

JANUARY 2012

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	10th January
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	8.30am-1pm	Entry through side door	Readings Resuming 2nd February
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome

Our Philosophy is based on Seven Principles

(With liberty of interpretation)

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends.,

As we face the "new" year, so many possibilities lay before us. Circles resume shortly, and planning for workshops and maintenance to the Church are planned.

As always, "new" ideas are welcomed, as we must grow and change with the times, honouring always our core beliefs and values.

A Dedication Service is being planned. If you wish to be dedicated to "Spirit", please contact me, and arrangements will be made for the service. This custom has been part of Swan Street for many years. Many of our members have been "dedicated" at such a service.

Our Christmas supper was a great success, well attended, and as always, generously catered by those attending. A great way to finalise our year together. A very happy, friendly evening.

Happy to report Gloria Filby is home from hospital, and improving everyday.. I rang Gloria, and she expressed her thanks for the flowers we sent, she assured me she is improving all the time. Would like to take this opportunity to wish all those not well, a speedy recovery. I don't always know of those not well, please contact me anytime you know of someone ill, perhaps in hospital. When you are not well, it is better to know that others are aware and care.

Remember to keep your eye out for speakers and subjects you would like to see at Church, new ideas, and being open to what is happening around us, in this "new " year.

With this first letter of 2012, I wish each of you a wonderful, fulfilled year with your families, and look forward to seeing you in Church,

Carmel Colquhoun

***"Be who you are and say what you feel....
Because those that matter...don't mind...
those that mind... don't matter."***

*This is the story of the blonde flying in a two seater airplane with just the pilot.
He has a heart attack and dies.*

*She frantically calls, "Mayday, Mayday! Help me! My pilot had a heart attack and is dead.
And I don't know how to fly. Help me, help me please!"*

*All of a sudden she hears a voice over the radio saying "This is the tower, I have received your message and I will talk you through it. I've had a lot of experience with this kind of problem.
Now just relax, everything will be fine! Now give me your height and position."
She says "I'm 5'4" and I'm in the front seat."*

"O.K. " says the voice from the tower, "Repeat after me: Our Father..who art in Heaven....."



PROGRAMME FOR JANUARY 2012

<u>Date</u>	<u>Speaker</u>	<u>Chairperson</u>
<u>8th January</u>		
3pm	Sue Rose	Marcia
7pm	Karen Burge	Charlie
<u>15th January</u>		
3pm	Shirley Darby	Carmel Colquhoun
7pm	Charles Freeman	Jo Burgess
<u>22nd January</u>		
3pm	Terry Tomlin	Jenny Havebond
7pm	Karen Burge	Yvonne Gibson
<u>29th January</u>		
3pm	Rev Mark Penkala	Assunta Martinelli
7pm	Charles Freeman	Yvonne Gibson

Even at such a busy time of the year, Robyn has rang around and filled our programme for January.

Should you wish to be a speaker, at our Service, through the year, please contact Robyn or Carmel and should you wish to suggest a speaker or workshop, we would be only to happy to hear about it.

Sue Rose is with us this month. Sue is a drummer, an angel intuitive, and draws spiritual guides. Sue also makes drums.

It has been some time since we had a visit from a drummer.

Karen Burge is returning this month, speaking on Spiritual guides, and developing your own intuition.

It is quite a while since her last visit.

Rev. Mark Penkala is a regular visitor,

As always, a number of our members have stepped up to take the platform this month. Thanks to those members who regularly take part in our services.

Also thanks to those who take the platform, when an advertised speaker is not able to attend, and has cancelled with out warning. On those occasions, it is heartwarming to see a member step forward, without preparation and take the platform.

A smile - is a sign of joy.

A hug - is a sign of love.

A laugh - is a sign of happiness. And a friend like me??

Just good taste

Bits and Pieces

Well a New Year has launched itself once more, with Sydney fireworks shown around the world. 2012 has long been prophesised as a year of great change, not only because of the unfinished Mayan calendar, but so many, promising so much, from a new World, to disasters beyond belief. And even the end of our world as we know it!!

Perhaps it will be a watershed, and as I personally believe, the opportunity to realise our dreams, assist others in the realization of their dreams, and concentrate on the things that really matter, not those things that cause others pain, and divide us.

Happy to be able to tell you that Life member Gloria Filby is home and on the mend. Chatted with her yesterday, and she is bright and now looking after herself.

Keep on caring for yourself Gloria, you are an important part of Swan Street.

Sorry to hear that Mr. Gill, (father of Katrina and Marcia) is in hospital at present.

A very stressful time for the family. Also must mention Robyn's mum, up in Gunnedah, well in her 90s, is in failing health. Still living independently!

.....
***"Learn to get in touch with the silence within yourself
and know that everything in life has a purpose.
There are no mistakes, no coincidences, all events are
blessings given to us to learn from"*** ***Elizabeth Kubler-Ross***

.....
Apparently it's no longer politically-correct To direct a joke at any Racial or ethnic minority,
So try this one: An Englishman, a Scotsman, an Irishman, a Welshman, a Latvian, a Turk,
An Aussie, a German, a Yank, an Arab, a Jap, a Mexican, a Spaniard, a Russian,
A Pole, a Swede, an Israeli, a Romanian, a Serb, a Greek, an Italian,
An African A Hindu, a Buddhist, a Muslim, went to A nightclub.
The bouncer said,
"Sorry, I can't let you in without a Thai."

.....
From John Calli's newsletter "Spirit"
***You often hunger for a new beginning in your lives – a place where you can
start anew, with no past "baggage" weighing you down. Hence your new year
resolutions to celebrate the coming year
It always feels good, doesn't it, when you have a new beginning?
A place from which you feel energized and empowered.
But what usually happens after the new year's celebration? Often your desires
and dreams gradually fade, becoming only dim, distant memories.
What if we said you could feel the excitement, the passion, the joy of the new
year more than once a year?
Your lives were never meant to be static and unchanging. You did not come to
this lifetime to achieve one goal – whatever that may mean to you – and then
to bask in the achievement for the rest of your lives.
Life is not a destination. It's a journey.
And you will never be done with that journey. There is no destination.
Not in this life, not in any of your other lives, physical or nonphysical.
Your journey is your destination.
You can make each new day, even each new breath, a "new year" – a new
beginning. Your lives have no endings, only new beginnings.
And it's all supposed to be fun. So enjoy the journey.
You have more chances at new beginnings than you ever imagined.***

Are You Complete?

By John Cali on December 11, 2011 in blog, channeling

Many years ago a young lady (I'll call her "Karen") wrote me because she was deeply concerned about her mother's well-being.

The mother was single, and Karen desperately wanted her to find a romantic partner and "live happily ever after." But she didn't know what she could do to help her mom.

Karen said she'd been anxiously worrying and fearing the worst. The worst being, in Karen's view, that her mother would live out the rest of her life with no man. As she put it, her mom "needs a man to complete her."

I cringed when I read that. Why did an otherwise bright and spiritually-minded young lady like Karen believe we need other people to be complete?

Here's what Spirit has to say:

"How do you see yourself? In your own eyes, are you loving and kind? Are you sexy? Are you bright and beautiful?

Would you want you as your best friend? As your perfect lover?

"If you can truthfully answer "Yes," you are in the perfect position to draw to yourself your perfect partner. Why? Because you are literally head-over-heels in love with yourself.

"If you are head-over-heels in love with you, you don't need another, do you? That brings us to our next point.

"Today many relationships, and probably most romantic relationships, start from a place of need. A place of feeling you, by yourself, are not enough.

"But you are enough, all by yourself. You are complete, all by yourself. If you're looking for another to complete you, the relationship is doomed from the beginning.

So know you are completely complete without another. Then you will attract your soulmate."

.....

*<http://www.thingsgoneright.com/> A wonderful computer site with ONLY good news.
A joy to read. Here is a sample of the news it carries.*

Akron couple returns \$12,000 found in street December 30, 2011 NewsNet5

AKRON, Ohio - Police in northeast Ohio say a couple who lost \$12,000 caught a lucky break this week when the money was found and returned.

A 63-year-old Akron woman told police she found a tan, cloth bag of money in the middle of a road while walking with her husband Wednesday night. Police used other paperwork in the bag to track down a couple in nearby Springfield Township who planned to use the money to buy a house out of state.

The Akron woman, who asked to remain anonymous, tells the Akron Beacon Journal her father was a minister who taught her to do the right thing and says that's what she did.

It wasn't clear exactly how the money was lost. Akron police say such a recovery is rare

New discovery could lead to better artificial hips December 29, 2011 Giz Mag

For many people who have suffered from an arthritic hip, the replacement of their natural hip bone with a prosthetic implant has meant an end to constant pain, and the restoration of a normal range of movement. Unfortunately, the ball-and-socket joints of the prostheses do wear down over time, so younger patients in need of the implants are typically told to either wait until they are older, or must face the prospect of someday requiring repeat surgery to service their device. A recent discovery, however, could lead to longer-lasting artificial hip joints - this could in turn allow patients to receive prosthetic hips at a younger age, without the need for additional surgery when they get older.

I found this site very interesting. What positive people they must be to research and make available the more positive aspect of "news". So much of what we read dwells on the negative. Why not check it out?

ZEN TEACHINGS

1. Always remember you're unique. Just like everyone else.

2. Never test the depth of the water with both feet.

3. Before you criticise someone, you should walk a mile in their shoes. That way, when you criticise them, you're a mile away and you have their shoes.

4. If at first you don't succeed, skydiving is not for you.

5. If you lend someone \$20 and never see that person again, it was probably well worth it.

6. If you tell the truth, you don't have to remember anything.

7. Good judgment comes from bad experience ... and most of that comes from bad judgment.

8. A closed mouth gathers no foot.

9. There are two excellent theories for arguing with women. Neither one works.

10. Experience is something you don't get until just after you need it.

11. Never, under any circumstances, take a sleeping pill and a laxative on the same night.

GRANDPARENTS ANSWERING MACHINE

Good morning . . . At present we are not at home but, please

Leave your message after you hear the beep.

beeeeppp ...

If you are one of our children, dial 1 and then select the option from 1 to 5 in order of "arrival" so we know who it is.

If you need us to stay with the children, press 2

If you want to borrow the car, press 3

If you want us to wash your clothes and ironing, press 4

If you want the grandchildren to sleep here tonight, press 5

If you want us to pick up the kids at school, press 6

If you want us to prepare a meal for Sunday or to have it delivered to your home, press 7

If you want to come to eat here, press 8

If you need money, press 9

If you are going to invite us to dinner, or, taking us to the theatre, start talking, we are listening !!!!!!!!!!!!!!"

Spirit

If everyone in your world did only what they loved, you would create instant peace on earth.

But most humans have bought into the mass consciousness that says you cannot do whatever you please.

Our question is: Why not?

When you are doing what feels good to you, you are fully aligned with your higher selves.

When you are fully aligned with your higher selves you are radiating love to the world around you — and to the entire Universe.

You are — at that moment — making a huge positive change in your world. You are lifting the consciousness of all humankind. That is how powerful you, one human standing alone, are.

It doesn't get any better than that.

You are creating this powerful positive vibration, and you are drawing to yourselves all you need to prosper and thrive in your physical lives.

Doing what you love is the safest, surest, highest path you can follow.

For then you are guaranteed the universe will take care of your every need and desire.

It's that simple.

There is a crack in everything. That's how the light gets in. Leonard Cohen

“Why do bad things happen to good people?”

I have done harm to myself, too, and I am sure you have also. You must forgive yourself, and do it now.

Even after we have promised inwardly that we are going to live our life differently from now on, we sometimes fall into the old ways of thinking and acting, and it is very important that you give yourself a new chance. Make a new decision, and do better next time.

Some things will take longer, but each time you get a little bit closer, a little more determined, a little clearer about how you really want to be or live and what kind of person you want to be in the world.

You grow into your own being, you learn to trust yourself, and the more you begin to really love yourself the more respectfully you will treat yourself. You have to become your own best friend, and it's much easier if you give yourself a break. Learn and learn again until you get it, but don't beat yourself up ever again. Doing that is insane, if you think about it.

If all this sound very difficult for you, I'll share a technique that helped me to get clear with my past.

For me it had to do with my need to know why I didn't remember everything in my childhood, and I was a bit obsessed by needing to know why; but now I know it's a blessing that I don't remember everything. Obviously I had a reason for memories to be repressed, and I no longer need to know. I don't care anymore.

This technique was very helpful to me so that I could let go.

I suggest that you set a day and place where you can be alone, where no one can disturb you, and start to write the story of your life. Write it in third person. When I wrote it I began like this: *“Maria was born in Sweden by such and such parents. She was very much wanted and her mother has told her that when Maria was born, the doctors told her that Maria might become a piano player because she has such long fingers....”* and so on.

Write until you feel you are empty. Write all the way from the day you were born to where you are now.

Write the things you remember, and don't force yourself to remember things that you have suppressed. Sometimes things you haven't thought about in years come up again, but just keep writing. Don't get stuck anywhere. If you do get stuck somewhere, just continue and write about the next thing that comes to mind.

Write about every single thing you can remember, or what others have told you about you, even the silliest things; I mean everything you can think of. When you write in third person, you are able to take a step back and observe your life from a distance, and it becomes easier to revisit difficult experiences.

You will probably feel exhausted by this exercise; it takes a lot of energy to cleanse and clean your energy system-but it's worth it.

You absolutely must intend to do this exercise with the goal of leaving your past where it belongs and never look back again. Are you ready for that? If you are, then go ahead.

Intend to do this exercise with the goal of leaving your past where it belongs and never look back again.

This process was a huge breakthrough for me, because it allowed me to take a step away from the drama and the conflicts that still felt real to me still even if most of them happened years ago.

I could be the observer of my own life. I realized that I don't have to know about my past in order to know me as I was then. I wrote like never before, I cried my eyes out, and I really let it all out. I wrote for hours and hours; the words just came by themselves.

The pain wanted an outlet, and this was a really powerful process for me. For a few nights I woke up and cried, not knowing exactly why, but I did know it had to do with the process of letting go and by letting myself experience everything fully I cleansed myself completely.

This was a process of letting go, forgiving, and accepting what had happened throughout my life. It left my whole being through the tears I cried and the words I wrote. I no longer believe that we need to go to the past for anything because life itself, as it is in this present moment, presents to us all the contrast we need. Where you have been, what you have done or experienced in your life is not important; what's important is where you are going.

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

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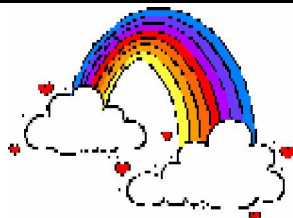
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