

FEBRUARY 2015

Newcastle Spiritualist Church Inc



3 Swan Street
Off Darby Street via Queen Street

P.O. Box 2251, Dangar 2309
Phone 02 4926 3402



DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	**7pm**	10th February
WEDNESDAY	1.00am-2.30pm 7.30pm-9pm	Yvonne Warren & Joanne Jo Burgess	Meditation/Development Meditation/Development
THURSDAY	Readings \$25	Resume February 6th	8.30-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services. All welcome
SATURDAY	COFFEE CLUB	Resume February 21st	Discussion with refreshments

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

As this New Year unfolds things are appearing to move faster and faster.

All Circles are back and our full programme is underway.

Delighted to report membership and attendance are both up, and our first workshop, with Shirley Darby is planned, details inside Newsletter.

Rosie Connor's classes are in full swing, totally booked.

Assunta is planning a Retreat, perhaps at Tocal, following on the successful one Jo organised last year. Committee has to finalise details, so keep your eye out, finalised shortly! Watch noticeboard.

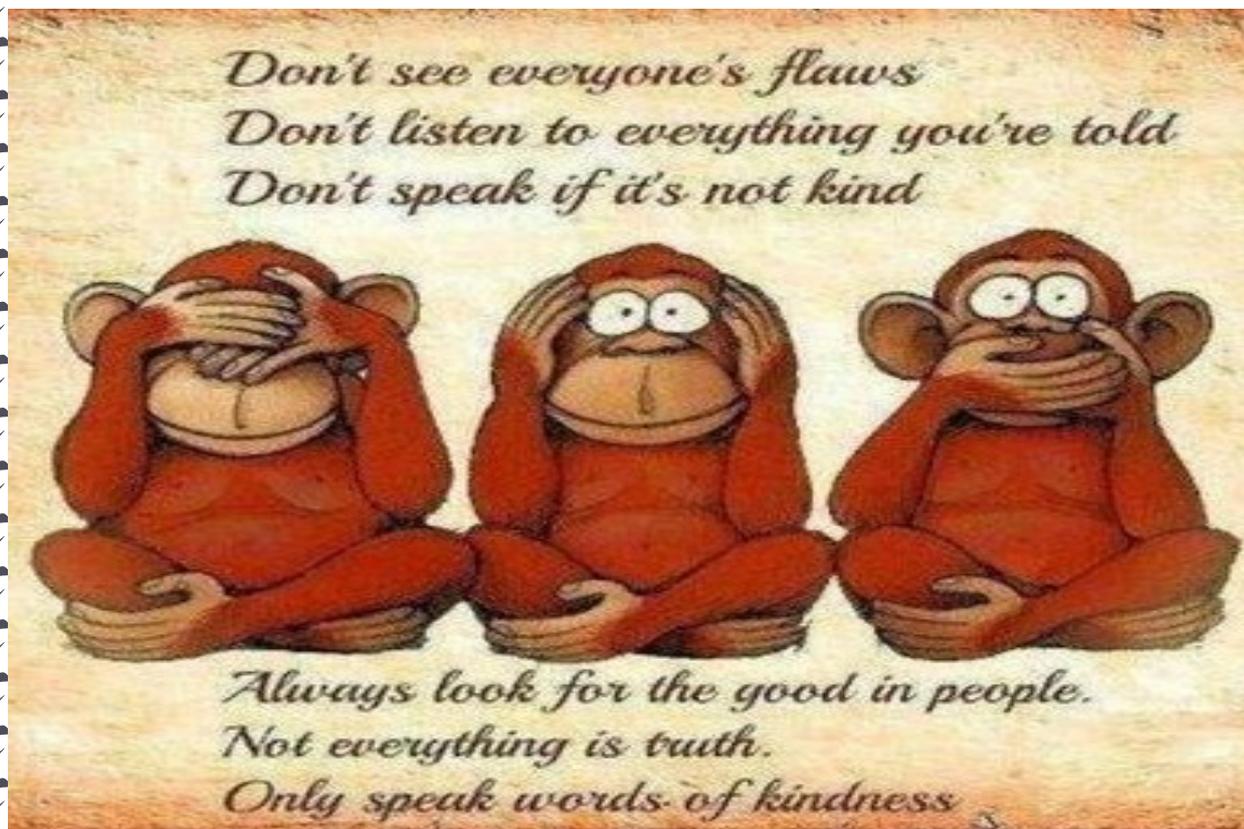
We asked again for your assistance in the matter of suitable guest speakers, please let Rosie, or member of committee know of those you think suitable. Perhaps you would welcome opportunity to be our speaker, and we are always delighted when members step forward to chair our services.

An opportunity to put to work those things learned in Circle, or Life.

Thanks to those members who regularly bring along food to share after the Service, it makes such a difference.

That's about it for this month, chat to me if you have any concerns or suggestions, See you in Church

Charlie



PROGRAMME FOR JANUARY 2015

DATE	SPEAKERS	CHAIRPERSON
<u>1st March</u>		
3pm	Suzie Price	Krystyna Johnson
7 pm	Rev. Mark Penkala	Charles Freeman
<u>8th February</u>		
3pm	Cheryl Rathbone	Jenny Havebond
7pm	Adam Price	Charles Freeman
<u>15th February</u>		
3pm	David Sumner	Assunta Martinelli
7pm	Rosie Connor's group	
<u>22nd February</u>		
3pm	Rosie Connor	Anona Uniocomb
7pm	Paula Finn	Mark Boyle
<u>1st March</u>		
3pm	Danielle Smith	Garry Hall
7pm	Peter Madden	Marcia Parkes

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Medium Suzie Price, well known as the Ghost whisperer opens our month. Suzie has written an amazing book, pretty sure we have it in our library.

Rev. Mark is a regular speaker, as is David Sumner.

Cheryl Rathbone is a Reiki Master

Adam Price returns, Adam is always popular, and is having a growing career as a recording Artist. Having survived a life threatening illness, Adam really appreciates life.

Rosie's group will take the platform, and present the Service.

We have a tradition of our various Circles, from time to time, presenting the Service. As the year moves on, no doubt we will see other groups, or Circles coming forward.

Rosie herself will be on the platform the following week presenting proof of survival.

Medium Danielle Smith returns. Her Dad, Garry Hall will be chairing this meeting.

Peter Madden returns. This gentle man is always a popular speaker. Peter is very connected to the work of John of God, recently in Australia.

You can always tell a true friend:

When you have made a fool of yourself, she doesn't feel you have done a permanent job.

Are We Multidimensional? by John Cali and Spirit

You are a multidimensional personality, and within you lies all the knowledge about yourself, your challenges and problems, that you will ever need to know. ~ [Seth, as channelled by Jane Roberts](#) Last Friday morning I awoke early, about 3:30 a.m. I felt strange — not in a bad way — just different from any feeling I've ever had in this lifetime.

A bit later I went to Frank's Barber Shop for a haircut. (I've written about Frank before, A visit with Frank is always uplifting. He's a really funny, delightful guy. At 81 years old, he's still cutting hair full time. He's in great physical shape, and is one of the wisest men I've ever known.

The feeling I awoke with continued through the hour or so I was at Frank's, and then beyond — including a trip to the grocery store a bit later. On the way home from the store I had a powerful, instantaneous insight into what was happening.

I'm not sure exactly where the insight came from, probably a combination of my spirit guides and my own intuition/higher self. But it was startlingly clear and, as I said, instantaneous — like a bolt of lightning.

Briefly, this is what the insight showed me:

I was, somehow, more fully present in the moment than I had ever been before. It was as if my perception of myself, other people, and the world around me was expanded and brilliantly clear. I felt detached and "above" it all, looking "down" at it.

I was totally at peace, within and without, fully there in that moment. It felt I was living and perceiving from two different dimensions — the "higher" dimension of Spirit or God and the "lower" dimension of physical human existence. Somehow the two had been "blended."

I started thinking about a couple issues that had been bothering me lately — nothing serious, but still bothersome.

Suddenly I was seeing those issues in a totally new light. They no longer bothered me. It was as if I was observing them in another person, not myself. I was reminded of that little affirmation I use every day:

"Everything always works out for me."

As I'm writing this the next day, Saturday, that amazing feeling is still with me.

I may ask my spirit guides what it was all about. Depending on what they say, we may talk about this again in another post.

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The police came to Paddy's front door last night holding a picture of his wife.

They said "Is this your wife, sir?" Shocked Paddy answered, "Yes"

They said, "I'm afraid it looks like she's been hit by a bus."

Paddy replied, "I know, but she has a lovely personality."

NSCI COFFEE CLUB Recommences on Saturday February 21st at 2pm.

Looking forward to catching up with our group and invite all members and their friends to come and join us on the 3rd Saturday of each month at the Church. Donation is \$6 which is donated to the Kids Club at John Hunter and you receive a refillable cuppa and refreshments. This is a Social afternoon where members can just sit, relax, develop their knowledge further and discuss freely topics that are of interest to them The first topic of the year will be about Soul. This will be a good subject to research and may continue over a few sessions, or just one.

Do we really understand the Soul?

Do we have a Soul?

What is an old Soul?

Soul to Soul- dimensional healing

Understanding Soul companions and Soul mates

The mystery of Spirit-Soul body

Reincarnation

Come along, you will enjoy a bit of lively discussion

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As Charle's letter told us, another retreat is being planned at Tocal. The last one Jo planned was very well received, and we are sure this year's one will be too. Keep your eye on the noticeboard for details. On the board you will see the list to sign up for Shirley Darby's workshop, Chakras, Auras & Crystals. Shirley is just back for 6 weeks in New Zealand and is very keen to get back to work.

Please support our Advertisers they stay with us. Solara is back, and we are running a notice from Royal Society of the Blind. Moves are afoot to organise a proper sound system for Services. It seems half of us are growing deafer, and the other half are speaking softer. Not a good combination. A new whiteboard is on the way, and the problem with the under sink heater is being sorted... Lots of jobs are constantly being done, no one notices them until something goes wrong..... After the success of the last raffle, Assunta has come up with a great Easter raffle, check it out!.....Rosie has our programme well in hand, but please let her know if you would like to go on Platform as speaker or chairperson. ...You have grown so much since you first joined us, think about pushing yourself the next step.... I believe the Ant spray that was purchased for the kitchen worked so well, someone took it home to try it! Please buy yourself a can at Bunnings and bring our's back!

Recently we were told of the passing of former member June Healey. Our sympathy to June's Family.

As always, all the mistakes are mine, thanks to those that contributed items

Alva

Bedtime story:

"Franz Kafka, the story goes, encountered a little girl in the park where he went walking daily. She was crying. She had lost her doll and was de...solate.

Kafka offered to help her look for the doll and arranged to meet her the next day at the same spot.

Unable to find the doll he composed a letter from the doll and read it to her when they met.

'Please do not mourn me, I have gone on a trip to see the world. I will write you of my adventures.'

This was the beginning of many letters. When he and the little girl met he read her from these carefully composed letters the imagined adventures of the beloved doll. The little girl was comforted.

When the meetings came to an end Kafka presented her with a doll. She obviously looked different from the original doll. An attached letter explained: 'my travels have changed me...'

Many years later, the now grown girl found a letter stuffed into an unnoticed crevice in the cherished replacement doll. In summary it said: 'every thing that you love, you will eventually lose, but in the end, love will return in a different form.'" —Kafka & the Doll: The Pervasiveness of Loss, May Benatar

The Church

We believe that spirit communication is a sacred gift to bring messages of hope, upliftment and most important of all, spiritual guidance to all.

Our Philosophy

As a spiritualist church we recognise the unity of all peoples, all beliefs and all lifestyles. No matter what your beliefs or philosophies may be all are welcome within our church. Spiritualism aims to prove the belief that life continues after physical death, here at The James Gardner Christian Spiritualist Church we aim to provide demonstrations of mediumship bringing that proof that makes a belief a certainty and a personal knowledge that "There is no death" We want to promote within the members of our church the love, understanding, compassion, care and respect that the spirit world encourages within us all. All we ask in return is the support of our members to continue to keep The James Gardner Christian Spiritualist Church a sanctuary of love, peace and healing where all are welcome. Taken from their website check it out. It is in Lancashire, UK

A psychologist walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half empty or half full" question. Instead, with a smile on her face, she inquired: "How heavy is this glass of water?"

Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralyzed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralyzed - incapable of doing anything."

Remember to put the glass down.



CHAKRAS, AURAS & CRYSTALS WORKSHOP

With Shirley Darby
At Newcastle Spiritualist Church, Cnr. Swan and Queen Sts.
Saturday, 28th February, 10am to 5p m. Cost \$60.00



The Workshop will cover:-
Measuring your Aura,
How to enlarge your Aura.
Chakra colours for Healing
The NEW Chakras
Balancing the Aura with a quartz crystal pendulum
(bring your own if you have one)
Balancing the Aura with Kinesiology
Mending and polishing the Aura with Aura Soma.

If you wish to attend please put your name on the notice at the Church
OR contact Shirley Darby on 02 40238406

Morning tea supplied. Bring lunch or obtain it from nearby shops

A mother was concerned about her kindergarten son, Timmy, walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe. So she had an idea of how to handle it.

She asked a neighbour if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. The neighbour said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed. The next school day, the neighbour and her little girl set out following behind Timmy as he walked to school with another neighbour girl he knew. She did this for the whole week. As the two walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week. Finally she said to Timmy, 'Have you noticed that lady following us to school all week? Do you know her?' Timmy nonchalantly replied, 'Yeah, I know who she is.' The little girl said, 'Well, who is she?' 'That's just Shirley Goodnest,' Timmy replied, 'and her daughter Marcy' 'Shirley Goodnest? Who is she and why is she following us?' 'Well,' Timmy explained, 'every night my Mum makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, 'Shirley Goodnest (surely goodness) and Marcy (mercy) shall follow me all the days of my life', so I guess I'll just have to get used to it!' The Lord bless you and keep you; the Lord make His face shine upon you, and be gracious unto you; the Lord lift His countenance upon you, and give you peace. May Shirley Goodnest and Marcy be with you today and always I know you smiled! I sure did, Pass this on

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