

MAY 2015

Newcastle Spiritualist Church Inc



3 Swan Street
Off Darby Street via Queen Street

P.O. Box 2251, Dangar 2309
Phone 02 4926 3402



DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	**7pm**	12th May
WEDNESDAY	11am-2.30pm	Yvonne Warren & Joanne Jo Burgess	Meditation/Development
	7.30pm-9pm		Meditation/Development
THURSDAY	Readings \$25	Side entry, down drive	8.30-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services. All welcome
SATURDAY	COFFEE CLUB 16th May	2pm-4pm	\$6 Donated to Kids' Club John Hunter Hospital.
	Bendy Yoga with Jim	7.45am-9am	\$5 members \$10

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the*

Greetings,

Well Winter has arrived, leaving us with an April we are unlikely to ever forget.

Such storms and unimaginable damages, with loss of life. A reality check for us all., to assess just what really "matters" Trust you did not fare too badly, and are now assessing what we can each do.

With one third of the year gone, the air-conditioning temperature has been adjusted for Winter, and fans reversed. Please remember when the air con is switched on, it takes a while to warm everything up. Be patient

Planning is on track, with final details of our "Hi Tea's "visit to Tomago House finalised. Do bring your cameras, they are rumoured to have four resident Spirits! Please finalise payment, if you have booked.

Our Retreat is fully booked, Tocal roads have suffered some damage in the storm, but all systems will be go by time we will be visiting.

Numerology Workshop this month, details inside. Opportunity to learn just how your Birth date affects your life, and how you can make the most of opportunities. Shirley can show us so much.

Our website is experiencing a problem so far Face book is OK. It may be necessary to temporarily close website, we are working on correcting web site, so be patient.

Till next month

*Charles Freeman
President.*

ANNUAL SUBSCRIPTIONS

PLEASE NOTE, IT IS TIME TO PAY OUR ANNUAL SUBSCRIPTIONS

\$10. If you hold a concession card \$5

This gives you 12 monthly newsletters, and access to our extensive Library.

Our Treasurer, Marcia asks that your money is placed in an envelope with your full details and handed to your Circle leader or Committee member. Please, do not let it take months. Lets pay it now!

PROGRAMME FOR MAY 2015

<u>DATE</u>	<u>SPEAKERS</u>		
<u>3rd May</u>			
3pm	Peter Madden	Chair	Marcia Parkes
7 pm	To be advised.		
	Chair Maree Miller		
<u>10th May</u>			
3pm	Rosie Connor	Chair	Anona Unicombe
7pm	Charles Freeman	Chair	Marcia Parkes
<u>17th May</u>			
3pm	Shirley Darby	Chair	Carmel John
7pm	Marcia Parkes	Chair	Maree Miller
<u>24th May</u>			
3pm	Rose Mayhew	Chair	Marcia Parkes
7pm	Lyn & Peter	Chair	Charles Freeman
<u>30th May</u>	<u>NUMEROLOGY WORKSHOP WITH SHIRLEY DARBY. \$60</u>		
<u>31st May</u>			
3pm	Adam Price	Chair	Jo Burgess
7pm	Susan Glynn	Chair	Charles Freeman

.....
 Peter Madden works with John of God, both here and in Brazil. He loves to share his knowledge of the work of this amazing man.

Rosie Connor Medium. Rosie holds classes on Mediumship here at Swan Street.

Charles Freeman is our President, member of many years, with great deal of experience.

Shirley Darby our well known Astrology teacher and Colour Therapy teacher. Writer of a monthly Blog for our newsletter. A workshop with Shirley coming up

Marcia Parkes, Medium and Church Treasurer

Rose Mayhew well known Medium makes a welcome return to Platform.

Lyn & Peter from Tasmania will be our Speakers

Adam Price returns to tell us of his journey, and perhaps sing a song!

Susan Glynn Healer who works with Energy is always a welcome speaker.

*We have enough people who tell it like it is=
 Now we could use a few who tell it like it can be.*

Robert Orben

This beautiful story has been circulating on Facebook. Unfortunately we cannot trace who wrote such a touching and insightful piece. Nevertheless, we are sharing it to those of who have not read it yet.]

Grandmother Says...

Carrots, Eggs, or Coffee; "Which are you?"

A young woman went to her grandmother and told her about her life and how things were so hard for her. She did not know how she was going to make it and wanted to give up. She was tired of fighting and struggling. It seemed as one problem was solved a new one arose. Her grandmother took her to the kitchen. She filled three pots with water. In the first, she placed carrots, in the second she placed eggs and the last she placed ground coffee beans. She let them sit and boil without saying a word. In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in a bowl. Then she ladled the coffee out and placed it in a bowl. Turning to her granddaughter, she asked, "Tell me what do you see?"

"Carrots, eggs, and coffee," she replied. She brought her closer and asked her to feel the carrots. She did and noted that they got soft. She then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, she asked her to sip the coffee. The granddaughter smiled, as she tasted its rich aroma. The granddaughter then asked. "What's the point, grandmother?"

Her grandmother explained that each of these objects had faced the same adversity—boiling water—but each reacted differently. The carrot went in strong, hard and unrelenting. However after being subjected to the boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior. But, after sitting through the boiling water, its inside became hardened. The ground coffee beans were unique, however. After they were in the boiling water they had changed the water.

"Which are you?" she asked her granddaughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg, or a coffee bean? Think of this: Which am I? Am I the carrot that seems strong, but with pain and adversity, do I wilt and become soft and lose my strength? Am I the egg that starts with a malleable heart, but changes with the heat? Did I have a fluid spirit, but after a death, a breakup, a financial hardship or some other trial, have I become hardened and stiff? Does my shell look the same, but on the inside am I bitter and tough with a stiff spirit and a hardened heart? Or am I like the coffee bean? The bean actually changes the hot water, the very circumstance that brings the pain. When the water gets hot, it releases the fragrance and flavour. If you are like the bean, when things are at their worst, you get better and change the situation around you. When the hours are the darkest and trials are their greatest do you elevate to another level?"

— AUTHOR UNKNOWN

Patience

Patience between words are like brother and sister they tell the tale of several kingdoms a long time ago. Of past and present several stories at once if you care to listen. Carefully it is given with full clarity at a subconscious level so developing patience is detrimental for once well being. So it is given between words as is and the letters them selves.

Ivo

N&C VINTAGE TEA AT TOMAGO HOUSE SATURDAY JUNE 20TH

1pm to 5pm with lunch around 1.30pm then tour of home and surrounds. Cost \$20

Lunch is various sandwiches, scones with jam & cream, unlimited tea, coffee and juice.

Charge goes to Tomago House National Trust. Lucky door prize and another for the best hat! If you prefer not to wear a hat, donation of \$2 for John Hunter Kids Club

Where is it? 21 Tomago Road Tomago. Please book now!

Please place your money in envelope, with your details on front, give to facilitator or committee member. Don't delay, we need accurate numbers for this booking.

BITS AND PIECES

Your newsletter is a little late, but measured against all the problems of the last weeks, I am sure you understand. Have heard a little about problems our member have experienced, but compared to what the TV and newspaper brings us, we seem to have fared fairly well. We are also aware of problems with our website...working on it. So many people, assisting so many others, we live in a caring community, and will get back to "normal" with the assistance of "ordinary" people, doing "extraordinary" things, Alva

Coffee Club Report for April.

Well hello again. The Coffee Club members are very grateful for the opportunity to share their thoughts, stories and learning with each other every month. Another wonderful learning session this month. For those who were not there last month they caught up with the topic of Spirit Photography. This month we went further with the subject Pariedolia, (The seeing of faces in objects, mostly nature). Mark brought this subject to the group and most of us had never heard of this word before. Technology is truly wonderful as we can see even though a small version of the iPad videos of faces and animals in nature.

Printed pictures to share around and again more ooh and look at that, the amazing sights that people see. There was plenty of discussion and insight into how and what we saw. Pictures of images in the universe, clouds, trees and even an elephant ear showed a ladies face. This session has enlightened me and I am sure the rest of the group to take more notice of the living spirits that continue to surround us in the very environment that we live. When I look at a leaf, tree, flower, rocks, universe etc. I will give thanks for the beauty not only in the shape, the beauty it brings and the energy it shares but for all living creatures that have brushed or come close to give us the spiritual energies in sight, hearing and touch.

Next Month the group have decided to discuss Psychography or Automatic writing. The group suggested they do some research over the month to see if they have any success with automatic writing which they will bring along. They will also be giving it a trial at next month's Coffee Club in May, Saturday 16th, commencing at 2pm donation \$6. Assunta Martin will be co-ordinating this session as I will be on holidays. We will have to have another session because I would love to give this a go and share with the group.

I look forward to seeing you all plus family and friends at Tomago House in June Saturday 20th at 1.30pm. Remember your payment of \$20 per head has to be in by the 16th May and includes your vintage tea. Remember the more the merrier. Fun afternoon and don't forget to wear a hat for the occasion. 20 people will confirm our booking but many more can attend. From Wikipedia, the free encyclopedia

Automatic writing or psychography is an alleged psychic ability allowing a person to produce written words without consciously writing. The words are claimed to arise from a subconscious, spiritual or supernatural source.[1] Automatic writing as a spiritual practice was reported by Hyppolyte Taine in the preface to the third edition of his "De l'intelligence", published in 1878. Besides "etherial visions" or "magnetic auras", Fernando Pessoa claimed to have experienced automatic writing. He said he felt "owned by something else", sometimes feeling a sensation in the right arm which he claimed was lifted into the air without his will.[2] George Hyde-Lees, the wife of William Butler Yeats, also claimed that she could write automatically.[3]

William Fletcher Barrett wrote that "Automatic messages may take place either by the writer passively holding a pencil on a sheet of paper, or by the planchette, or by a 'ouija board'." [4] In spiritualism, spirits are claimed to take control of the hand of a medium to write messages, letters, and even entire books. Automatic writing can happen in a trance or waking state.[5] Arthur Conan Doyle in his book The New Revelation (1918) wrote that automatic writing occurs either by the writer's subconscious or by external spirits operating through the writer. [6] The Surrealist poet Robert Desnos claimed he was among the most gifted in automatic writing. Some psychical researchers such as Thomson Jay Hudson have claimed that no spirits are involved in automatic writing and that the subconscious mind is the explanation.[7]

That's all for this month and I hope to see many of you pop into the Coffee Club and enjoy the social afternoon with like-minded people. Krys Johnson

The Satnav - by Pam Ayres

I have a little Satnav,
It sits there in my car
A Satnav is a driver's friend,
it tells you where you are.
I have a little Satnav,
I've had it all my life
It's better than the normal ones,
My Satnav is my wife (husband!)
It gives me full instructions,
Especially how to drive
"It's sixty miles an hour", it says,
"You're doing sixty five".
It tells me when to stop and start,
And when to use the brake
And tells me that it's never ever,
Safe to overtake.
It tells me when a light is red,
And when it goes to green
It seems to know instinctively,
Just when to intervene.
It lists the vehicles just in front,
And all those to the rear
And taking this into account,
It specifies my gear.
I'm sure no other driver,
Has so helpful a device
For when we leave and lock the car,
It still gives its advice.
It fills me up with counselling,
Each journey's pretty fraught
So why don't I exchange it,
And get a quieter sort?
Ah well, you see, it cleans the house,
Makes sure I'm properly fed
It washes all my shirts and things,
And keeps me warm in bed!
Despite all these advantages,
And my tendency to scoff,
I only wish that now and then,
I could turn the b***** off.

Four old retired guys are walking down a street in Cooktown.
They turned a corner and see a sign that says, Old Timer's Bar
– **All drinks 10 cents!**

They look at each other and then go in, thinking this is too good to be true. The old bartender says in a voice that carries across the room, "Come on in and let me pour one for you! What'll it be, Gentlemen?"

There seemed to be a fully-stocked bar, so each of the men ask for a martini. In short order, the bartender serves up four iced martinis.. shaken, not stirred, and says, 'That'll be 10 cents each, please'.

The four men stare at the bartender for a moment. Then look at each other. They can't believe their good luck. They pay the 40 cents, finish their martinis, and order another round. Again, four excellent martinis are produced and the bartender again saying, 'That's 40 cents, please..'

They pay the 40 cents, but their curiosity is more than they can stand. They have each had two martinis and so far they've spent less than a dollar. Finally one of the men says, 'How can you afford to serve martinis as good as these for a 10 cents each?'

'I'm a retired tailor from Sydney,' the bartender said. 'And I always wanted to own a bar. Last year I hit the Lottery for \$25 million and decided to open this place. Every drink costs 10 cents: wine, liquor, beer, it's all the same'.

'Wow! That's quite a story', says one of the men. The four of them sipped at their martinis and couldn't help but notice seven other people at the end of the bar who didn't have drinks in front of them, and hadn't ordered anything the whole time they were there. One man gestures at the seven at the end of the bar without drinks and asks the bartender, 'What's with them?'

The bartender says, 'Oh, they're all grey nomads from the caravan park, waiting for happy hour when drinks are half price'.

.....
..A woman and her husband interrupted their vacation to go to the dentist. "I want a tooth pulled, and I don't want any pain killers because I'm in a big hurry," the woman said.

"Just extract the tooth as quickly as possible, and we'll be on our way".

The dentist was quite impressed. "You're certainly a courageous woman," he said. "Which tooth is it?"

The woman turned to her husband and said, "Show him your tooth, dear".

70 is the NEW 50.

People seem to be living longer now and looking younger. We have had so many advances in medical treatments and there are so many vitamins and minerals available, as well as a knowledge of healthy foods.

Older people are encouraged to look after their bodies and work with things like Yoga or Tai Chi. Every day on the tele. we can see the newest creams and treatments that take away our facial lines etc.

The saying is that seventy is the new fifty. People are now comfortable with activities that were not considered appropriate for older people years ago. People are being encouraged to join places such as the Third Age where they can expand their mind and learn new things as well as giving their own knowledge to others.

Where is this all going? We are starting to use the second level of the Aura that surrounds us. The first layer relates to the colour Red, and that connects to all the seven Chakras we know about. All of these Chakras have 'rules' that we are taught to live up to. The Red/Root Chakra is connected with our need to 'fit in' with society. We feel that we 'must' fit in with our family, friends and social expectations. We even feel that we must have an 'acceptable' body shape to be accepted. When we feel we cannot live up to these expectations we often have problems in our lower body and often put on a lot of weight.

The second Orange/Sacral Chakra is connected with our need to be accepted in relationships. When this does not happen we often develop problems in the area containing the sexual organs.

The third Yellow/Solar Plexus Chakra is connected to our need to express our own will power. When we are stopped from expressing our own will power we can get rashes or digestive problems.

The fourth Green/Heart Chakra is connected to how we give and receive love. When we do not get the love we want we can have heart or lung problems.

The fifth Blue/Throat Chakra is connected with our self expression (talking, singing, writing etc.) If we are stopped (or are not allowed) to express ourselves we develop tight throat, mouth, shoulders etc.

The sixth Indigo/Third Eye Chakra is connected with accepting our own intuition. If we do not do this (or are not allowed to) we can suffer from eye problems or headaches.

The seventh Violet/Crown Chakra is our connection with the messages that our Guides and Angels send us. If we do not accept these messages or ignore them we can have Migrane headaches or even worse, mental problems.

Now that we are starting to connect with the Second /Orange layer of the Aura (Orange being the colour of Relationships) there are Chakras being seen between our usual ones. Between Red and Orange there is a Red/Orange one (bringing more strength into relationships.)

Between the Orange and Yellow Chakra there is a Gold one (placed in front of the belly button) that we are using to connect back to our source.

Between the Yellow and Green Chakra there is a Lime Green one (a new flame burning in the chest indicating getting ready for new growth)

Between the Green and Blue Chakras there is a Turquoise one (in front of the Thymus) It is about speaking from the heart. This was the first of the New Chakras that was noticed. It is most important as it is to do with the NEW energy of speaking and expressing yourself from the heart. Rather than having to follow the rules of the Red energy.

Between the Blue and Violet Chakras there is a Magenta one. It is placed beside the ear in order that we start to 'listen' and 'accept' the views and opinions of others. It is also connected with our increasing ability to look into the future.

With this new energy and technology available to us we should probably live WELL to an older age.

As the population grows because there will be so many of us, hopefully science can find ways to make all the huge unused places of the earth productive. When the earth gets totally filled up I hope by then scientists will have found a way to take us to another planet! FROM Shirley's Blog

NUMEROLOGY WORKSHOP WITH SHIRLEY

SATURDAY 30TH MAY

10AM-4.30PM

\$60

deposit \$10

If you would like to attend this workshop, please place your non refundable deposit of \$10 in envelope supplied by Shirley, (on noticeboard under Shirley's notice) then pass it to Committee member or Circle leader. This will ensure your booking. Previously people have booked for workshops with Shirley, only to find they were unable to attend,. Shirley provides written notes etc for her workshops, and needs accurate numbers. This is a very enlightening Workshop, which has proved invaluable to many Church members. There will be a break for lunch, bring lunch along, or buy it nearby.

Shirley's phone number 40238406



Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 49284656 or email alvad@bigpond.com.au for availability and details.

JENNIFER COTMAN

Psychic Medium

*Communicating with loved Ones
& Reiki
Evening appointments Available*

Ph. 4982 2870

Mob. 0427605 630

email jcotman@bigpond.com

Celebrate the Day!

Lozzie Macey – Registered Marriage
Celebrant

Can help you create the perfect occasion:

Name Givings ◊ Weddings ◊ Commitment Ceremonies

(m) 0416 622 994



David Sumner
Holistic Therapist

Treating the whole person - not just the symptom
Healing, Chronic Fatigue Syndrome, stress management,
preparation for surgery, panic attacks, anxiety,
relaxation, lack of confidence, nightmares, and more.

If you want to make a change in your life, call in confidence

0434 535 444

Spiritual Healing - Hypnotherapy - Understanding

The Royal Society for the Blind

Low vision aids & professional services:

-  Occupational Therapy
-  Social Work
-  Orientation & Mobility
-  Low vision aids
-  Adaptive technology
-  Social groups & programs

(02) 4956 2282



The Royal
Society for
the Blind

151 Lambton Road
Broadmeadow
NSW 2292

www.rsb.org.au
rsbhunter@rsb.org.au

NSW NDIS Provider Registration
Number: 26405704
HACC and DVA Provider



JO BURGESS

Spiritualist–Psychic Medium

Working with Angel Cards, Psychometry, Overheads

Tel: 02 4954 7401
Mob: 0438 430 005

Nature's Flowers of Life™ Flower Essence Remedies
and **Sound Therapy Healing**

SOLARA ZWANEVELD



Healing for Body, Mind, Spirit and Soul
Transforming and Balancing your Daily Challenges
Renewing your Passion & Life Purpose



Phone: 4969 6793 or 0425 217 570
www.FlowersForHealing.com
Email: solara@FlowersForHealing.com