

MAY 2011

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	10th May
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	8.30am-1pm		Readings
FRIDAY	10.30 am-12noon 7.30 pm - 9.00 pm	Marcia Parkes Carmel Colquhoun	Meditation/Development
SATURDAY	JUNE 4TH JUNE 11TH	BODY MIND & SPIRIT DAY ROBERT HAYWOOD W/SHOP	SEE NOTICEBOARD SEE NOTICEBOARD
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome

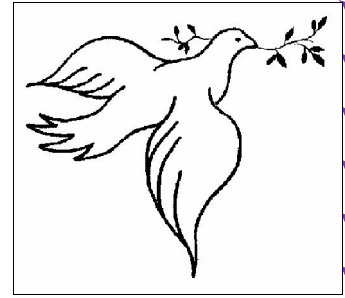
Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,



People everywhere appear to be in the process of rebuilding; their homes, their towns, their shattered dreams, and hopes. Easter seems the very time to look at just what we have, and what we can do with the fresh start given.

On that first Easter, and now in the present, with changes happening around us all, we have been given the ability and knowledge to move forward to a more settled and safer time, more aware of our strengths and at the same time our weaknesses.

Concerns of ways we can ensure our safety and that of those we love, should troubled times (as other areas are living through) hit us, make us aware, and we can be prepared to each ensure we are more ready if called on.

Our Church programme is fairly full for the coming month, and Robyn continues to book a variety of speakers . Remember we would be delighted to see more of our members on the platform, either as speakers or chairpersons. If you would like to contribute this way, speak to me, or Robyn, we would be delighted. Also if you are interested in taking a place on Church Committee I would be delighted to hear from you. Our numbers are down, and we need diverse views and ideas to keep our group from stagnating. Our AGM is in October, but members can join committee in the interim.

Do check out the programme, it presents many different modalities and points of view, reminding us that there is not one road to travel, there are many, each with their own meaning and purpose. As individuals we are free to choose which road is ours, the choice is endless.

Till next time, see you in Church,

Carmel Colquhoun

The spirit for me is the eternal self. And together the mind, the emotional body, and the soul form the energy field that lives within this thing called the human body." ~ Caroline Myss

**May peace break into your home and may thieves come to steal your debts.
May the pockets of your jeans become a magnet for \$100 bills.
May love stick to your face like Vaseline and may laughter assault your lips!
May happiness slap you across the face and may your tears be that of joy
May the problems you had forget your home address!**

**ANNUAL SUBS ARE DUE. PLEASE PLACE YOUR DUES IN AN ENVELOPE WITH YOUR NAME, AND HAND TO YOUR CIRCLE LEADER OR PLACE IN THE SAFE.
\$10 PER ANNUM \$5 TO CONCESSION CARD HOLDERS
YOUR RECEIPT WILL BE SENT TO YOU**

*Be well, stay safe, and SMILE (it makes your face feel good), and if smiles are good, laughs are even better.
It's been said, "You don't stop laughing when you die, you die when you stop laughing!!!"*

PROGRAMME FOR MAY 2011

<u>Date</u>	<u>Speaker</u>	<u>Chairperson</u>
<u>1st May</u> 3pm 7pm	Tuesday Group Carolynn Flynn	Carmel John Charles
<u>7th May</u>	Novice readers	1pm.
<u>8th May</u> 3pm 7pm	Shirley Darby Glen Savage	Ivo Robyn Akins
<u>15th May</u> 7pm	Grant Truewhena Rose Mayhew	Peter Galbraith Charles
<u>22nd May</u> 3pm 7pm	Joy & Cliff Rev. Meg Faber	Carmel Colquhoun Charles
<u>29th May</u> 3pm 7pm	Veronica Pasfield Sue Crosdale	Krystina Johnson Yvonne Gibson
<u>4th June</u>	Body Mind & Spirit Day with ladies from Evolve (Melissa Crozier)	
<u>5th June</u> 3pm 7pm	Andrew Parker Tracey Cooke	Marcia Parkes Charles

A great mix of speakers this month, some new faces, some tried and true. We appreciate the time and preparation our speakers put in. You never know just who will bring a message that resonates, and tells you something you have been looking for. Take the time to let them know you appreciate their input.

Grant will tell us of the work he and his wife are doing assisting children.

Joy and Cliff are returning after a long spell. They have operated a Spiritual Centre in Sydney for many years. I attended a numerology afternoon with him years ago at Swan Street

Shirley and Glen, long term members always bring us something relevant

Rose needs no introduction, recognised as popular medium.

Rev. Meg has been a regular speaker for a number of years, always welcome.

Veronica is to tell us how and why we develop our habits

Sue Crosdale returns to talk of goal setting with kinesiology.

Bits and Pieces.

A very varied month of speakers for May and plans for two new workshop in June. Things are humming along.

Caught up with Shirley Darby, she has just held another workshop, this time on use of colour in healing, indeed in our lives. Shirley tells me she has another book in the works, and I purchased the latest one titled Love, about the Aquarian age.

Was able to attend to see medium Michael Wheeler at 7pm service on the 17th. He certainly provided proof of survival of death. He read extensively for those present.

He will return later in the year.

Glad to be able to tell you Marcia Quinton is well again. Her last visit was unexpectedly cancelled when she had a heart attack at work. Fortunately she was able to get instant attention, (she works in nursing.) Look forward to seeing her again when she has fully recovered.

Sadly, we were told last week that Enmore Spiritualist Church, est. in 1913 has been closed for more than a year, following a dispute among members, and is now placed in administration, and looks like it will be sold. Although I have never attended Enmore Church myself, there has been a strong connection over the years with Swan Street.

Many of our members, who formerly lived in Sydney area attended there.

7th May at 1pm the “novice readers” who have been training with Rose Mayhew will be showing us how well they are doing. Donation a gold coin.

Next month it is planned to hold a similar afternoon for others, outside Rose’s group, to practise their reading skills, with help of two or three medium members.

Jo is working on plans for another “ghost hunt” at a cemetery, details shortly, also investigating the possibility of holding a retreat. I went to the last one, it was held at Morpeth some years ago, and enjoyed being with like minded people and relaxing. That venue has closed. Keep your ears open should you know of a venue suitable for such a weekend let’s know.

Sadly we hear that Petra is still not well, we send you our best wishes Petra, it would be wonderful to see you here again.

To all our people not well, or struggling under problems, I am sure I extend the good wishes of all our members. Remember should you need assistance, or just to talk to someone, don’t hesitate, it is as close as your Circle of fellow members.

Remember to include those on our prayer list, it can make such a difference.

I am very grateful for the healing my daughter Kathleen received, with the help of you all.

The healing workshop with Gudran was well received. two workshops have been booked in for June. 4th June will be a Body Mind & Spirit Day with a number of practitioners.

Full details on board, and will be listed on our website.

11th June for something completely different...Robert Haywood is to hold an all day workshop.,

Robert is an aussie who resides in New Zealand, and contacted us regarding his work.

He is a “music Shaman” and has forwarded brochures etc. regarding his work.

Once again, check at Church, and details will be placed on website.

When you receive your newsletter, please check the address details and let ME know if there is a problem. My phone is 49 845514 my email is alvad@bigpond.com.au. These numbers are on the back page.

As always, I have tried to include every thing and every body. The opinions, if I have expressed any are mine,

Alva

Listen to the words you speak, especially in prayer. Linus Mundy

AM HERE BECAUSE

Someone asked me recently why I had done the things I have done in my life.

Upon reflection I would have to say...because they were there!

I have accomplished many different things in my life, all without planning.

Spiritually, I have come to understand that we are all guided throughout our lives by Guardians who prod us into situations that we have chosen before we entered this current life.

Luckily, we cannot remember all the lives we have lived, but they all have been instrumental in forging the character and abilities, and fears and problems that we have at this time.

Our Astrological Natal (birth) charts shows the tools, abilities and direction we have come to work with this time and the problems we have come to overcome in our personalities that have built up over many lifetimes.

Each person has their own bag of gifts, abilities and problems that they have decided to work upon this lifetime.

Before we return we consult with our spiritual advisors as to when we should be born, which of our soul groups we will work with this time, and what our major lessons will be.

Each lifetime it is up to us to be the best person we can be with the tools we have in hand (our personality) and the people who are closest to us, family and friends.

It is the job of the spiritual guides assigned to us to gently (and sometimes not so gently) push us in the right direction where we can make our own decisions as to whether we will take up the task being offered to us or reject it.

These tasks usually are something that we CAN do but are often afraid to try.

Once we overcome one task the next is not so hard.

FAILURE is a word that I would like to take out of our language.

We don't fail, we LEARN.

Every time a situation does not work out the way we think it should do it is up to us to try another way. Failure is something that we think others judge us by. If we keep trying different ways to overcome a problem we can have great joy in even the simplest solutions.

Every time we take on tasks that are presented to us and do our very best we grow in confidence and overcome some of the problems that we have come here to work on .

If you *truly believe* that you are a spiritual being in a physical body who is only here in the School of Earth in order to develop your Spirit/Soul to its highest standard so that you may progress to higher levels, then you will feel free to tackle tasks that seem almost impossible at the time.

I am now in my 80's, For as long as I can remember I have taken on tasks that I did not know I could do and found great joy in doing this.

Until I became involved with Spirituality in my forties I did not realise or appreciate that I had been directed and protected all my life.

However, once we understand that our path has already been laid for us and that we will get help to find it we can tackle situations and take on tasks that we have felt that we are not capable of handling.

Guidance is always there, ask for it, and thank them each day. If you look back on your life you will see all the things that were offered to you to try or situations that seemed very bad at the time often had very good or life changing results.

This is the foreword of Shirley Darby's next book. Thanks Shirley for sharing with us.

**A burglar broke into a house one night. He shined his flashlight around,
Looking for valuables when a voice in the dark said, 'Jesus knows you're here.'
He nearly jumped out of his skin, Clicked his flashlight off, and froze.
When he heard nothing more, After a bit, he shook his head and continued.
Just as he pulled the stereo out so he could disconnect the wires, clear as a bell he
Heard 'Jesus is watching you.'
Freaked out, he shined his light around frantically, Looking for the source of the voice.
Finally, in the corner of the room, his flashlight beam came to rest on a parrot
Did you say that?' he hissed at the parrot.
'Yep', the parrot confessed, then squawked, I'm just trying to warn you that he is watching “
The burglar relaxed. 'Warn me, Huh? Who in the world are you ?'
'Moses,' replied the bird. Moses?' the burglar laughed.
'What kind of people would name a bird Moses?'
'The kind of people that would name a Rottweiler Jesus.'**

.....From Vivid life email newsletter

We first heard the saying practice random acts of kindness and senseless acts of beauty, many years ago when we were at Findhorn, the renowned spiritual community in Scotland. It always struck us as being the most obvious thing to do, that practicing kindness and beauty should be a natural expression of who we are.

Although wonderful in its intention, recently there appears to be some confusion about it, particularly the practice random acts of kindness part. This misunderstanding seems to arise from the idea that the receiver might not appreciate the kindness, that it might even make them apprehensive or distrustful. Sadly, this speaks more about the suspicious world we live in than about the nature of kindness. It is a shame that this maybe the case, but if so then what is needed are more acts of kindness and done by more of us, not less.

Be generous. Give to those you love; give to those who love you, give to the fortunate, give to the unfortunate — yes, give especially to those you don't want to give. You will receive abundance for your giving. The more you give, the more you will have! – **W. Clement Stone**

Wikipedia says that a random act of kindness is: "...a selfless act performed by a person or persons wishing to either assist or cheer up an individual... There will generally be no reason other than to make people smile, or be happier." Perhaps it is the use of the word random that is misleading, and that it would be easier if we used the word spontaneous or impulsive instead. Spontaneity means we are acting on an impulse, in the moment, freely; particularly, that we are moved to do something for someone without any thought of receiving something in return. Such behavior is surely the ground of a healthy and joyful society, where we happily give of ourselves to help another and such an act is happily received.

When we feel uncomfortable with generosity it can make us get stuck in ourselves and our issues. When we can appreciate the beauty of spontaneity it takes us out of such self-centeredness; it enables us to let go of focusing on self and to freely reach out to each other. We can both give and receive. Such egoless moments are exquisite! Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end. **Scott Adams**

Can you imagine a world where no one gave to each other? Where we all just looked after our own needs but ignored everyone else's? This would surely be a miserable place to live, for ultimately, whether spontaneous or planned, we cannot be happy without being kind, by giving and caring for each other.

Random acts of kindness are essential to our wellbeing, as they liberate us from self-obsession, selfishness, and isolation; they are the result of an open and loving nature. True generosity is giving without expectation, with no need to be repaid in any form. This is the most powerful act of generosity, as it is unconditional, unattached, and free to land wherever it will. Whether we give to our family, friends, or to strangers, it is the same.

We may feel we have little to offer, but whether it is a few pennies or a whole bankroll, a cup of tea or a banquet is irrelevant—it is the act of giving itself that is important. As Mahatma Gandhi said, Almost anything we do will seem insignificant, but it is very important that we do it.

<http://vividlife.me/ultimate>

This is an interesting free newsletter you may like to subscribe

A man staggering down the road is stopped by the police at midnight and asked where he's going.

"I'm on my way to listen to a lecture about the effects of alcohol and drug abuse on the human body."

The policeman asks, "Really? And who's going to give a lecture at this time of night?"

"My wife"

Genuine Answers to S.A.T>.exam given USA at age 16

Q. Name the four seasons

A. Salt, pepper, mustard and vinegar

Q. Explain one of the processes by which water can be made safe to drink

A. Flirtation makes water safe to drink because it removes large pollutants like grit, sand, dead sheep and canoeists

Q. How is dew formed

A. The sun shines down on the leaves and makes them perspire

Q. What causes the tides in the oceans

A. The tides are a fight between the earth and the moon. All water tends to flow towards the moon, because there is no water on the moon, and nature abhors a vacuum. I forget where the sun joins the fight

Q. What guarantees may a mortgage company insist on

A. If you are buying a house they will insist that you are well endowed

Q. In a democratic society, how important are elections

A. Very important. Sex can only happen when a male gets an election

Q. What are steroids

A. Things for keeping carpets still on the stairs (Shoot yourself now , there is little hope)

Q.. What happens to your body as you age

A. When you get old, so do your bowels and you get intercontinental

Q. What happens to a boy when he reaches puberty

A. He says goodbye to his boyhood and looks forward to his adultery (So true)

Q. Name a major disease associated with cigarettes

A. Premature death

Q. What is artificial insemination

A. When the farmer does it to the bull instead of the cow

Q. How can you delay milk turning sour

A. Keep it in the cow (Simple, but brilliant)

Q. How are the main 20 parts of the body categorised (e.g. The abdomen)

A. The body is consisted into 3 parts - the brainium, the borax and the abdominal cavity. The brainium contains the brain, the borax contains the heart and lungs and the abdominal cavity contains the five bowels: A, E, I,O,U..

Q. What is the fibula?

A. A small lie

Q. What does 'varicose' mean?

A. Nearby

Q. What is the most common form of birth control

A. Most people prevent contraception by wearing a condominium (That would work)

Q. Give the meaning of the term 'Caesarean section'

A. The caesarean section is a district in Rome

Q. What is a seizure?

A. A Roman Emperor. (Julius Seizure, I came, I saw, I had a fit)

Q. What is a terminal illness

A. When you are sick at the airport. (Irrefutable)

Q. Give an example of a fungus. What is a characteristic feature?

A. Mushrooms They always grow in damp places and they look like umbrellas

Q. Use the word 'judicious' in a sentence to show you understand its meaning

A. Hands that judicious can be soft as your face. (OMG)

Q. What does the word 'benign' mean?

A. Benign is what you will be after you be eight (brilliant)

Q. What is a turbine?

A. Something an Arab or Shreik wears on his head

Customer: I have problems printing in red..

Tech support: Do you have a color printer?

Customer: Aaaah.....thank you.

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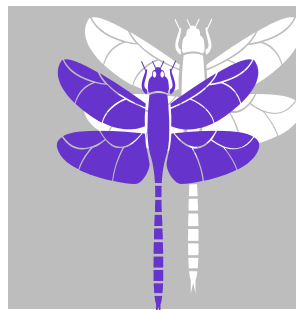
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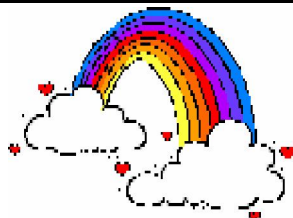
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