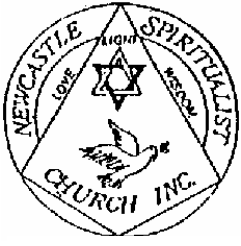


JANUARY 2017

Newcastle Spiritualist Church Inc



3 Swan Street Cooks Hill
Off Darby Street via Queen Street
All mail to P.O. Box 2251,

Phone 02 4926 3402
Dangar 2309



www.NewcastleSpiritualistChurch.com

Email: admin@newcastlespiritualistchurch.com

Find us on Facebook.....Newcastle Spiritualist Church Inc

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm Returning 9th January	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon Returning 14th Jan	Carmel & Bill John	Meditation/Healing
	Committee Meeting	7pm**	14th January
WEDNESDAY	11am-2.30pm Returning 18th Jan	Yvonne Warren & Joanne	Meditation/development
THURSDAY	Readings \$25 Returning in February	In recess .	8.30am-1pm
FRIDAY	7.30 pm - 9.00 pm Returning 6th January	Jenny Havebond	Meditation/Development
SATURDAY	Coffee Club Bendy Yoga	2pm-4pm 8.30am	28th January Returning 7th January
SUNDAY	Services 3pm weekly Returning 8th January 7pm 8th Jan 22nd Jan.	Various Mediums & Speakers	Each Sunday & 2nd & 4th Sunday monthly



Greetings,

As we look forward to the “new Year” let us reflect for a moment on “the year that was”. Such a busy and happy year, so much to learn, so many new ideas to take in, and new people to meet.

Another successful AGM, with, I am happy to say, more members stepping forward to work on Committee. Take the time to chat with them and share your ideas for 2017.

We will have a visit from Mike and Sandi Clarke Hayes, mediums trained at the Arthur Findlay College presenting workshops in March, and so many others are on our speakers list. Please let’s have your suggestions for speakers, or perhaps you would like to be our speaker.

So many of our members have much to share.

Once again, “Thank you” to all those who do all that needs to be done, from running Circles, making cuppas, placing chairs for Services, upkeep of Church, keeping our cupboards full, and more.

Swan Street Church could not exist in its present form if we did not have YOU.

Charles Freeman.....President

*Our philosophy is based on seven principles
with liberty of interpretation)*

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR JANUARY 2017

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIR</u>
<u>8th January</u> 3pm 7pm	Susanna Steel Assunta Martinelli	Jenny Havebond Charles Freeman
<u>15th January</u> 3pm	Tuesday Circle	
<u>22nd January</u> 3pm 7pm	Shirley Darby Charles Freeman	Janelle Anderson Marcia Parkes
<u>29th January</u> 3pm	Rosie Connor	Marcia Parkes

5th Feb. Michael Wheeler will be on Platform 3pm

.Susanna Steel is well known local Medium, who regularly takes our platform.

Assunta is enthusiastic member of our Church

Shirley Darby is long time member, who has taught Astrology, Numerology and colour therapy

Charles Freeman long time member and President of our Church committee

Rosie is another member of our Church, well known medium & teacher.

Keep this page handy for reference till normality resumes!

Monday Circle with Marcia Returns—9th January

Tuesday Circle with Carmel and Bill Returns 10th January—

Wednesday Circle with Yvonne & Joanne Returns—18th January

Reading Day goes into recess from 24th November till February

Friday Circle with Jenny Returns—6th January

Coffee Club resumes 2pm –4pm 21st January 2

Saturday Yoga with Jim Geddes Returns 8.30am 7th January.

Do You Believe in the Greatness of Humanity?

The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively. ~ Bob Marley

Buddhist monk Matthieu Ricard tells the story of Father Pierre Ceyrac, a Roman Catholic Jesuit priest and missionary. For 60 years, Father Ceyrac cared for over 30,000 children in India. He lived to be 98 years old, spending almost all his adult life caring for others.

Here are some of Father Ceyrac's thoughts:

Despite everything, I'm struck by the goodness of people, even those who seem to have their hearts and eyes shut. It is other people, all others, who create the fabric of our lives and shape the way we live. Each is a note in the "great concert" of existence, as the poet Tagore phrased it. No one can resist the call of love. We always end up opening ourselves to it.

I truly believe that man is intrinsically good. We must always see the good, the beautiful, in a person, never destroy, always look for someone's greatness without distinction of religion, caste, or belief.

Spirit

We realize the title Johnny chose for this post may strike you as odd, perhaps even cynical. How great can humanity be when you look at the state your world is in right now? War, violence, disease, sickness, political turmoil, greed, anger, and so on—you're all familiar with that dreary litany.

We know many of you were not raised to believe in your own greatness—just the opposite, in fact. If you thought or, heaven forbid, said, you were great, you were accused of being arrogant, selfish, and totally wrong. Sound familiar?

And yet we see you for the beings you truly are. You have song of praise to God: How Great Thou Art. But greatness, in your eyes applies only to God—or the infinite power of the universe, or whatever name you prefer for divine energy.

Yet you—each one of you—are equally great. Yes, you are as great as God. You have never been less than God. For you are all part of the "fabric" of God, if you will. You are God.

It is only in your denial of your own greatness, individually and as the human race, that you managed to create the world you now see. The world you read about in your news media.

But that is all an illusion, albeit one you created and which seems very real to your physical eyes.

The reality is you are great. Period!

You have the ability to move beyond the illusion, to move back into the greatness you came from, the greatness you are, the greatness you must inevitably return to.

That is how we see you. That is how God sees you. Reclaim your power. Your world needs you. The next time you look into your own eyes in a mirror, say to yourself,

"How great thou art!"

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John Cali extended us the right, by email to publish his website entries in our newsletter

"You were born with potential
You were born with goodness and trust
You were born with ideals and dreams
You were born with greatness
You were born with wings
You are not meant for crawling, so don't
You have wings
Learn to use them and fly"

Rumi

BITS AND PIECES

When things in your life seem almost too much to handle, when 24 hours in a day are not enough, remember the mayonnaise jar and the 2 Beers.

A professor stood before his philosophy class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full.. The students responded with a unanimous 'yes.'

The professor then produced two Beers from under the table and poured the entire contents into the jar effectively filling the empty space between the sand. The students laughed..

'Now,' said the professor as the laughter subsided, 'I want you to recognize that this jar represents your life. The golf balls are the important things---your family, your children, your health, your friends and your favorite passions---and if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house and your car.. The sand is everything else---the small stuff.

'If you put the sand into the jar first,' he continued, 'there is no room for the pebbles or the golf balls. The same goes for life.

If you spend all your time and energy on the small stuff you will never have room for the things that are important to you.

Pay attention to the things that are critical to your happiness. Spend time with your children.

Spend time with your parents. Visit with grandparents. Take your spouse out to dinner. Play another 18. There will always be time to clean the house and mow the lawn.

Take care of the golf balls first---the things that really matter. Set your priorities. The rest is just sand.

One of the students raised her hand and inquired what the Beer represented. The professor smiled and said, 'I'm glad you asked.' The Beer just shows you that no matter how full your life may seem, there's always room for a couple of Beers with a friend.

.....

We are about to take our tentative steps in 2017. It lies before us, unlimited possibilities, some exciting, some no doubt testing. So many new things developing almost daily, I just hang on tight for the ride. Embracing just what I can handle, and letting others, mostly younger and more with it, guide me when necessary. When my computer asks me in a cultured voice, just what do I want, I find it hard to answer coherently. I have vivid memories of my wonder, and disbelief when we purchased our first Tape recorder (reel to reel) now I have an I pod that plays my books, and yes, asks me what I want it to do. One day I may answer it.

Time appears to be moving faster, perhaps it is just that every day presents so much, it is very easy to opt out and just cruise, but we daren't, we will get left too far behind, we have to cling on tight, see where this marvellous age takes us. It is obvious that we have been given our off spring, and indeed their off spring, to help keep us on our toes. Enjoy the ride, it can be scary!!!!!!

2017 Numerology Predictions

2017 will be a year for great progression! In numerology, 2017 is considered as year 1, which means it'll be a year for plenty of new elements and lots of hope! Welcome it with open arms!

Discover what awaits you in 2017

2017 looks to be a year full of potential and great promise. The New Year will bring about points of reflection, be it on our lifestyles or our attitudes. In 2017, searching for ways in which to be more ethical and responsible will be important factors

Your Faith depends on how you seek the truth within you and also around you.

Ivo van Emmerik

More bits and pieces

SPIRITUAL AND ENERGY HEALING. JANUARY AT COFFEE CLUB

Does healing help to quieten the mind, fill your soul, expand your awareness and ultimately find your purpose in life? How does spiritual healing work. "Spiritual healing is the healing of the unseen energy in our energy field. It is not magic! We know that we are out of *balance if we become angry or afraid about something in our lives. Spiritual healing is the process of releasing blocked energy which is not serving us well in our lives.* We could discuss how S&E healing works, various methods used, how to use it in our own daily lives.

From the Cambridge Dictionary : the activity of making a person healthy without using medicines or other physical methods, sometimes as part of a religious ceremony. *Spiritual healing has an ancient pedigree, with much evidence of success.*

I think this would be a good subject to start the new year.

Come along to our first Coffee Club discussion group for 2017 on Saturday 28th January

Meetings will revert back to 3rd Saturday each month in February.....**Krys**.....

This year's donation from our Church, \$4000 to the Kids Klub at John Hunter Hospital included all money taken at Coffee Club afternoons, all raffle proceeds for year, and refund of our BAS payments. Well done all who contributed.

Quote of the Day: The thing always happens that you really believe in; and the belief in a thing makes it happen." Frank Lloyd Wright - Architect (1867-1959)

SCIENTIST: TALKING TO OUR CELLS CAUSES THE BODY TO HEAL ITSELF

Fascinating discoveries about the brain are abounding lately, to the point where science and holism are unifying. One particularly interesting area of research involves the connection of our thoughts and our physical bodies, to the extent that some now point to evidence suggesting that we can 'talk' to our body and have it cooperate.

In his book *Biology of Belief*, Dr. Bruce Lipton seeks to show evidence that the common idea of DNA controlling body processes is flawed, instead proving that there must be another prime mover behind the DNA: signals received outside the cell, including our thoughts.

How can we do this? Meditation has been shown to be the key ingredient in one's daily habits to achieve a state of mind-body connection. A regular practice in meditation will allow one to enter the deeply relaxing alpha and powerful, trace-like theta brain wave states. In these meditative states, we can open the channels of communication between thoughts and cells. With regular meditation, we can experience an intimacy with our own bodies as never before, such as the realization that we are comprised of trillions of cells, each their own universe with their own experiences. We can then build a bridge of communication between thought and body to heal minute issues that lead to disease. The emotions arising from this process assist by stimulating the release of hormones by the endocrine system.

This mind-body connection is similar to the Eastern philosophy of oneness. understood that all life

Let's all strive to make 2017 our year of "new beginnings" we have so much, lets reinforce that and share with even more.....*Happy New Year to each and every one of you,*

Alva

10-Week Spiritual Development Course with Rosie Connor

Whether you are starting out on your spiritual journey or already have some prior knowledge, these ten-week courses provide you with the opportunity to learn and grow.

You will learn how to use your energy safely, stay grounded, and practice development techniques such as: chakra and energy work, psychic techniques, psychometry, flower readings, and angel card readings as well as learning to give psychic messages.

This work will strengthen your abilities and provide you with confidence and trust so that you can move forward to help yourself and others.

Venue: Newcastle Spiritualist Church

Cost: \$25 per session (\$50 non-refundable deposit to hold your place)

When: Thursdays (Next course starts 2nd February 2017)

Foundation Class: 7.30 – 9pm



Booking: Please book early to avoid disappointment. Contact **Rosie on 0429115070** to book your place.

Please Note: You must be a member of the church to join. Places are limited only COMMITTED individuals who can make ALL sessions need apply.

Rosie trained at the College of Psychic Studies in London, UK. She has been a working medium for the past ten years. She holds a Master of Arts in Education and a Post Graduate Teaching Certificate. She teaches Spiritual Development at all levels.



.....
**MIKE MAYES AND SANDI CLARK
MAYES**



**INTERNATIONAL HEALERS AND
MEDIUMS**

trained at the Arthur Findlay College in the UK

4th March 2017 – 10pm–4.30pm

NEWCASTLE SPIRITUALIST CHURCH WORKSHOP “MEDIUMSHIP – THE EXTRAORDINARY JOURNEY”

Wherever you are with your mediumship, this workshop will allow you to advance to a deeper and more effective level. Tuition and practice sessions will be given in the following subjects:

Working with the energy of both the Spirit World and this World/ knowing your backstage crew/ identifying and enhancing the clair senses you use/ using the chakras in mediumship/ sharpening your evidence/ using symbols and colour/ private readings/ demonstrating/ using trance to deepen your mediumship. \$150.00 per person

5th March 2017

ADVANCED MEDIUMSHIP MASTERCLASS “DARE TO GO DEEPER”

Wherever you are with your mediumship, this workshop will allow you to advance to a deeper and more effective level. Tuition and practice sessions will be given in the following subjects: Getting maximum information from the energy of both the Spirit World and this World/organizing your backstage crew/ enhancing the clair senses you use/using the chakras in mediumship/sharpening and adding details to your evidence/organizing the Spirit World to use your code of symbols and colour / using trance to deepen your mediumship.\$100 per person

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 49284656 or email alvad@bigpond.com.au for availability and details.

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Baileys Dip Recipe from Marcia

1/4 cup of Baileys liquor
2 heaped Tablespoons of Brown Sugar
dissolve sugar in baileys and add to
1 large container of Sour Cream (not Light)
adjust to taste leave in refrigerator 24 hours

Serve with Fruit, wafer sticks, or put on
pudding Delicious!

Note. Sorry but last month the baking time
for bran Loaf was omitted.....

It needs to bake for 45mins.

"You were born with potential
You were born with goodness and trust
You were born with ideals and dreams
You were born with greatness
You were born with wings
You are not meant for crawling, so don't
You have wings
Learn to use them and fly!"

- Rumi BestQuotes4You.Com