

MARCH 2015

Newcastle Spiritualist Church Inc



3 Swan Street
Off Darby Street via Queen Street

P.O. Box 2251, Dangar 2309
Phone 02 4926 3402



DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	**7pm**	10th March
WEDNESDAY	11am-2.30pm 7.30pm-9pm	Yvonne Warren & Joanne Jo Burgess	Meditation/Development Meditation/Development
THURSDAY	Readings \$25	Side entry, down drive	8.30-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services. All welcome
SATURDAY	COFFEE CLUB	Spirit Photography	2pm-4pm \$6 refreshments

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

One more busy month has flown by, with all working well and new ideas flowing.

Coffee Club came back with a bang, biggest group yet I'm told, perhaps the subject brought more along. Exchanging experiences and points of view in friendly surroundings, where all are able and happy to share is great. Wonderful opportunity for growth.

March subject for discussion "Spirit Photography" If you are one of the many with examples of this, show us, or perhaps come along and see this proof for the first time.

Krys has plans for a High Tea at Tomago House later this year!

Assunta has the planned retreat at Tocal ,(with list on board.) She was able to keep the costs, fully catered to a minimum, but remember your booking is only certain on payment in full. Almost full!!!!

7th March is the start of another new venture...Saturday Yoga, full details on board and in this newsletter. Arrive 7.45am to prepare, class 8-9am to ensure our usual Saturday activities are not affected. Professional Instructor certified and insured.

February is rolling to a close, with Winter getting ready to move in.

Only 46 weeks to Christmas; thanks just one more time to the many busy hands and interested members who keep the whole place running, mostly smoothly, hope to see you at Church soon,

Charles Freeman

President.

YOGA AT SWAN STREET WITH JIM GEDDES

First session 7th March. Arrive at 7.45am to prepare for 8am-9am class

Wear comfortable clothes and bring along yoga mat & bottle of water.

Cost for Church members \$5 others \$10 all welcome.

Great opportunity to join this class, Jim is a Church member, fully trained

Teacher, and it is a great place to learn. Try it.

PROGRAMME FOR MARCH 2015

DATE

SPEAKERS

1st March

3pm	Danielle Smith	Chair	Garry Hall
7 pm	Peter Madden	Chair	Marcia Parkes

PLEASE NOTE THAT CHAIRPERSONS FOR THE FOLLOWING MEETINGS ARE NOT INCLUDED.

Will be on noticeboard & Facebook. Sorry about that.

8th March

3pm	Senna & Ella St. Clair	Mediums visiting from Lithgow
7pm	Senna & Ella St. Clair	

15th March

3pm	David Sumner	Healer- Member
7pm	Marcia Parkes	Medium

22nd March

3pm	Susan Glynn	Healer
7pm	Christian Adams	Medium (Psychic TV)

29th March

3pm	Terry Thomlim	Longtime Spiritualist with lots to share
7pm	Cecile Trapman	Medium (Granddaughter of Rev. Trapman)

.....
Medium Danielle Smith returns. Her Dad, Garry Hall will be chairing this meeting.
Peter Madden returns. This gentle man is always a popular speaker. Peter is very connected to the work of John of God, recently in Australia.

The speakers list is finalised at Committee meeting, and sadly we were so busy we did not complete this list. Don't worry, there WILL be chairpersons always on hand.
If it is important to you, please check on noticeboard or facebook

We are fortunate to have such a line up this month and so many people of goodwill prepared to share with us. It is great to see Garry and his daughter return, Danielle was very well received last visit.

Senna & Ella are staying overnight to allow them to do both Services

Cecille has family connections to our Church, through her grandfather, Rev Trapman, fondly known to our older members as Trappy. Great that she has sought out the connection

Hope to return to usual format next month, (know you are all creatures of habit)

Report on Coffee Club.

Krys Johnson Convener

Welcome back to the Coffee Club chat group and our gratitude to our Church to be able to hold our spiritual discussion in this forum.

What a wonderful surprise for the start of 2015 such a large group turned up on Saturday to discuss the topic Soul and Spirit. Welcome to our three new visitors who popped in to experience the session, it was wonderful meeting you and we hope you enjoyed sharing your thoughts with us. We know we enjoyed hearing your views and insight into your thoughts.

It was so interesting and enlightening to hear the group discuss how they interpret Soul and Spirit. As always the discussion lead the group to share and learn something from each person. It is like a magnet that draws the information from each of us no matter how insignificant or over the top it may be. There is no judgement or denial of each person's comments. As like minded people we meet to further enhance our thought processes, knowledge and develop our spiritual intellect.

As a group we are developing into a medium of knowledge. The bucket is endless with knowledge our next topic just arises from our talk that day for our next meeting.

Thank you all for the wonderful energy that you bring with you, it is very positive.

Next month's topic will be: Spiritual Photography, Evidence.

This topic asks the group to bring along any photographs and stories they may have to share with others in the group. 2pm. Saturday 21st, March 2015.

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Article by Ivo Van Emmerik

White light healing can be achieved by breathing in through any organ and out through your mouth by focusing on that particular organ and thinking about the white light while believing at the same time that it will heal you.

Use your life force energy to triple the healing force from the white light by saying an intention out loud, that you want to use your own life force energy to heal your and my self. Also encompass your breathing by focusing directly on any particular organ what needs healing it is better when it is diagnosed by a doctor the white light will be able to destroy any cancers directly because its to energetic and to high in frequency. For bones you will need to breath into your nose and out through the bones directly, its counter intuitive but the bone structure is different. You will need to do this breathing technic several times for 10 min each time a day "6 or 7" times at least will give you better results. Always ground your self by imagining being a tree and breathing out life force energy through the souls of your feet, next centre your self in several different ways by breathing in through the crown and see white light going through your spine through to the base chakra. Or breath in through the hearth chakra and see or visualise the light going both ways up and down in your spine this will help to with your healing of your spine as well. Breathing into an organ or disease can achieve two very different outcomes the disease will starve and the organ will become better. Always target the organ first and then the disease.

Happy healing, Ivo

Two Glaswegians, Archie and Jimmy, are sitting in the pub discussing Jimmy's forthcoming wedding.
"Och, it's all goin' pure brilliant," says Jimmy.
"Ar've got everythin' organised awready, the fluers, the church, the caurs, the reception, the rings, the minister, even ma stag night".
Archie nods approvingly.
"I've even bought a kilt to be married in!" continues Jimmy.
"A kilt?" exclaims Archie,
"That's magic, you'll look pure smart in that. What's the tartan?"
"Och," says Jimmy, "A'd imagine she'll be in white."



BITS AND PIECES

I have opened with a joke as whenever someone talks to me about the newsletter, it is the item most mentioned. Fortunately people do not point out my errors, so that's not so bad. Apparently I upset people last month by mentioning the Ant spray. Which is back. Usually when something is borrowed we leave a note, or tell Circle leader, but not everyone is aware of this. Some of the CDs made up for Service have been borrowed, leaving those on the platform not aware until they go to play them Remember, Marcia has offered to copy CDs for members, this seems a better solution. Just let SOMEONE KNOW.

Last month's newsletter was more garbled than usually, remember keep your eye out for your next secretary, this one is a bit long in the tooth. However puter blackouts and mental problems, due no doubt to moving, seem to be over, so we are back on the path.

Yvonne Gibson's Mother passed over after a long illness. Flower were sent ,Yvonne contacted me to pass on her thanks, and told me they will go away for a while in the van to travel south.

Ilse Kohl, a foundation member of the Church at Swan Street, has not been well, and flowers were also sent to let her know we wish her well. Our Church, here, was purchased on 4th March, 35 years ago, and Ilse and her husband, Albert had a great deal of input into the rebuilding and renovating etc. The wonderful brickwork framing our Platform was built by Albert, Ilse tells the story that the first time she drove a truck was to go and pick up the load of bricks. Trust you are feeling better Ilse.

Thursday Readers are back for another year, Rose Taylor, Robert Hobson and Jenny Cotman give their time and talent each Thursday morning to read for visitors. Usually Marcia or Jenny work on the desk.

Bookings for the Retreat at Tocal are coming in. last year Jo found this great spot, and Assunta is organising this year's at the same spot. Didn't go last year, but can this year. As it is inclusive of meals, and two nights accommodation, it really is a bargain. Chinta and his family hope to attend on the Saturday evening. Can't wait till July! No word from any of the Circles, so guess things are moving along. Attendance is up, and the Classes and workshops all introduce people to just what we have to offer. Great to see new faces at Coffee Club. Interesting to hear just what others believe. Spiritualism does not have a hard fast list of rules and laws, so much is individual . ***But We do prove life survives.!***

"Imagine... There is a bank that credits your account each morning with \$86,400. It carries over no balance from day to day. Every evening deletes whatever part of the balance you failed to use during the day. What would you do? Draw out ALL OF IT, of course!

Each of us has such a bank. Its name is TIME.

Every morning, it credits you with 86,400 seconds. Every night it writes off, as lost, what ever of this you have failed to invest to good purpose. It carries over no balance.

It allows no overdraft.

Each day it opens a new account for you. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is yours. There is no going back. There is no drawing against the "tomorrow."

You must live in the present on today's deposits. Invest it so as to get from it the utmost in health, happiness, and success! The clock is running. Make the most of today." ~Unknown

What is our Church ?

The place our members come to, to share their joys as well as their sorrows, their doubts and fears, hopes and aspirations. A place of comfort when distressed, healing when ill, companionship when lonely. A point of unfailing contact with the limitless. Unending power of perfect Love, which never fails or disappoints as earthly love so often, does. A place where Our Lord stands at the ever open door, hands held out in blessing and welcome, no matter who or what we are. His love is our certainty, Strength and purpose. His service our humble commitment, freely given without reservation and given with joy.

Our Church is a beacon of light in the darkness of earthly gloom and despair. A meeting point with those we love who have travelled on, and loving teachers in the spirit world who gently guide with great wisdom, compassion and understanding.

A place of fellowship with our Angel friends whose joy it is to serve their Lord by watching over us as we stumble along the stony paths of earthly life, learning and growing in spiritual stature as we journey on.

A living Church, free to change, adapts and grow; hearing and teaching the living word of God our Father, who asks only that we love one another.

A place where young, enquiring minds have their questions properly answered, not fobbed off with empty talk of it being God's Will that mankind should suffer without knowing why. Where the explanation of the law of divine justice makes sense of all experiences of whatever kind.

Where fear of death is replaced by knowledge of life eternal and the continuing love, interest, and continuing companionship of those we have known and loved and are still only a thought away.

The place to come to when we need to be assured of the living presence of Our Lord and His love for each one of us, always. A meeting place between "Heaven" and earth

It is some time since we last printed this, I found it on the website of the Spiritualist Church on Isle of Man. I believe it rings true.

Thanks to the contributors the month. It is for everyone, why not contribute an item.

Remember, all mistakes are mine, contact ME, numbers on back phone or email,

Alva

Recently I read a book by a world famous American medium called James Van Praagh in which he states "Death doesn't hurt!



He was quoting dozens of people who had passed over and they all said that they did not remember the moment of actually dying. Some of the things they told him were "I remember standing in the bathroom and the next thing I was here". Others have said "I remember a car coming towards me and then I was here". He says that none of them remember any pain connected with their death, only the peace and love they were suddenly enveloped in. I have been telling my students for years that **YOU CAN ONLY FEEL PAIN WHEN THE SOUL INHABITS THE BODY!** If the Soul sees a car heading for you when you are driving and there is no hope of getting out of the way the Soul jumps out of the body. How many people have reported that after an accident they did not feel any pain for several hours, often they had broken limbs but did not feel them till later in the day **WHEN THE SOUL RETURNED INTO THE BODY. THEN!!** you can feel pain.

One of my recent Blogs was about Body and Soul. It is important for us to remember that we are **SOULS** inhabiting the vehicle we created to travel through this lifetime. The body can feel pain but the Soul cannot. This is what happens when we have an operation. The doctors push the Soul energy out of the body so that it does not feel pain. Quite often it takes a while for the Soul to re enter the body and for that time you do not feel pain. I have been involved with Spiritual Churches for over 30 years and never once have I heard a medium report when talking to a person who has passed over anything about the pain of passing.

So, leaving the body is painless, but entering the body at birth is painful. When the time comes for us to re enter the world we have to leave our warm liquid world that we have lived in for many months and make a painful journey down a tight passage. At the end of this journey we are propelled or pulled into a place of light and noise. Our new bodies are poked and prodded and then, if we have not cried yet to show our stress we are smacked!. And so our life in our new body begins and we start to learn our new lessons with our new parents and siblings once more. As we travel through this new life it is important to remember that **WE** can care for or damage this body. The physical vehicle (the body) is always affected by the Soul's needs. The Chakra system that is connected with all areas of the body starts in the head and continues down the spine to connect with the seven major Chakras. These Chakras then open out towards the front of the body and interact with the organs in that section of the body. The Soul feeds its needs and emotions into the brain and the brain then sends messages to the appropriate Chakra. When we work with our Soul's energies and try to be loving, helpful and useful beings the Soul can send calm energies to the appropriate Chakra, keeping that part of the body in good health. When we send messages of stress, and anger through the brain and down the spine it will send that feeling to the appropriate Chakra that can cause disturbances to the organs of that section of the body.

If we feel that we cannot express our words or needs the message will be sent to the Throat (Blue) Chakra and we can have problems in that area. How many of us get sore throats, tight shoulders etc. when we cannot express our needs. The area that is often affected in women is the Sacral area (just below the belly button). This is the area most affected when we have all types of relationship problems.

So in order to keep our vehicle (the body) in good condition it is important to work with the Soul's need for love and caring for others. (as well as ourself).

It is good to know that when the time comes for our Soul to return home and break it's connection with its physical vehicle that has carried it through this lifetime the we can return in peace for a rest before continuing on our quest to be the best person (soul) that we can be.

Thanks to Shirley Darby once again for her Blog, found under Rainbow Bridge ShirleyIDarby.

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

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