

FEBRUARY 2014

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting	**7pm**	11th February
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	Readings in Recess	Returning 6th February	Thanks to Mediums for 2013
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome
SATURDAY 15TH	COFFEE CLUB 2-4PM	ALL WELCOME	\$6 FOR REFRESHMENTS

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Members,

At present I am spending some time in Shortland Private Hospital, while my ongoing health problems are sorted out.



Many thanks for the good wishes and prayers, it helps to know so many care, and I look forward to being back with you all.

Meanwhile it is heartwarming to know so many are going about their tasks, and all Circles are running again. Please support old and new plans and come forward with others you would like to see implemented.

As most of you would know, from the Newcastle Herald, my daughter Kris, together with husband Jim has lost her home and business in a devastating fire this week. Thank you for your support for them.

Will see you all at Church shortly,

Carmel Colquhoun

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Comfort on difficult days
Smiles when sadness intrudes,
Rainbows to follow the clouds,
Laughter to kiss your lips,
Sunsets to warm your heart,
Gentle hugs when spirits sag,
Friendships to brighten your being,
Beauty for your eyes to see,
Confidence for when you doubt,
Faith so that you can believe,
Courage to know yourself,
Patience to accept the truth,
And love to complete your life.
God Bless You.

Ralph Waldo Emerson ~

PROGRAMME FOR FEBRUARY 2014

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIRPERSON</u>
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2nd February

3pm	Shirley Darby	Assunta Martinelli
7 pm	Marcia Parkes	Maree Miller

9th February

3pm	David Everett	Ivo Van Emmerick
7pm	Terry Tomlin	Charles Freeman

15th February Initial meeting of Coffee Club 2pm-4.30pm \$6 with Krystyna.

16th February

3pm	Adam Price	Jennifer Judd
7pm	Jo Burgess	Assunta Martinelli

22nd February

Numerology Workshop with Shirley Darby 10-5pm \$55 See notice board

23rd February

3pm	Karen Burge	Jo Burgess
7pm	Saanvi	Yvonne Gibson

Number of members and old friends on platform this month.

Shirley Darby well known for her Astrological and Numerology workshops.

Dave Everitt works as a healer using kinesiology and other modalities. A friend over many years. Always welcome.

Marcia Parkes is facilitator of Monday evening Circle, and Church treasurer. Marcia has given many years to studying & working with Spirit.

Terry Tomlin regularly visits to share his insight on Spiritualism and more.

Adam Price is our young friend with the great voice, who recovered from life threatening illness, to build a whole new career, as country & western singer.

Medium Jo Burgess, Jo is facilitator of Wednesday evening Circle.

Karen Burge returns. Karen publishes Wellbeing Guide. Runs groups, creates with glass.

Saanvi, formerly Sylvie, returns to platform. Saanvi is a longtime member who has devoted much time to studying differing modalities.

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Remember, our speakers are not paid for their attendance and when they visit, we owe them the courtesy of a good hearing. Not all speakers suit all our members, but without speakers with differing points of view, things would stagnate, we would not be able to learn, and perhaps grow our beliefs.

Another point to remember, all work differently, Mediums providing "proof of survival" naturally need more time, for each reading, while those doing "psychic" readings usually give short sharp readings, taking less time for each.

Be patient, and understanding, and be glad we have such speakers who give so freely of their time, and abilities.

Who Was Edgar Cayce?

Twentieth Century Psychic and Medical Clairvoyant



Check out our Library for books concerning this important figure.

Edgar Cayce (pronounced Kay-Cee, 1877-1945) has been called the "sleeping prophet," the "father of holistic medicine," and the most documented psychic of the 20th century. For more than 40 years of his adult life, Cayce gave psychic "readings" to thousands of seekers while in an unconscious state, diagnosing illnesses and revealing lives lived in the past and prophecies yet to come. But who, exactly, was Edgar Cayce?

Cayce was born on a farm in Hopkinsville, Kentucky, in 1877, and his psychic abilities began to appear as early as his childhood. He was able to see and talk to his late grandfather's spirit, and often played with "imaginary friends" whom he said were spirits on the other side. He also displayed an uncanny ability to memorize the pages of a book simply by sleeping on it. These gifts labelled the young Cayce as strange, but all Cayce really wanted was to help others, especially children.

Later in life, Cayce would find that he had the ability to put himself into a sleep-like state by lying down on a couch, closing his eyes, and folding his hands over his stomach. In this state of relaxation and meditation, he was able to place his mind in contact with all time and space — the universal consciousness, also known as the super-conscious mind. From there, he could respond to questions as broad as, "What are the secrets of the universe?" and "What is my purpose in life?" to as specific as, "What can I do to help my arthritis?" and "How were the pyramids of Egypt built? His responses to these questions came to be called "readings," and their insights offer practical help and advice to individuals even today.

Many people are surprised to learn that Edgar Cayce was a devoted churchgoer and Sunday school teacher. At a young age, Cayce vowed to read the Bible for every year of his life, and at the time of his death in 1945, he had accomplished this task. Perhaps the readings said it best, when asked how to become psychic, Cayce's advice was to become more spiritual.

Although Cayce died more than 60 years ago, the timeliness of the material in the readings — with subjects like discovering your mission in life, developing your intuition, exploring ancient mysteries, and taking responsibility for your health — is evidenced by the hundreds of books that have been written on the various aspects of this work as well as the dozen or so titles focusing on Cayce's life itself. Together, these books contain information so valuable that even Edgar Cayce himself might have hesitated to predict their impact on the contemporary world. In 1945, the year of his passing, who could have known that terms such as "meditation," "Akashic records," "spiritual growth," "auras," "soul mates," and "holistic health" would become household words to millions?

The majority of Edgar Cayce's readings deal with holistic health and the treatment of illness. As it was at the time Cayce was giving readings, still today, individuals from all walks of life and belief receive physical relief from illnesses or ailments through information given in the readings — some readings were given as far back as 100 years ago! Yet, although best known for this material, the sleeping Cayce did not seem to be limited to concerns about the physical body. In fact, in their entirety, the readings discuss an astonishing 10,000 different topics. This vast array of subject matter can be narrowed down into a smaller group of topics that, when compiled together, deal with the following five categories: (1) Health-Related Information; (2) Philosophy and Reincarnation; (3) Dreams and Dream Interpretation; (4) ESP and Psychic Phenomena; and (5) Spiritual Growth, Meditation, and Prayer.

Further details of Cayce's life and work are explored in the classic book, *There Is a River* (1942), by Thomas Sugrue, available in hardback, paperback, or audio book versions.

Our library contains books of Edgar Casey. A truly remarkable man.

BITS AND PIECES

Sorry this newsletter is a little late, won't go into the why, just celebrate the fact that it finally is done.

An apology to Rosie Connor as it may be too late for enrolment in her classes. Did put details on Facebook, so hopefully you got the message if you hoping to join Rosie's new classes Notice is also on noticeboard.

Ring Rosie at 0429115070 if you are a Church member and wish to learn with Rosie. Classes start 30th January, till 3rd April \$40 non refundable deposit. \$20 per session. Foundation class 6-7.30pm Intermediate class 7.30-9pm.

Several late changes to speakers also, so not entirely my fault I'm late!

Get well messages to Jo, Carmel Colquhoun and Ilse, trusting their health problems will be sorted out., and to any one feeling under the weather, as "they" say, "it too will pass" or something like that.

Once again a great programme of speakers, don't forget to let our speakers know how much you appreciate the time they spend with us, and let Jo know if you have suggestions for speakers.

An entirely new initiative,

Krys Johnson is holding the inaugural meeting of the

Coffee Club 15th February, at 2pm-4.30pm. Coffee/tea and refreshments available \$6.

This will be a relaxed opportunity to spend time with like minded people, to sit and chat about their experiences, queries and learning. People are busy in their every day lives and this social gathering will be a relaxed opportunity to bring your thoughts to the table, share experiences, feeling and knowledge with others. Subjects will be selected at each session as some people may like to do some research.

It is planned to hold this gathering each month. Come once or each month. Just come along.

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An elderly farmer in the Northern Territory had a large pond down by his fruit orchard. One evening he decided to go down to the pond and took a twelve litre bucket to pick some fruit. As he neared the pond, he heard female voices shouting and laughing with glee. As he came closer he saw a bunch of young women skinny-dipping in the pond. He made the women aware of his presence and they all went to the deep end. One of the women shouted to him, "We're not coming out until you leave!"

The old man thought for a second and said, "I didn't come down here to watch you ladies swim or to make you get out of the pond naked."

Holding the bucket up he said, 'I'm here to feed the crocodile!'

Moral: Old men can still think fast.

A drover from a huge cattle station in the outback appeared before St. Peter at the Pearly Gates.

"Have you ever done anything of particular merit?" St. Peter asked.

"Well, I can think of one thing," the drover offered.

"Once, on a trip to the back blocks of Broken Hill out in New South Wales, I came across a gang of bikers who were threatening a young sheila. I told them to leave her alone, but they wouldn't listen. So I approached the largest and most heavily tattooed bikie and smacked him in his face, kicked his bike over, ripped out his nose ring, and threw it on the ground.

I yelled, "Now, back off!! Or I'll kick the crap out of the lot of ya!"

St. Peter was impressed, "When did this happen?"

"A couple of minutes ago."

The trouble with doing something right the first time is that nobody appreciates how difficult it was. God often calls us to do things that we do not have the ability to do. Spiritual discernment is knowing if God calls you to do something, God empowers you to do it.

Grant Turuwhenua posted on Newcastle Spiritualist Church Inc's Facebook

"Watching the world react to 2014 I am finding it amazing and disconcerting that some parts of humanity has determined to change themselves and the world in other parts strive to repeat old patterns and cycles. We are interconnected to each other on this planet whether we acknowledge it or not, so the joy one feels when surmounting obstacles we also feel that elation. By the same when our brethren choose to repeat old cycles of pain, we also feel that pain. More so if we have just come from that cycle of pain and privation and have moved or started to move beyond it.

With the violence in the streets in Sydney, the incandescent dislike of cyclists, Syria continuing a civil war, unrest reviving in Ireland, the scars of Iraq and Afghanistan, the conservatism in Russia and the rising hard conservatism in Western Democracies; it becomes clear that some cycles still retain a strong influence over the populace. Whilst tempting it is to join people in the shrinking circle of despair, it is important to know that those who choose to repeat patterns, remain even more steadfastly so when given an opportunity to change or exit from those patterns. This is also why when those of us who have continued to overcome problems would feel quite alone.

I am not writing this to chastise anyone or proselytize a view, a way, a path or situation. Everyone's path is their own. But the trends humanity currently demonstrates as a group certainly requires all of us to be at least aware of what is going around us in our surrounds, homes, families and world; so that we may understand our own path better.

Let's have a basic look at 2014 from numerological and astrological viewpoints:

$2+0+1+4=7$: So a 7 is a number that encourage conscious and spiritual thought. Conscious thought without thinking, spiritual thought without doctrine. Numerologically speaking it is a year that we are all made to examine the world, our communities, our families and friends and our own interactions and contributions.

2014 is a year that has 13 new moons in it. A new moon is a time of endings and beginnings. Currently the moon is in its closest orbit to Earth. We have also has Jupiter, Mercury and Venus in confluence with a very busy Sun. Many more solar flares are in store before the end of the year so in brief; even if we do not feel it we are being pushed towards changes large and small regardless of our level of participation.

Our world, (also encompassing the universe, community, family and friends) likely requires changing. "Change" in this case is more likely to be how we react, engage and participate in our world. It may be small or large but it must have meaning for us for it to be of use. It may be that a new job or accommodation is due or relationships need discarding or renewing. Belief systems may be changed or simply left behind. But that power resides within us. We can either get stuck in and engage in change, or leave things unchanged and bemoan the condition of the world.

Change needs not be sweeping and all encompassing. It can be small and significant, but powerful. For it to be effective it must be done with Love. Without Love it may be incomplete and we may have to repeat it.

Love as in self respectfully, in a fashion not of revenge, in a way powerful but not demeaning, in a way that serves but does not become self-serving. Try to be thoughtful about the implementation.

Matthew 5:44 KJV states;

But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

Love in this case also means taking responsibility for any of your actions or inactions.

A part of a Native American proverb attributed to Wovoka, Tecumseh, Sitting Bull and others; states;

Show respect to all people and grovel to none. When you arise in the morning give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself. Abuse no one and no thing, for abuse turns the wise ones to fools and robs the spirit of its vision. When it comes your time to die, be not like those whose hearts are filled with the fear of death, so that when their time comes they weep and pray for a little more time to live their lives over again in a different way. Sing your death song and die like a hero going home.

NUMEROLOGY



In order to allow himself/herself to learn lessons in the great School of Life mankind has 'tuned in' to the rhythm of the planets and the order of numbers to mark off periods in their life which gives them 'time' to become adjusted to the new direction and lessons they have come to work on in their current incarnation.

Our minds and bodies respond to the magical numbers of 3, 7, 9 and 12 in order to accept the changes that are presented to us during our lifetimes.

We are gradually 'toughened' and 'prepared' each 7 years of our lifetime, commencing from the first

detachment from our previous lives. This occurs at the age of 7 when the first 'layer' of earthly 'physical' energy cuts off our 'invisible' friends and our natural understanding of the other world in which we have dwelt.

At 14 we are once more enveloped in earth's physical energies as we are prepared to concentrate most of our energies on our physical growth and development. In native cultures this is the beginning of manhood.

At 21 we are moved into taking on the responsibility of earning a living and developing our skills.

At 28 we are considered to be 'hardened' enough to cope with the earth's density and take on responsibilities such as a career and family.

Every 9 years we complete a personal cycle of yin and yang (male and female) when we can have alternating (personal) years of creating, followed by accepting and working with that creativity in the following year until the 9th year of each cycle. In this year we need to 'tidy up' things left to do to complete the cycle so as to be able to start off afresh on the next personal 1 year.

This 1 year is often confusing as we have to make some decisions as to our direction for the next 9 years.

The odd years 1,3, 5, 7 and 9 are creative years. The even numbers 2,4,6, and 8 are the years in which we have to work with the energy created in the odd numbered years

To find our own personal year we need to add together the day of birth number, the month of birth and the number of the current year. e.g. 14/6/2014 = 14(5) + 6 + 2014(7) 5 + 6 + 7 = 18 1 + 8 = 9 This will be a 9 personal year to conclude a cycle.

3/11/ 2014 = 3 + 11(2) + 2014(7) 3 + 2 + 7 = 12(3)

This will be a 3 year (a good number for creating, communicating and traveling)

The number will affect you all the year but I have noticed over my 40 years of doing Astrology/ Numerology charts that the next number to the one you are in will start to work in with the current number from your Birthday. This will bring slight changes.

An overall picture of our responses to life is mirrored in three major 'cycles' which relate to the day, month and year which we chose to incarnate in this lifetime. Each of these cycles are 28 years apart. The first which relates to the Month that you are born encompasses our 7 year learning periods, our adjusting and adapting time. At the end of this we are considered 'ready' for life's responsibilities. At this time Saturn (the Planet of responsibility) is returning to it's original position in a person's Astrological Chart.

When Saturn 'returns' at approximately 29 years he is also demanding that we let go of foolish or childish attitudes and behaviours and take on life's lessons and developments. The second cycle which relates to the number of the Day we were born is from 28 to 56 years is about becoming a parent, the worker the 'breadwinner' etc.

The third Cycle is from 56 years on (it relates to the number of the Year of your life) and it indicates a time when all of the knowledge and abilities you have gained during the last 56 years can be used in helping others and giving back to society.

This last cycle is effective for the rest of your life. Seven and nine year cycles still keep working but they do not influence your life as much as the three main cycles.Shirley Darby

Numerology workshop 22nd February. The workshop will be from 10am to 5pm. Notes will be given but the student can bring paper and pen to take down things of special interest to them. Cost will be \$55.00 Morning tea provided. Bring own lunch. Enquiries, Shirley (02) 40238406.

I have also been asked to do a short Astrology Class. That will be starting on Monday 10th March at 10.30 to 12.30 for 12 weeks. Cost will be \$20.00 per week. Students will be given their own Birth chart and they will learn how to understand it and also those of their loved ones. A wonderful help to understanding the self and others Notice on board. Book direct with Shirley.

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 4984 5514 or email alvad@bigpond.com.au for availability and details.

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Don't let aging
get you down.
It's too
hard to
get
back up!



What if today, we were just
grateful for everything?