

JULY 2014

# Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	<b>**7pm**</b>	8th July
WEDNESDAY	11.00am-2.30pm	Yvonne Warren & Joanne	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	Readings \$25	8.30am-1pm	Entry by side door
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services. All welcome
SATURDAY 19th July	COFFEE CLUB 2-4.30pm	ALL WELCOME	\$6 FOR REFRESHMENTS

## Our Philosophy is based on Seven Principles



*(With liberty of interpretation)*

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

*Dear Friends,*

*Well Winter arrived with a bang, and so much Wind! The latest from the weatherman is MORE WIND to come. We will get full use of our air-conditioning. Remember it takes time after it is switched on to warm our room, due to high ceiling.*

*All Circles and classes are moving along well, with attendance up, and lots of enthusiasm. Thanks again to our Circle leaders and those holding classes at this time. So many people being helped in their search to know themselves and others better.*

*Shirley Darby has had another popular workshop, well attended, and is planning an extension to her Astrology course on Mondays.*

*"No smoking" notices have been posted to bring us into line with No Smoking Rules for public buildings. We thank you for cooperation.*

*Lots planned but attendances usually drop off a little in Winter. By promising a warm snug venue, and a warm welcome, we hope you all come along.*

*Remember, our Church is the people in it, not the building, so if you see someone in need of help, or something that needs to be done, step up and lend a helping hand. We are all volunteers.*

*A final reminder, if you have not yet paid your annual subs, this is your last newsletter!*

*See you in Church,*

*Charles Freeman*

**Annual subscription of \$10 is now due. \$5 for those with concession card.**

**Place your money in envelope, with ALL your details listed on front, and hand it to Circle leader, or place in safe. Please pay dues as soon as possible, it makes everything smoother as we plan the AGM. Membership entitles you to newsletters each month and membership of Library.**

**If you have not renewed your membership by 30th June, this will be your last newsletter.....so .....**

**An elderly couple died in an unfortunate accident, but found themselves suddenly in heaven. They met Saint Peter, who began giving them a tour.**

**"Here is your oceanside condo, over there are the tennis courts. The swimming pool is that way, and you'll find four golf courses. If you need any refreshments, just stop by any of the many bars located throughout the area and an angel will be glad to mix your favourite cocktail."**

**"Jeez Gertrude," the old man hissed when Saint Peter walked off, "we could have been here ten years ago if you hadn't forced me to stop smoking, and made us eat all that oat bran, wheat germ, and low-fat food!"**

## **PROGRAMME FOR JUNE 2014**

<b><u>DATE</u></b>	<b><u>SPEAKERS</u></b>	<b><u>CHAIRPERSON</u></b>
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6th July

3pm

7 pm

Susan Glyn  
Rev. Mark Penkala

Assunta Martinelli  
Maree Miller

13th July

3.pm

7pm

Paul White  
Mark Boyle

Garry Hall  
Ivo

19th July

Coffee Club 2pm-4.30pm Refreshments incl. \$6 All welcome.

20th July

3pm

7pm

Rosie Connor  
Grant Trewehena

Marcia Parkes  
Charles Freeman

27th July

3pm

7pm

Andrew Parker  
Chinta

Jo Burgess  
Marcia Parkes

3rd August

3pm

7pm

Adam Price  
Terry Tomlin

Jennifer Judd  
Maree Miller

**Another interesting line up of speakers. If you would like to be a speaker, or would like to recommend a speaker, please contact Jo Burgess. Remember this Church is ours, we all are responsible for the smooth running and care. The more active our members are, the stronger our community is.**

**Many of our speakers this month are long time friends, and need no introduction.**

**Paul White will be with us for the first time. Paul is a psychic from Central Coast. Paul will speaker on “Survival evidence.”**

**Susan Glyn & Chinta make welcome returns,**

**Rosie Connor holds mediumship classes for members, having trained in UK And Rosie provides “proof of survival” when she is on the platform.**

**Grant, Adam and Andrew Parker are well known for their work in various fields.**

**As are Terry Thomlin and Mark Boyle.**

**Summing up, a fantastic list of speakers, prepared to come along and give us their the benefit of their time and pass on some of the things they have learnt.**

**Take a minute to “thank “ them, after the address and let them know how delighted we all are that they come along and share....**

## It Will Get Better by John Cali and Spirit

*We struggle with the complexities and avoid the simplicities. ~ Norman Vincent Peale*



Uphill Struggle, Copy

right © 2010 by [Steve Garvie](#)

**Have you ever felt stuck, struggling to make it from one day to the next—or even one moment to the next?**

**My spirit guides and I talk to lots of folks who live that way. I have the greatest compassion for them, especially since I felt horribly stuck for much of my younger life.**

**Here are some words from Spirit.**

**Suffering and struggle are not necessarily bad things to experience if they serve to remind you it doesn't have to be that way. You are free to choose pain and misery or joy and peace. You have free will.**

**Life is supposed to be fun. It's supposed to feel good. The only purpose of suffering and struggle is to remind you that you don't have to live that way. Life is good. Seek and find the good and the joy in all your experiences, whether you see those experiences as painful or not. The good and the joy are always there.**

**You have a choice here. You can grow through joy or through suffering and struggle. Either way works. *But* your spirit will not walk into your suffering and struggle with you. It *will* walk into your joy with you.**

**The purpose of suffering and struggle is to remind you life can be free of suffering and struggle. *Not* free of challenges. But you have the power to transform your challenges into joy. Use that power out of love for yourself. As you focus on the positive aspects of your experiences, life will become easy and effortless. You will move through the years carefree and happy. You will give up the suffering and struggle, and find peace, even—especially—in the face of your challenges.**

**Your life *will get better and simpler*. You will discover all is well—all has *always* been well.**

**This article appears courtesy of John Cali and Spirit. Include a link to the website: [www.greatwesternpublishing.org](http://www.greatwesternpublishing.org)**

## **BITS AND PIECES**

*Coffee Club what a great innovation this has been.*

*Our June get together was on Mediumship and what a hot topic this was.*

*Lots of input & discussion on how Mediumship is perceived & in what form it presents itself.*

*Most people have the concept of Mediumship as being messages passed on from spirit to the living which, essentially, in the Spiritualist belief it is but during our discussion it was realized that it can present in many forms especially healing.*

*Easing the grief people carry is but one of the great benefits. Just by touch, by one word or action we are healing mediums. Stories of messages given to those who attended & messages passed on by the attendees make us realize there is "something" (spirit) there because how would the personal, intimate details given be known by a stranger who has no knowledge of you or your life.*

*We even touched on the work of Rescue mediums that do a very worthwhile job helping lost or confused spirit to pass into the light. As usual we ran over time but no one seemed to mind. Once again a great afternoon full of good company, good food, sharing, laughter, information & acceptance of each other & our beliefs.*

*Thanks to Jenny Havebond. for this report.*

Next Coffee Club topic is Angels which is on Saturday 19th start 2pm - 4.30pm. So if all our keen members who have an interest in Angels please come along and share your stories, experiences and guidance with our enthusiastic group. We would love to hear them. God bless Krys.

.....  
Rosie Connor has released details of the next Mediumship Classes. Please check noticeboard for full details. For committed members of Church, prepared to complete the whole course.

Whether you are starting out on your spiritual journey or want to further your development, these ten-week courses provide you with the opportunity to do so. You can uncover and develop your psychic and mediumistic abilities whilst connecting with your guides, loved ones and spirit friends in a safe and trusting environment.

You will learn how to use your energy safely, stay grounded, and practice development techniques such as: chakra work, psychometry, flower readings, and angel cards as well as giving psychic and mediumistic messages. This work will strengthen your abilities and provide you with confidence and trust so that you can move forward to help yourself and others.

**Cost:** \$20 per session (\$40 non-refundable deposit to hold your place)

**When:** Thursdays (Starts 17th July - 18<sup>th</sup> Sept 2014)

Foundation Class: 6.00 – 7.30pm

Intermediate Class: 7.30 – 9pm

Contact Rosie direct on 0429115070

**Booking:** Please book early to avoid disappointment. Contact **Rosie on 0429115070** to book your place.

## BIT AND PIECES

Life is like a journey on a train... with its stations... with changes of routes... and with accidents! At birth we boarded the train and met our parents, and we believe they will always travel on our side. However, at some station our parents will step down from the train, leaving us on this journey alone.

As time goes by, other people will board the train; and they will be significant i.e. our siblings, friends, children, and even the love of our life. Many will step down and leave a permanent vacuum. Others will go so unnoticed that we don't realize that they vacated their seats!

This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. Success consists of having a good relationship with all the passengers...requiring that we give the best of ourselves.

The mystery to everyone is:

We do not know at which station we ourselves will step down. So, we must live in the best way - love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty -- we should leave behind beautiful memories for those who will continue to travel on the train of life.

I wish you a joyful journey for the coming year on the train of life

Reap success and give lots of love.

Lastly, I thank you for being one of the passengers on my train!

Sent by Solara. Thank you!

Since my last newsletter, I have been up to visit Life Member Pat Eyre, at her property at Meyers Flat. She asked to be remembered to everyone. Not travelling so much now, she will be 90 in September. She & Charles have a lovely garden and orchard, and are proudly eating homegrown.

Sad to hear that Vilma Blanch has suffered a second stroke, and is in hospital. All our best to her and Bob.

Meanwhile our President Carmel remains comfortably settled in care.

Had a long phone call from Rob Akins, as you know she is raising her two youngest grand daughters. They are kept very busy with doctors' visits and therapy and more activities.

Time should make a difference and sort out some of the girls' problems.

Lots of healing going on, as winter shows up with its problems. Seems to be a lot of "bad backs" at the moment. Bet the Tuesday healing group is kept busy!

Our AGM is 11th October, so please think about any proposals for change you may wish to put forward. Also time to consider our new committee members. All positions are declared vacant, and nomination forms will be posted to all full members before then.

Consider about coming forward yourself, it can be very interesting. Think about it!

See you next month...Alva

There was a bit of confusion in the bottle shop this morning. When I was ready to pay for my whisky, the check-out assistant said to me, "Strip down facing me."

Making a mental note to complain to my Member of Parliament about excessive security running amok, I did just as she had instructed.

When the hysterical shrieking and alarms finally subsided, I found out that she was referring to my debit card.

I have been asked to shop elsewhere in the future.



## **THE TIMES OF YOUR LIFE**



At the moment we were born all the Planets were in a particular spot in the heavens. An Astrological Chart that can show where these Planets are can give you guidance to the things you have chosen to accomplish this lifetime and the type of personality and abilities you will have.

Most people think that the challenges that they face are only connected with their life and their problems. But, from the time we start our journey in this lifetime our Planets and Numerology follow the same program as every other person on the planet. Our different personalities enable us to work with the way the Planets are affecting us.

Until a child is two years old their life is connected with their carers. They do not identify their own personality until the Planet Mars returns to the position it was in when they were born. Mars is the Planet in Astrology that indicates your drive and ambition for the things that are important to you. So...when Mars returns for the first time we begin to get 'the terrible two's' syndrome. Suddenly your sweet little child is shouting NO! MINE! etc. This is the beginning of each person becoming their own self.

Each seven years we go through a development stage that is preparing us for life's experiences. Until a child is seven years old they are still connected with spiritual energies and invisible friends. The next seven years is the beginning of learning the skills, education and sports that they may want to use later in life. During that time about the age of ten or ten and a half the Planet Uranus creates a difficult aspect that creates in the child a need for independence and questioning authority. A co-operative child can become quite difficult as they seek to become an independent person. The Planet Chiron, known as the wounded healer or Rainbow Bridge relates to an inner wound that we carry from our past lives. At twelve, or twelve and a half a child will be affected by this feeling of woundedness and could create worries in their mind that they and their parents do not understand. At fourteen and a half to fifteen years their Sun sign and the Planet Saturn are in opposition to where they were placed at birth. This creates a need to push for people to appreciate them as a person and to appreciate what they are doing and what abilities they have. This is the beginning of the next time of fourteen to twenty one years, the years when they are developing their woman-hood or manhood and sexuality.

Twenty one to twenty eight are the years leading to developing their adult personality in order to move into the next stage of life that commences at 28. ( In Numerology the number connected with this stage of life is governed by the number of the day you were born eg, 21st/= Number 3. 14th =Number 5) This number governs your personality for the next 28 yrs. until you are 56. The number governing your life from 1 to 28 is the month you were born eg July = 7 March = 3. The number governing your personality from 56 onwards is the year you were born eg 1965 =21/3 or 1940=14/5. This last cycle from 56 on gives you a chance to give back the knowledge you have gained over your lifetime. It is a time to express your own personality and to help others through what you have learned.

At 29 the Planet Saturn returns to its original place in your chart. This is known as Saturn return, and represents a time for us to get over our childish ways and start to take on adult responsibilities. At the age of 38 to 39 the Planet Pluto makes a difficult aspect that creates a need in us to let go of the need for the physical/material things in our life and begin to appreciate our spiritual nature. At 42 the Planet Uranus returns to an opposite position to its birth place and encourages us to really think for ourselves and accept our own personality and abilities.

At 50 to 51 years the Planet Chiron pushes us to accept our inner wounds and become the 'Rainbow Bridge' that can help others through the understanding of our problems so that we can help them.

At 58 the Planet Saturn again returns. If selfish or unkind patterns are still in the personality by now the body (that is held together by Saturn /( skin, teeth, bones, hair) will have problems.

The last major Planetary influence we have is the Planet Uranus arriving back at the place where it began at the age of 84. Uranus is the Planet ruling all New Age activities and acceptance. From 84 years on you can totally be yourself and accept your own unique personality.

*Once again, thanks to Shirley Darby for allowing us to print her Blog in our newsletter.*

## Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 4984 5514 or email [alvad@bigpond.com.au](mailto:alvad@bigpond.com.au) for availability and details.

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