

FEBRUARY 2016

Newcastle Spiritualist Church Inc



3 Swan Street
Off Darby Street via Queen Street

P.O. Box 2251, Dangar 2309
Phone 02 4926 3402



DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting Bendy yoga with Jim	**7pm** Jim Geddes	9th February 6pm every other Tuesday
WEDNESDAY	11am-2.30pm	Yvonne Warren & Joanne	Meditation/development
	7.30pm	Albert Kohl	Spiritual Healing
THURSDAY	Readings \$25	Restart 4th February 2016	8.30am-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various Mediums	Each Sunday
SATURDAY	Coffee Club	2pm-4pm	20th February
	Bendy Yoga with Jim	8.30am	Each Sunday

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

Our first month has gone.

Welcome to our 2016 programme, full of exciting things.

Our opening workshop is with Maya 27th February, presenting a Dreamboard Workshop 27th February. Bookings necessary.

All Circles have resumed, including Wednesday evening Healing Circle with Albert Kohl

Additional Yoga class will now be held on Tuesday night, with Jim.

This class needed room to grow, so it will be held each Tuesday evening apart from the second Tuesday of each month, in addition to Saturday mornings.

Our fans have now been reorganised, and a switch has been fitted, under Air-con switch to ensure they can be turned off..

Remember, just over 300 days to Christmas

Charles Freeman

President

.....

You can achieve a lot by doing small things regularly.
You can do it as well by creating a To do List and regularly update or rehearse what you want to achieve so your goals are set for the next two months or even a year away. The blemish of not doing anything at all or not setting a goal can weigh a lot heavier later on in life especially when you get to the End of your Earthly Term.

Ivo van Emmerik

We've found these 3 quotes from Lao Tzu's *Tao Te Ching* to share with you. Our hope is that they help you out of your holiday funk and over the holiday hump.

"He Who Knows That Enough Is Enough Will Always Have Enough.

"Prepare For The Difficult While It Is Still Easy. Deal With The Big While It Is Still Small. Difficult Undertakings Have Always Started With What's Easy..."

Great Undertakings Always Started With What Is Small. Therefore, The Sage Strives For The Great, And Thereby The Great Is Achieved."

He Who Conquers Others Is Strong; He Who Conquers Himself Is Mighty."

PROGRAMME FOR FEBRUARY 2016

DATE	SPEAKERS	CHAIR
7th February 3pm 7pm	Maya Knight Albert Kohl`	Anona Unicomb Charles Freeman
14th February 3pm 7pm	Marcia Parkes Charles Freeman	Jenny Havebond Maree Miller
21st February 3pm 7pm	Rose Mayhew Assunta Martinelli	Anona Unicomb Charles Freeman
27th February	Maya Knight Workshop 10am-2.30pm Book now	
28th February 3pm 7pm	Paul White Marcia Parkes	Jenny Havebond Charles Freeman
6th March 3pm 7pm	Christine Wilcox Kathryn Stanford	Marcia Parkes Charles Freeman



A four hour fun, interactive workshop, where you will discover your heart's desires, through meditation and visualisation and creation. Bring out the inner child as you create your individual Dream Board

*Newcastle Spiritualist Church
3 Swan Street
Cooks Hill. Newcastle*

*Saturday 27th February
10:00am - 2:30pm
\$50.00
(all materials supplied)*

Phone:- 02 4926 3402

What's Your New Year's Resolution? by John Cali & Spirit

According to a survey by the Australian company, finder.com, the most common reason people fail to keep new year's resolutions is setting unrealistic goals. And about 10% of the survey participants said they made too many resolutions.

Sound familiar? I did all that for many years. But no more.

Most new year's resolutions are focused on changing things about ourselves we don't like. How about if we turn that around and start appreciating all the things we love about ourselves?

Here are a few words from Spirit.

We would love to see more of you viewing yourselves as we view you.

Your cultures have certainly "brainwashed" you into seeing yourselves in practically every way possible—*except* for who you truly are.

So we suggest you make your new year's resolution this year of 2016, and every year for the rest of your time on earth, simply to strive to be who you truly are—your true self.

Who is your true self? Do you even know?

Your true self is that all-powerful, all-knowing, all-wise, all-loving being you were created as. That is how we see you. That is how God sees you—or whatever name you prefer to use for that all-pervasive divine energy. God and we see you as the pure, powerful being of light and love you have always been. And still are.

Your beloved planet now, more than at any other time in human history, *needs you to wake up—to become your true self.*

What does it mean to become your true self?

You can start with loving yourself unconditionally. And doing whatever it takes to find inner peace. The more peaceful you are within, the more peaceful you will be without, all around you. You all know your planet needs more peacemakers now than she ever has. Be one of those loving peacemakers.

Do not play small. Do not feel unworthy. Do not feel powerless. You are none of that. See yourselves as we see you—big, worthy, and powerful. That is your true self.

Above all, just keep loving yourself—and everyone around you, your planet. And, yes, even the world's troublemakers.

Love is the most powerful force in the universe. *You are love.* Claim your power and use it to fulfil all your dreams—and humanity's eternal dream of peace on earth.

It all starts with loving yourself.

I'd like to suggest we all make this simple new year's resolution for 2016: "I will strive to love myself unconditionally in every way, and see myself as Spirit sees me."

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BITS AND PIECES

Not long ago, Indigenous Elders and Medicine People of North and South America came together in South Dakota to deliver a fundamental message to humanity and the Earth:

We are part of Creation, thus, if we break the laws of Creation we destroy ourselves. We, the Original Caretakers of Mother Earth, have no choice but to follow and uphold the Original Instructions, which sustains the continuity of Life. We recognize our umbilical connection to Mother Earth and understand that she is the source of life, not a resource to be exploited. We speak on behalf of all Creation today, to communicate an urgent message that man has gone too far, placing us in the state of survival. We warned that one day you would not be able to control what you have created. That day is here. Not heeding warnings from both Nature and the People of the Earth keeps us on the path of self destruction. This self destructive path has led to the Fukushima nuclear crisis, Gulf oil spill, tar sands devastation, pipeline failures, impacts of carbon dioxide emissions and the destruction of ground water through hydraulic fracking, just to name a few. In addition, these activities and development continue to cause the deterioration and destruction of sacred places and sacred waters that are vital for Life. –

Chief Looking Horse

COFFEE CLUB REPORT. Krys Johnson

Hi Everyone. Hope you all had a wonderful Christmas and **2016** is starting to look absolutely fabulous. The Coffee Club group certainly started the year with an excellent meeting. \$73 was raised for John Hunter Kids Club, great start. We had wonderful food and thirteen members turned up to share their thoughts on how they started their pathways to bring them so far along their journey. This is a wonderful topic and held interest by all. Such a fascinating topic sharing how we were all led along a pathway to our Spiritual Church.

These development chats are so important and exciting to us as we listen, learn, teach, research and participate in conversation. Even though we talk about the same topic we all interpret the topic differently. We become single minded in our endeavour to understand further all the wonders that are presented to us each day. We really do not have all or perhaps any of the answers but we do discuss the topic at some length to get a better understanding of our own interpretations and acceptances, and that is where we fit into the Coffee Club.

We have developed over the past two years and the group have bonded wonderful friendships, along with the coffee and afternoon goodies. We also welcomed our new visitors who come and have a peek to see if it is where this is where their journey is at present. The group welcomes newcomers and enjoy their company and hope they return. We also miss some of our past friends who came and through reasons of unavailability to attend are now unable to do so. We miss your happy faces so please come along and join us when you can. Mark Jolly has moved up to Byron Bay and we wish him well. However, we did entertain two new male visitors, which is very welcome, as we share their energies in our mix.

Until next month 3rd Saturday of the Month - February 20th, 2015.

Topic - DID WE CHOOSE THIS LIFE OR WAS IT PREDESTINED.

Have you taken the time to read the latest newsletter (found pinned to our noticeboard) from Werrington Spiritualist Church, As always it contains Church news and interesting articles. The article I found of particular interest was the report of a court case regarding Sally Morgan. She has had a very popular TV show, and was recently touring Oz, I saw her at a local Club. She was awarded damages of \$250,000 against the Daily Mail newspaper. What the case shows clearly is that anyone claiming a medium is a fraud or a charlatan, or cheat, must have specific evidence. What is also of great significance is that legally it is no longer enough for sceptics to claim as a defence to defamation that mediumship is always fraudulent. In the Helen Duncan case the judge refused and the jury refused to allow Helen Duncan to contact Spirit for them because it was implied by them that all mediumship is fraudulent..
Acknowledgement to Lawyer Victor Zammit..... www.victorzammit.com

WHAT ABOUT ME?

I saw a movie recently (I think it was the Princess Diaries) where the princess to be (who was petrified about having to stand up in front of people and make a speech) said..."I only realized today that the number of times in a day I said ME. Whilst I am nervous about taking on my new role I now realize what a wonderful position I am in, in order to help many people.

It is important to look at what talents you have to be helpful (or useful, as the Dali Lama says) and when you do that you extend your personality and gain peace of mind instead of always pushing your own ideas. One of the things you must look out for if you are working on your Spiritual Development is to balance your giving with allowing the person you are helping to give to you whatever they can. Unless you do this you are taking away their ability to be their own person and be confident with their own ideas.



Many years ago I kept seeing a poster for a Psychology Course on the wall at the train station. I was a mum with four children then but it seemed to be calling to me. One night I told my husband I was off to catch the train to Sydney to start the Course. He (being a man) thought I was meeting a boy friend and said "well, I will come with you". So he was stuck with a 12 week Psychology Course that I enjoyed but he did not really understand. The Course was all about the fact that WE revolve all our thoughts around our wants and needs. WE are always the star of the show! We are the ones that the villains pick on! Other people do not understand our point of view (which is always the best one). Why do other people not think the same way a WE do? If they just listened to ME they would understand things better. The idea of the Course was to get us to understand that *everyone* has their own ideas and how to listen to others in order to be useful.

I often tell people that my Astrological training has helped me to be more tolerant and understanding of other people's ways or ideas. Once you understand that each sign has its own way of thinking and talking you realize that it is no good trying to tell them that your way is better as they have their own pattern, just as you have yours. The same principle works with Healing. You don't do healing on anyone unless they allow you to do so.

Stop and think about it for a moment. You have your own ideas that have been formed by your Astrological/Numerological personality, the experiences you have had, the life you have had with your family, the life you have with your own partner and children. The jobs you have had, travelling you have done etc. This has formed you as you are, and it has also formed any person or persons you are dealing with. Give them the same acceptance that you would like them to give you.

If you are dealing with a person or persons who's ideas differ from you do not think that they should drop all their ideas and suddenly take up yours. Allow them to be who they are. If they do not wish to understand your views they have the same right to do so as you do.

So instead of centring all your thoughts around what YOU want try to be of help to others and try to see what THEY want.

WORD OF WARNING... Don't think you are being 'Spiritual' by letting people use you or push you around. As a kind or Spiritual person it is good to be helpful to others but you must also respect your own abilities and ideas while you appreciate the needs of others.

Posted by Shirley....Good news, Shirley will be holding workshops later in year, Keep you eye out.. Great value

Plan ahead....	9th April	Numerology workshop with Shirley	10am-4pm	\$60
	20th August	Chakras and Auras with Shirley	10am-4pm	\$60

Shirley usually has a break for lunch, so you can bring your own or go to nearby shops. Full details when we are a little closer. Deposit or full amount to be paid on booking.

MORE BITS AND PIECES

Rosie has been busy, as always. The latest Mediumship classes are underway, and a number of Workshops are already booked for throughout the year. A second Open Day has been planned for October, so there is lots to keep your eye out for. Among later workshops, Medium Val Hood and also Sue Rose. Maya's Dreamboard Workshop looks interesting, this month.

Meanwhile, thanks to those members who send in items for our newsletter, and remember, suggestions for Speakers are always needed. Perhaps this is the year YOU can take a more active part, on platform Remember what ever you contribute comes back multiplied.

Following on the success of last year's retreat, Assunta has undertaken to deliver another, just as good, this year, probably about August, no actual date yet.

Our Mark Jolly is now in Byron, and at Starseed Gardens for a couple of months, but we can keep in touch through Facebook. Our Church Facebook is really popular, we have number of 4000 plus. Thanks to all the members that support it. Good way to see lots of interesting things you would otherwise miss.

A new addition to Committee: Albert Kohl has joined the committee. When our building was originally purchased, Albert stood as Trustee and did most of the repairs and remodeling necessary to make our Church as it is today. He is now back with us, on Wednesday night, teaching Spiritual Healing, using Divine energy. Perhaps you have seen him on the platform.

It has come to our attention that some members.. are concerned at receiving "readings" from other members, during functions or directly after services. These "readings" are unasked for, and at times when given in a group, embarrassing for the recipient. It is important to remember to be mindful of others. It has always been the policy at Swan Street Church in these circumstances to approach the subject of the message, and ask if they would like to hear a message, which would then be delivered in private.

English Medium Karen Line Jones spoke of this in her workshop. She believes it is encroaching on people's privacy, and is to be avoided. This of course is not to be confused with work from Platform.

It looks like another fantastic year ahead, so much is already planned, but there is still time for your ideas for functions and workshops. There is so much out there of interest. And so many willing to share there knowledge.

When you next come along, take a minute when you enter, to notice all the time and care lavished on Swan Street Church. So many people contribute, in so many ways, to create and maintain this special place. It is indeed a "special place" become involved this year, don't just visit, be part of this wonderful group.

I am frantically searching my memory banks for things I am meant to include, but it appears I can think of nothing. (until I sign off that is)

Remember that Bendy Yoga with Jim is resuming this week, and because it has become so popular, a second class will now be held 6pm each Tuesday evening, apart from the second Tuesday every month. I hope that is clear, quite tricky to actually impart.

Remember to keep your eye out for upcoming workshops and events. It is planned that when bookings are made for workshops, the money is to be placed in an envelope, the envelope will have ALL details of who is making the booking: name, PHONE number etc. and will be given to facilitator or committee member for recording. Non refundable deposit will be kept should you not attend.

Well my poor tired brain says it is time to finish, remember I apologise in advance for mistakes, will close with some handy hints especially for us oldies..

Alva

Grandparents don't have to be smart, they do have to answer questions like "why isn't God Married?" They know we should have snack time before bedtime and they say prayers with us every time, and kiss us even when we've acted bad.

Grandpa is the smartest man on earth! He teaches me good things but I don't see him often enough to get as smart as him!

They don't say "Hurry up."

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 49284656 or email alvad@bigpond.com.au for availability and details.

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A devout cowboy lost his favourite Bible while he was mending fences out on the range. Three weeks later, a porcupine walked up to him carrying the Bible in its mouth. The cowboy couldn't believe his eyes. He took the precious book out of the porcupine's mouth, raised his eyes heavenward and exclaimed, "It's a miracle!" "Not really," said the porcupine. "Your name is written inside the cover."

A blonde walks into a library and asks the librarian, "Can I have a burger and fries?" She replies, "Sorry, this is a library." The blonde whispers, "Oh, sorry. May I have a burger and fries?"

I rear-ended a car this morning. So, there we were alongside the road and slowly the other driver got out of his car. You know how sometimes you just get soooo stressed and little things just seem funny? Yeah, well I couldn't believe it... he was a DWARF!!! He stormed over to my car, looked up at me, and shouted, 'I AM NOT HAPPY!' So, I looked down at him and said, 'Well, then which one are you?' And then the fight started...

A man woke up in a hospital after a serious accident.

He shouted, "Doctor, doctor, I can't feel my legs!" The doctor replied, "I know you can't – I've cut off your arms!"

A woman brought a very limp duck into a veterinary surgeon and laid it on the table. The vet pulled out his stethoscope, listened to the bird's chest and informed the woman that her duck was dead. The distressed woman wailed, "Are you sure? I mean, you haven't done any testing on him or anything. He might just be in a coma or something." The vet rolled his eyes, left the room and returned with a Labrador retriever. The dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head. The vet patted the dog on the head and led it out of the room. A few minutes later he returned with a cat. The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely a dead duck." The vet turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman. The duck's owner, still in shock, took the bill and screamed, "\$150! Just to tell me my duck is dead?"

The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the lab report and the cat scan, it's now \$150."

What did the ghost say to the wall?
Hey, sorry just passing thru.