

MAY 2013

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	14th May
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	9am to 1pm	\$25 Entry by side door	Readings
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome
New Circle Friday morning	9am-10am	Saanvi	Circle

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,



Well Autumn has arrived, the warm coats are out of the cupboards, but I notice the trees are in no hurry to drop their leaves.

Must be the result of our "indian summer".

No matter how cold, wet and miserable it may get in the coming months, you are always assured of a warm welcome at Swan Street. As always our programme is constantly changing, and for those interested, a new point of view, or workshop can open a whole new learning experience. Some times we need to go "outside the square," and check out "new things". A fresh perspective can be refreshing, can even reinforce our core beliefs.

An interesting line up of speakers this month, and thanks to those members prepared to chair meetings. This is an important position, indeed, they have the responsibility of the smooth running of our services, including the readings, choice of music and of course introducing the guest speaker. The chairperson is able to call upon members, should it be necessary, and ask readers to come forward where warranted to help with the flower readings. They have the responsibility of the smooth running of services. So a personal "thank you" to those members who chair services. As I have reminded you before, we have no paid staff, entire Church is organised and run by volunteers, some committee, others who willingly give a hand along the way.

As always, at this "changing" time of year seasonal colds and even flu are taking their toll. I urge you all to take care of your health, you have no greater gift, and indeed a duty to "care for yourself."

Jo Burgess has taken over the position of booking speakers and chairpersons, so please share with Jo any suggestions you have, this is not always an easy job, and your input is appreciated. Robyn has stood down to devote herself to full time care of grandchildren, she will still come along to services, although she has stood down from committee.

A timely reminder, annual subs are now due. Please place your fees in an envelope with your details on the front, and place it in the safe, or hand it to your Circle leader.

Looking forward to seeing you in Church,

Carmel Colquhoun President

Have you given someone your smile?

Have you shared your laughter?

How about a hug?

PROGRAMME FOR MAY 2012

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIRPERSON</u>
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<u>4th May</u>	Workshop with Rosie Connor 10am-4pm	\$60
	Introduction for beginners Psychic development	

5th May

3pm	Susan Glyn	Anona Unicom
7pm	Phil Trevillian	Charles Freeman

12th May

3pm	Grant Truewhena	Jo Burgess
7pm	Marcia Parkes	Charles Freeman

19th May

3pm	Spider Ward	Ivo Van Emmerik
7pm	Rosie Connor	Marcia Parkes

25th May

2pm-4pm	Workshop with Saanvi (Sylvie) \$25	
	“Joy through the power of the Knowledge” see notice on board.	

26th May

3pm	Rose Mayhew	Krystyna Johnson
7pm	Charles Freeman	Maree Miller

Once again a great mix of speakers, and two very different workshops. All of this month's speakers have visited before, and we welcome them back. Sadly I have lost details of their addresses, but am sure you will learn something from each and every one.

Our President Carmel Colquhoun has asked me to mention that a Dedication Day will be arranged for those members wishing to be “dedicated to Spirit.” This takes the form of a ceremony, the giving of a “spirit name” and a keepsake certificate.

Please speak to Carmel if you wish to take part

The time has rolled around for payment of Annual dues. \$10 or \$5 cons. Please place your money in an envelope, with your name and address on it, and leave it in the safe, or hand it to your Circle leader to put into the safe.

Bits and pieces

Since my last newsletter I was lucky enough to travel to New Zealand to enjoy a week's cruise on the Bay of Islands. Didn't think I would be able to travel, but figured that a short flight, three hours and an English speaking country should be fairly safe. It was wonderful. Just like being part of a picture on a postcard. It really is a beautiful country. Almost as good as Oz

We have lots of interesting happenings at Swan Street, two workshops this month. Both new and interesting.

Rosie Connor 4th May "Beginner's Introduction to Psychic Development"

10am-4pm Cost \$50. Check notice board as numbers are limited.

Saanvi (Sylvie) 25th May..2pm-4pm Cost \$25

"Joy through the power of the knowledge." will develop the awareness and skills of our divine strength by experimenting some subjects such as breath, sounds, mantras, the arts and tarot, or cards and Thoughts. Saanvi hopes to hold follow up workshops every three months to check the use of these empowerment techniques. Please book on noticeboard if you wish to attend. Friday morning Circle with Saanvi will continue 9am-10am.

What is Celibacy?

Celibacy can be a choice in life, or a condition imposed by circumstances.

While attending a Marriage Weekend, my wife and I, listened to the instructor declare, 'It is essential that husbands and wives know the things that are important to each other..'

He then addressed the men

'Can you name and describe your wife's favourite flower?'

I leaned over, touched my wife's hand gently, and whispered, 'Self-raising, isn't it?'

And thus began my life of celibacy...

It seems the jokes are an important part of our newsletter. More members tell me they enjoy the jokes than ever mention the articles, so I will keep including the jokes. Thanks to those who regularly send me items for inclusion, some months I have too many, others I am searching for a scrap of wisdom to include.. Thanks also to Shirley for sharing her interesting blog.

Paddy and Mick were walking along a street in London . Paddy looked in one of the shop windows and saw a sign that caught his eye. The sign read, "Suits £5.00 each, Shirts £2.00 each, trousers £2.50 per pair".

Paddy said to his pal, "Mick look at the prices! We could buy a whole lot of dose and when we get back to

Ireland we could make a fortune.

Now when we go in you stay quiet, okay? Let me do all da talking 'cause if hey hear our accents, they might think we're Thicko's from Ireland and try to screw us.. I'll put on my best English accent."

"Roight y'are Paddy, I'll keep me mouth shut, so I will. You do all da business" said Mick.

They go in and Paddy said in a posh voice, "Hello my good man. I'll take 50 suits at £5.00 each, 100 shirts at £2.00 each, and 50pairs of trousers at £2.50 each. I'll back up me truck ready to load 'em on, so I will."

The owner of the shop said quietly, "You're from Ireland , aren't you?" "Well yes," said a surprised Paddy.

"What gave it away?"

The owner replied, "This is a dry-cleaners."

Keep smiling.....Alva

Why Go to Church? One Sunday morning, a mother went in to wake her son and tell him it was time to get ready for church, to which he replied, "I'm not going."

"Why not?" she asked.

"I'll give you two good reasons," he said. "(1), they don't like me, and (2), I don't like them."

His mother replied, "I'll give you two good reasons why you SHOULD go to church:

(1) You're 59 years old, and (2) you're the pastor!"

The Picnic A Jewish Rabbi and a Catholic Priest met at the town's annual 4th of July picnic. Old friends, they began their usual banter.

"This baked ham is really delicious," the priest teased the rabbi. "You really ought to try it. I know it's against your religion, but I can't understand why such a wonderful food should be forbidden!

You don't know what you're missing. You just haven't lived until you've tried Mrs. Hall's prized Virginia Baked Ham. Tell me, Rabbi, when are you going to break down and try it?"

The rabbi looked at the priest with a big grin, and said, "At your wedding."

Goat for Dinner The young couple invited their elderly pastor for Sunday dinner. While they were in the kitchen preparing the meal, the minister asked their son what they were having.

"Goat," the little boy replied.

"Goat?" replied the startled man of the cloth, "Are you sure about that?"

"Yep," said the youngster. "I heard Dad say to Mom, 'Today is just as good as any to have the old goat for dinner.' "

Lord, keep Your arm around my shoulder and your hand over my mouth.

An excerpt from The Road to Happiness by Mac Anderson and BJ Gallagher

When I travel on business, I like to talk to the taxi drivers who take me from the airport to my hotel, or to a convention centre, or to a restaurant. Taxi drivers are often immigrants with interesting personal histories and

unusual cultural backgrounds. I ask them how long they've been in America, how they chose which city to live in, and what they like best about where they live. Of course, I also ask them for advice on good local restaurants and any special attractions they'd recommend to a visitor. I've had some great experiences on my travels, thanks to the advice of taxi drivers!

On one trip about ten years ago, I was making conversation with the taxi driver, asking him my usual questions about how he came to live where he lived. Then I asked him a hypothetical question: "If you could live anywhere in the world—and if money was no object—where would you live?"

Without hesitating even for a second, he replied, "I live in my heart". So it really doesn't matter where my body lives. If I am happy inside, then I live in paradise, no matter where my residence is."

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Anyway: The Paradoxical Commandments by Kent M. Keith

People are often unreasonable, illogical and self centred; Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives; Be kind anyway.

If you are successful, you will win some false friends and some true enemies; Succeed anyway.

If you are honest and frank, people may cheat you; Be honest and frank anyway.

What you spend years building, someone could destroy overnight; Build anyway.

If you find serenity and happiness, they may be jealous; Be happy anyway.

The good you do today, people will often forget tomorrow; Do good anyway.

Give the world the best you have, and it may never be enough;

Give the world the best you've got anyway.

You see, in the final analysis, it is between you and your God;

EASTER AND JESUS



I am not a Catholic, or a Church of England or a Baptist. I was told I was a Prespiterian, but I could not write that down as I could never figure out how to spell it. My religious training was one visit to a Sunday School meeting. I saw my friends going to Sunday School and thought I might like to try it. I asked my mum and she said "go ahead, if you like it you can go, if not don't go". So I tried it and was not impressed and that was the end of my religious training.

Growing up I did not like all the rules and dogma I saw at Churches, but when a friend of mine finally got me to a Spiritualist Church and I saw their principles, specially Personal Responsibility I felt I had come home. This was helped by the fact that Marcia, who had been on the platform that night healed my stiff neck and in the next six weeks healed a rash on my legs that had been there for 20 years. The doctors said it was incurable. I thought " there really must be something in this Spiritual stuff" and I still think that twenty years later.

Easter now seems to be all about holidays and chocolate eggs. But really Jesus is the reason for the season. I have been writing lots of articles about the New Era we are living in now since the end of the Mayan Calendar in 2012. What has been reported about Jesus was that he was trying to get over the same message as we are getting again now Love and acceptance. Because he was the person who was at the beginning of the Piscean Age (the age of Sacrifice) Jesus brought this message to us through sacrifice. Now, we are entering into the Aquarian Age (the age of acceptance) this message is being brought to us by many beautiful people and many situations.

It is time now to follow Jesus's message of Love and acceptance in a new way. Not by sacrificing our own personality for ideas that have been handed down from the Piscean Age but to use the knowledge and progress that mankind has made over the years to look at life in a different way, appreciating the wonderful body that we have been given and the wonderful country we live in. We need to stop criticising and judging and start to really look at others. Just because other people and other countries have different ideas to us does not mean that they are wrong. Acceptance brings tolerance and those two things could stop many disagreements and heartaches and wars.

I would like to add to this something about my Mum. She was a kind lady, who thought that kindness was the very best characteristic anyone could have. She never raised her voice and always supported me and my sister and brothers to do the things that we loved to do. She was rather concerned about my interest in Spiritualism but accepted that this was who I was. I think that she was carrying out the teachings of Jesus although she never went to Church but was loved by all who knew her.

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A lot of folks can't understand how we came To have an oil shortage here in Australia. Well, there's a very simple answer. Nobody bothered to check the oil. We just didn't know we were getting low. The reason for that is purely geographical. Our OIL is located in Bass Strait East Queensland Shale Fields Canning Basin Perth Basin & North-West Continental Shelf

.....
~Our DIPSTICKS are located in Canberra!!!
Any questions??? I THOUGHT NOT.

You are connected to the collective unconscious. You tap into the source from time to time, some people more often than others. How do you step into the flow? To start with, you must believe that your natural abilities have never left you. They have just gone dormant, waiting for you to step back into the flow again. Stepping into the flow and connecting to source can be achieved in different ways, include meditation, yoga, listening to music, connecting to nature. You are special, unique and individual and so will be the expression of your gifts. Start with the abilities you already recognize within yourself and grow from there.

A highly sensitive person (HSP) is a person having the trait of high sensory processing sensitivity (or innate sensitiveness) as Carl Jung originally coined it. According to Elaine N. Aron and colleagues as well as other researchers, highly sensitive people, who comprise about a fifth of the population (equal numbers in men and women), may process sensory data much more deeply and thoroughly due to a biological difference in their nervous system (Wikipedia).

An Empath, goes a bit further (Wikipedia), by observing another person's emotional state, activates parts of the neuronal network involved in processing that same state in oneself, whether it is disgust, touch, or pain. Empaths have the ability to scan another's energy for thoughts, feelings and possibly for past, present, and future life occurrences.

Clairsentience:

You can feel or sense a person's emotional layers and physical ailments through your Heart Chakra. Tuning in and learning to listen to your body's response to things can be challenging. There is no visual experience attached, this is about actually "Feeling" something. Clairsentients feel or sense how another person is emotionally and at times, physically. Untrained empaths tend to take on other's feelings as their own; learning how to control this ability is a necessity for your health and well-being. Thus inner work and healing must be done first, so that you are strong and have the awareness to help others without the attaching to their emotions.

Before you can use your gifts to help others you must master:

Shielding and protection from other's energy.

How to cleanse your energy field.

How to recognize what belongs to you and what belongs to someone else.

Clairaudience:

You are hearing a voice from your higher self or from Spirit. This clair is about listening after you ask a question. You have the answer. You just have to learn to listen to the voice that can guide you. Hearing in this way is quieter than hearing someone in the physical it can be very quiet like a thought or it can be loud, as if someone is standing in front of you.

If clairaudience is one of your natural intuitive gifts, your higher self and spirit guides will use mostly clairaudient means to communicate with you.

Claircognizance:

Clear Knowing This is when you just know something, without any evidence. This is most frequent among men. It is a sense of just knowing what it going on, you have an inherent sense that you're right but you can't explain it. This clair can be hard to distinguish, for there is no emotion attached as there is with clairsentience. The information, the knowing, is often brushed off as logic. A developed claircognizant can predict future events beyond the scope of time.

Clairvoyance:

Clear seeing This clair is the ability to see past, present, future events, and angels, spirits, deceased persons, visions, past lives etc. by using our third eye. Images presented in your mind's eye can be difficult to describe since it seems to vary between people. It may be described as seeing a movie, or a series of pictures strung together, others get flashes of images and symbols. The picture and the meaning are unique to the person having the vision. This is why it's challenging to try to interpret a vision or even a dream for someone else. Its easy to dismiss clear seeing as just our imagination, daydream or seeing something in the corner-of-our-eye. If your third eye is opening up after being dormant, it will need a little time to get up and running again. Strengthen clairvoyance by: Regular meditation Connecting with your spirit guides Keep a journal of your daydreams and any visual thoughts and see if they have a hidden message or are events that come to pass.

Work with the abilities you already recognize and be aware of others that seem to be dormant. There are many books on the subject and some awesome teachers that are easily accessible. The unseen world is all around. You are connected and can tap into it at will, through practice and developing your gifts.

Source: <http://networkedblogs.com/Kjhns> *

I Can see how it might be possible for a man to look down upon the earth and be an atheist, but I cannot conceive how he could look up into the heavens and say there is no God.....Abraham Lincoln

1. You cannot bring about prosperity by discouraging thrift.
2. You cannot help small people by tearing down big people.
3. You cannot strengthen the weak by weakening the strong.
4. You cannot lift the wage earner by pulling down the wage payer.
5. You cannot help the poor person by destroying the rich.
6. You cannot keep out of trouble by spending more than your income.
7. You cannot further the brother- and sisterhood of humankind by inciting class hatred.
8. You cannot establish security on borrowed money.
9. You cannot build character and courage by taking away people's initiative and independence.
10. You cannot help people permanently by doing for them what they could and should do for themselves

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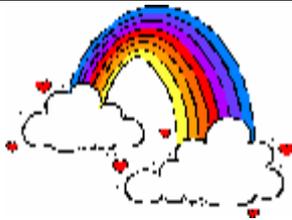
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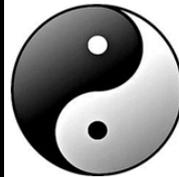
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