in the class is responsible. Responsibility is perhaps another word for .sharing. Certainly, responsibility is something shared. To say that the child who doesn't learn is lazy is a way of foisting blame. The child may be lazy, yet there is more to his learning or not learning than laziness. Consider that everyone is responsible for the child's laziness as well as for the child's learning. Life is lighter when everyone takes responsibility.

When someone carries a heavy package, and you help, the weight is cut in half. When someone carries a heavy package, and you pass by the opportunity to help, you also carry the weight. Better to go the distance. Help others on your way.

HOW OLD IS GRANDMA?? .Read to the end for the answer!

Stay with this -- the answer is at the end. It will blow you away.

One evening a grandson was talking to his grandmother about current events. The grandson asked his grandmother what she thought about the shootings at schools, the computer age, and just things in general.

The Grandmother replied, "Well, let me think a minute, I was born before:

' television penicillin polio shots frozen foods Xerox contact lenses Frisbees and the pill

There were no: credit cards laser beams or ball-point pens

Man had not yet invented: pantyhose air conditioners dishwashers clothes dryers and the clothes were hung out to dry in the fresh air and man hadn't yet walked on the moon

Your Grandfather and I got married first, and then lived together. Every family had a father and a mother.

Until I was 25, I called every man older than me, "Sir."

And after I turned 25, I still called policemen and every man with a title, "Sir."

We were before gay-rights, computer-dating, dual careers, daycare centers, and group therapy.

Our lives were governed by the Ten Commandments, good judgment, and common sense.

We were taught to know the difference between right and wrong and to stand up and take responsibility for our actions.

Serving your country was a privilege; living in this country was a bigger privilege.

We thought fast food was what people ate during Lent.

Having a meaningful relationship meant getting along with your cousins.

Draft dodgers were those who closed front doors as the evening breeze started.

Time-sharing meant time the family spent together in the evenings and weekends -not purchasing condominiums.

We never heard of FM radios, tape decks, CD's, electric typewriters, yogurt, or guys wearing earrings.

We listened to Big Bands, Jack Benny, and the President's speeches on our radios.

And I don't ever remember any kid blowing his brains out listening to Tommy Dorsey.

If you saw anything with 'Made in Japan ' on it, it was junk.

The term 'making out' referred to how you did on your school exam.

Pizza Hut, McDonald's, and instant coffee were unheard of.

We had 5 & 10-cent stores where you could actually buy things for 5 and 10 cents.

Ice-cream cones, phone calls, rides on a streetcar, and a Pepsi were all a nickel.

And if you didn't want to splurge, you could spend your nickel on enough stamps to mail 1 letter and 2 postcards.

You could buy a new Ford Coupe for \$600, but who could afford one? Too bad, because gas was 11 cents a gallon.

In my day: "grass" was mowed, "coke" was a cold drink, "pot" was something your mother cooked in and "rock music" was your grandmother's lullaby.

' "Aids" were helpers in the Principal's office, "chip" meant a piece of wood,"hardware" was found in a hardware store and. "software" wasn't even a word.

And we were the last generation to actually believe that a lady needed a husband to have a baby.

No wonder people call us "old and confused" and say there is a generation gap.

How old do you think I am? I bet you have this old lady in mind. You are in for a shock!

Read on to see -- pretty scary if you think about it and pretty sad at the same time.

Are you ready?????

This woman would be only 59 years old, Born in 1952.

GIVES YOU SOMETHING TO THINK ABOUT.

PASS THIS ON TO THE OLD ONES... THE YOUNG ONES WOULDN'T BELIEVE IT.

Grins and Snickers

I was in the six item express lane at the store quietly fuming.

Completely ignoring the sign, the woman ahead of me had slipped into the check-out line pushing a cart piled high with groceries.

Imagine my delight when the cashier beckoned the woman to come forward, looked into the cart and asked sweetly, "So which six items would you like to buy?"

Wouldn't it be great if that happened more often?

Because they had no reservations at a busy restaurant, my elderly neighbour and his wife were told there would be a 45-minute wait for a table.

"Young man, we're both 90 years old," the husband said.

"We may not have 45 minutes." They were seated immediately.

.....

All eyes were on the radiant bride as her father escorted her down the aisle. They reached the altar and the waiting groom, the bride kissed her father and placed something in his hand.

The guests in the front pews responded with ripples of laughter.

Even the priest smiled broadly.

As her father gave her away in marriage, the bride gave him back his credit card.

Are You Trying To Save the World? by John Cali

Lately, for whatever reason, I've been hearing a lot from folks having a tough time with what's happening on our planet today—the wars, corruption, financial collapses, crime, etc. etc. They feel lost and lonely, despairing of ever being able to change things for the better. Is our world going to hell in a hand basket? Is there any light at the end of the tunnel? Here's Spirit.

Spirit

You did not come to this lifetime to right the wrongs of the world.

First, there is nothing “wrong” with your world. Obviously there are events and circumstances many of you would like to see changed. But you are not the world's saviour—you are not its white knight in shining armour.

You came to this world to participate fully in whatever experiences you've chosen to create.

The same is true of everyone else on the planet. You are here to create your own life experiences and to co-create with others whatever experiences you choose to share with each other.

If others choose to create experiences you consider negative or “bad,” so be it.

That is their right.

You cannot judge another's experiences, choices, or intentions.

You can only allow them. If you do not allow them you will drive yourself crazy.

If you do not seek your own happiness in whatever life experiences you have created you will never be able to help others find their own happiness.

The only place from which you can help others is that centred place of peace and power within you

Seek your own happiness first. Then you will be empowered to help those whose lives are difficult and dark.

You will never be able to help anyone on this planet by taking on their pain and sorrow.

Be happy. Have fun. Then help others do the same by setting the example, the energy, and the vibration which will empower them.

You cannot do for them what you are not willing to do for yourself.

Conversations with Spirit and John Cali <http://www.greatwesternpublishing.org/blog/>

In a crowded city at a busy bus stop, a woman who was waiting for a bus was wearing a tight leather skirt. As the bus stopped and it was her turn to get on, she became aware that her skirt was too tight to allow her leg to come up to the height of the first step of the bus.

Slightly embarrassed and with a quick smile to the bus driver, she reached behind her to unzip her skirt a little, thinking that this would give her enough slack to raise her leg.

Again, she tried to make the step only to discover she still couldn't. So, a little more embarrassed, she once again reached behind her to unzip her skirt a little more.

For the second time, attempted the step, and, once again, much to her chagrin, she could not raise her leg. With little smile to the driver, she again reached behind to unzip a little more and again was unable to make the step.

About this time, a large Texan who was standing behind her picked her up easily by the waist and placed her gently on the step of the bus.

She went ballistic and turned to the would-be Samaritan and screeched, "How dare you touch my body!

I don't even know who you are!" The Texan smiled and drawled, "Well, ma'am, normally I would agree with you, but after you unzipped my fly three times, I kinda figured we was friends."

The IRISH 999 CALL

An Irish woman is cleaning her husband's rifle and accidentally shoots him. She immediately dials 999.

Irish woman: "It's my husband! I've accidentally shot him! I've killed him!"

Operator: "Please calm down Mam. Can you first make sure he is actually dead!"

click* .. *BANG

Irish woman: "Okay, I've done dat What next?"

COLOUR PSYCHOLOGY

The Psychology of Colour is involved with our human response to different colours. Some we like, some we dislike. At different times in our lives we are attracted to different colours which relate to our emotional and physical needs at the time.

Interest in Colour Psychology began in 1947 when Dr. Max Lucher devised a psychological test which used the four 'psychological primaries'. Clients were asked to choose the colours in order of preference. From these choices Dr. Luscher was able to find the client's psychological response and needs.



Many other tests have been devised since then and it is amazing how accurately Colour can point to our emotional and physical needs. Think for a moment of THE colour which attracts you at this time. Not necessarily a colour you wear, but one which attracts your attention each time you see it. Like Yellow daffodils or a red car, or a blue sky or the green of the forest.

The colour you love at the moment could be a shade (with black added) or a tint (with white added). Or a variation of the original 'hue' (pure colour) with the addition of another colour eg Red with a small amount of Yellow is Scarlet, or with a small amount of Brown is Russet.

Variations in colours relate to variations in your emotional needs. So it is difficult to 'say' what colours you like. It important to see it or draw it. As each of us picks up colour vibrations from the cones in our eyes, each of us will see colours slightly differently. Take note of the satisfaction or upliftment you feel when you gaze upon this colour. We often 'love' one colour for months or years and suddenly replace it with another.

Once you study the Psychology of Colour you can tap into your own and others needs. This in turn can allow you to understand your own needs and that of your family, friends and partners.

Each colour has many different qualities. RED energy/passion/ can 'switch' you on.

BLUE calm/peaceful, can 'switch' you off. YELLOW intellectual/joy. GREEN nature/healing

PURPLE power/authority PINK love/soothing TURQUOISE communication from the heart.

ORANGE relationships/social. What COLOUR do YOU need at the moment?

~~~~~  
A pirate walks into a bar, and the bartender said, "Hey, I haven't seen you in a while. What happened? You look terrible."

"What do you mean?" said the pirate, "I feel fine.

"What about the wooden leg? You didn't have that before."

"Well," said the pirate, "We were in a battle, and I got hit with a cannon ball, but I'm fine now."

The bartender replied, "Well, OK, but what about that hook? What happened to your hand?"

The pirate explained, "We were in another battle. I boarded a ship and got into a sword fight.

My hand was cut off. I got fitted with a hook but I'm fine, really."

"What about that eye patch?"

"Oh," said the pirate, "One day we were at sea, and a flock of birds flew over. I looked up, and one of them pooped in my eye."

"You're kidding," said the bartender. "You couldn't have lost an eye just from bird droppings

"It was my first day with the hook." ...

.....  
"How far you go in your life depends on your being tender with the young,  
compassionate with the aged,  
sympathetic with the striving,  
and tolerant of the weak and strong.

Because someday in your life you will have been all of these."

~

George Washington Carver

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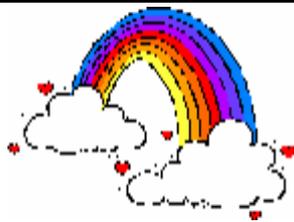
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