



DECEMBER 2017 NEWCASTLE SPIRITUALIST CHURCH INC

3 Swan Street Cooks Hill
off Darby Street via Queen Street

www.NewcastleSpiritualistChurch.com
admin@newcastlespiritualistchurch.com

P.O. Box 2251
Dangar 2309

Tel: 02 49263402

Find us on Facebook.....Newcastle Spiritualist Church Inc

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm-9.00 pm	Marcia Parkes	Meditation/ Development
TUESDAY	10.30 am—Noon	Carmel & Bill John	Meditation/ Healing
	Committee Meeting	7pm	12th December
	Bendy Yoga	Jim Geddes	6.00pm Except 2nd Tues of month
WEDNESDAY	11am —130pm	Yvonne Warren & Joanne	Meditation/ Development
	7.30pm-9.00pm	Janelle Anderson	Commencing 10th January 18
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/ Development
SATURDAY	1st Saturday of Month	Coffee Club Commencing	1.30 –400pm 3rd February 18
	4th Saturday of Month	Reading Day Commencing	8.30am—1.00pm 24th February 18
SUNDAY	Weekly Services 3.00 pm & 7.00pm	Various Mediums & Speakers	Each Sunday

Greetings all, members and friends

As we look forward to the "New Year" let us reflect for a moment on "the year That was". Such a busy year, so much is happening at a such a fast pace these days we definitely need time out from all the hustle & bustle and meditation is the key ingredient we all need.

As we reflect back we think of those members who have passed over especially Assunta Martinelli, Shirley Darby, & Miros Pavlovich for all their knowledge and love given while with us. We send our thoughts out to their families at this time and to all others who have had a loved one pass over this year.

I would like to welcome on board to our committee Debbie Bartlett. Our past secretary the lovely Alva Macey is now home recuperating after 6 weeks in hospital.

"Thank You" to all volunteers that get in there and do what needs to be done, from running Circles, making cuppas, placing chairs out & away for services, upkeep of our church, keeping our cupboards full, and our admin, our facebook, our platform diary and much, much, more Bless You Every One.

On behalf of the Church Committee I would like to wish all our members and friends.

A Very Merry Christmas and a fruitful, exciting New Year.

Charles Freeman
president

*Our philosophy is based on seven principles
(with liberty of interpretation)*

- 1. The Fatherhood of God*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics;*
- 4. The proven facts of communication between departed human spirits and mortals.*
- 5. Personal Responsibility*
- 6. Compensation and retribution hereafter for all good and evil deeds done on earth.*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR DECEMBER 2017

<u>Date</u>	<u>Speakers</u>	<u>Chairperson</u>
<u>3rd December</u>		
3pm	Sherynne Smith	Jenny Havebond
7pm	Sunday Service	Charles Freeman
<u>10th October</u>		
3pm	Susanna Steel	Anona Unicom
7pm	“Fledgling Group”	Rosie Connor
<u>17th October</u>		
3pm	Christmas Service	Committee

Christmas Party after service please bring plate along to share –byo



This Month We Welcome Back to our Platform:

Sherynne Smith: a wonderful speaker, alternative holistic health healer working @ serenity sounds relaxation.

Susanna Steel: our own Newcastle based gifted psychic medium/healer returning to our church.

“Fledgling Group”: Aspiring students from the developing classes who are stepping on to the public platform to gain confidence and trust in their abilities. Under the loving care of Rosie Kennedy.

7.00pm Services: may not have speakers for each service but it still contains readings and healing as part of its service. All Welcome.

CHRISTMAS SERVICE; This service will be chaired by the committee of your church People who have given you to you by way of service this year and after the service we will be having a Christmas Party— so please bring along a plate to share & byo if you wish (remember don't drink and drive).

Fruit Punch will be available non-alcoholic. See you there.



Upcoming events & Reports

The Committee are making a few changes to our timetable in the New Year :-

- Wednesday Evening Meditation Group will commence on the 10th January at 7.30pm this will be facilitated by Janelle Anderson. Janelle is a long standing member & committee person of the church with a wealth of knowledge to share. Cost is as always \$3.00.
- Reading Day—Committee has decided to cancel Thursday reading days and have our Reading Day once a month on the Last Saturday of the month. Commencing on 24th February 2018 at 8.30am till 1.00pm.
- Coffee Club—will be held on the 1st Saturday of the month. Commencing on Saturday, 3rd February 2018 at 1.30pm—4.00pm. Cost \$6.00 which all goes to John Hunter Children's Hospital Kids Club.

Coffee Club Report

Well our Christmas Coffee Club get together was a wonderful, friendly, social and spiritual experience. Such a relaxed atmosphere sharing good food reflecting on a difficult year for some and our new ambitions for the coffee club next year. A lot of exciting ideas were discussed and the afternoon just went on and on. Our message for the ending of 2017 and bringing in 2018 highlighted that even though most of us and people we know experienced some adversity in one way or another we were spiritually drawn together to energise and take in the positive energies of the universe to set the path for the new year. Closing the door on the old and opening the new.

A new date has been accepted by the group for next year.

Coffee Club will be held 1st Saturday of the month starting 3rd Feb. 1.30pm
Have a merry Christmas and a Happy New Year and enjoy and be safe during the holidays, with love from the Coffee Club Group.

CLOSURES OVER THE CHRISTMAS/NEW YEAR PERIOD

MEDITATION GROUPS

MONDAY -	7.30 pm	18 December	-	8th January 2018
TUESDAY -	10.30am	12 December	-	9th January 2018
WEDNESDAY	11.30am	13 December	-	17th January 2018
WEDNESDAY	7.30pm		-	10th January 2018
FRIDAY	7.30pm	15 December	-	5th January 2018

SATURDAY READING DAY 24th February 2018 - 8.30am—1.00pm

SUNDAY SERVICES

3.00pm	17th December 2017	-	7th January 2018
7.00pm	10th December 2017	-	8th January 2018



Nature's Flowers of Life

Flower Essences with Geom Elixirs
For Emotional Well-Being



I have just returned from 6 weeks travelling in the Netherlands visiting family and in America. With our oldest son, wife and 7 month old grandson we hired a 30 foot RV camper and travelled in the Rocky Mountains of California. Beautiful as it was, the smoke from fires burning north of San Francisco clouded the mountains in Yosemite and Sequoia.

On getting up from bed one morning recently I had the distinct feeling as if I had both my feet in different dimensions/worlds. It was like having one foot in my present familiar world (or way of being) and the other in a new world (or way of being). It was a feeling of knowing where I am and yet not knowing where I'm going to.

I felt that many people could possibly be able to relate to this, especially triggered by the strong energies of recent times with powerful eclipses and full moons etc. Much inner upheaval and turmoil is being experienced by many people, and this is also being reflected around the globe politically, as well as with major upsurges of strange weather patterns as I write.

On reading Blossom Goodchild's channelled communication of 6th September with the Federation of Light the following was brought through which for me related much to these feelings.

Blossom asked "so are we in two dimensions at the same time?" The answer given was: "....we would suggest that rather than being in both (*dimensions*) *at the same time ... you are jumping in and out of both. With one thought, you are in the old and with another, you are in the new ... And it is very obvious depending on the thought ... which one you are in at any given time.*

"Both these dimensions are in the same place! Yet on/of/within ... HIGHER FREQUENCIES ... and once a frequency reaches a certain requirement/level ... it moves into the Higher grading of itself ... and into the next Dimension. It is ..."very much like when in your education system, you remain in a certain class ... and learn many levels of different subjects ... and when complete ... you are moved up to the next grade."

I was immediately reminded of the *Gloriosa Lily flower essence the healing properties of which indicates similar feelings.*

Gloriosa Lily is beneficial in times of major life changes, to assist with the pain of letting go part of the inner self. This could be likened to a bridging between two worlds. Whilst still having one foot in your familiar world (or way of being) the other is about to embark into an unfamiliar new world. There is an emerging from the heart into a new aspect of self. Gloriosa Lily assists in the transition of letting go the strings attached to the past, where there may be much pain and heartache in the letting go process.

I was shown that this is likened to the time a chrysalis spends within a cocoon before it emerges as a butterfly or moth. It is a time for nurturing oneself with love whilst the grieving process is experienced.

Once all villagers decided to pray for rain. On the day of prayer all the people gathered, But only one boy came with an umbrella.

THAT'S FAITH

When you throw babies in the air, They laugh because they know you will catch them

THAT'S TRUST

Every night we go to bed without any assurance of being alive the next morning but still we set the alarms to wake up.

THAT'S HOPE

We plan big things for tomorrow in spite of zero knowledge of the future

THAT'S CONFIDENCE

We see the world suffering but still we get married and have children.

THAT'S LOVE

On an old man's shirt was written a sentence 'I am not 80 years old;
I am sweet 16 with 64 years of experience'

THAT'S ATTITUDE

Have a happy day and live your life like the six stories.

When I was a child, I thought nap time was punishment. Now it's like a mini-vacation.

Two little boys ages 5 & 7 are excessively mischievous. They are always getting into trouble & their parents know if any mischief occurs in their town the two boys are probably involved.

The boy's mother heard that a preacher in town had been successful in disciplining children so she asked if he would speak with her boys. The preacher agreed, but he asked to speak to them individually.

The mother sent the 5 year old in the morning, with the older to see the preacher in the afternoon. The preacher, a huge man with a deep booming voice, sat the younger boy down and asked him sternly, "Do you know where god is son?"

The boy's mouth dropped open, but he made no response, sitting ther wide-eyed with his mouth hanging open. So the preacher repeated the question in an even sterner tone, "Where is God?!" Again the boy made no attempt to answer.

The preacher raised his voice even more and shook his finger in the boy's face and bellowed "WHERE IS GOD?!"

The boy screamed & bolted from the room, ran directly home and dove into his closet, slamming the door behind him. When his older brother found him in the closet, he asked "What Happened?" The younger brother, gasping for breath, replied "We are in BIG trouble this time!" "GOD is missing, and they think WE did it!"

A Police officer called the station on the radio.

"I have an interesting case here an old lady shot her Husband for stepping on the floor she just mopped."

"Have you arrested the woman."

"Not yet the floor's still wet".



ATTITUDE

Whenever you go out of doors, draw the chin in, carry the crown of the head high and fill the lungs to the utmost; drink in the sunshine; greet your friends with a smile and put soul into every hand-clasp.

Do not fear being misunderstood; and never waste a minute thinking about your enemies. Try to fix firmly in your mind what you would like to do and then without violence of direction you will move straight to the goal.

Keep your mind on the great and splendid things you would like to do; and then as the days go gliding by, you will find yourself unconsciously seizing upon the opportunities that are required for the fulfilment of your desires, just as the coral insect takes from the running tide the elements it needs. Picture in your mind the able, earnest, useful person you desire to be and the thought you hold is hourly transforming you into that particular individual.

Thought is supreme. Preserve a right mental attitude—the attitude of courage, frankness and good cheer. To think rightly is to create. All things come through desire and every sincere prayer is answered. We become like that on which our hearts are fixed.

Carry your chin in and the crown of your head high. We are gods in the chrysalis.

-Elbert Hubbard -



I am your friend, and my love for you goes deep; there is nothing I can give you which you have not got; but there is much, very much that, while I cannot give it, you can take.

No heaven can come to us unless our hearts find rest in it today. Take heaven! No peace lies in the future which is not hidden in this present little instant. Take peace!

The gloom of the world is but a shadow. Behind it, yet within our reach, is joy. There a radiance and glory in the darkness, could we but see: and to see, we have only to look.

Life is so generous a giver, but we, judging its gifts by their covering, cast them away as ugly, heavy or hard.

Remove the covering, and you will find beneath it a living splendour, woven of love, by wisdom, with power. Welcome it, grasp it, and you touch the angel's hand that brings it to you.

Everything we call a trial, a sorrow, or a duty. Believe me, that angel's hand is there, the gift is there, and the wonder of an overshadowing Presence.

So also are our joys. Be not content with them as joys; they too conceal divine gifts.

Life is so full of meaning and purpose, so full of beauty, beneath its covering, that you will find that earth but cloaks your heaven.

Courage then to claim it, that is all! But courage you have, and the knowledge that we are pilgrims together, wending through unknown country, home.

THE ABOVE WAS WRITTEN ON CHRISTMAS EVE, 1513, by FRA GIOVANNI TO A COUNT'S DAUGHTER IN FLORENCE.



**The pessimist sees the difficulty in every opportunity;
The optimist see the opportunity in every difficulty.**

- L P Jacks -

Church classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.00. The Newcastle Spiritualist Church Inc does not endorse any Mediums, Healers, or Products Advertised.

Contact: Secretary—email: admin@newcastlespiritualistchurch.com for availability and details.

RECIPE CORNER

Bailey's Dip

1 tub 300ml Sour Cream (not light)
3 Tablespoons brown sugar
3 Tablespoons Baileys or Kahlua
Dissolve sugar in Baileys & pour into sour cream and stir in.
Serve with Fruit and/or cream wafer sticks

Choc-Cherry Slice

250gm pkt Choc Ripple Biscuits
2 Tablespoon Cocoa
1 Can Condensed milk
2 x 52gms Cherry Ripe Bars
80gm Dark Chocolate (melted)

Method:

Grease & Line Slice tray with baking paper.
Blend Biscuits in processor till fine.
Combine Biscuit crumbs, cocoa & condensed milk. Chop up Cherry Ripes and add. Stir well to combine.
Press mixture into tray and refrigerate for 4 hours. When set cut into bars. Dip one corner into melted dark chocolate place on baking paper and set in refrigerator.

Beetroot Chutney

1 kg Beetroot
500gm Green Apples
1 Cup Sugar
1 onion Chopped
2 cups white vinegar

Cook Beetroot in water about 1 hour or until tender, peel & chop into 1cm cubes. Peel & Core apples, chop into 1cm cubes.
Combine sugar, onion, vinegar into large pot stir over low heat until sugar dissolves.
Bring to boil add apples boil uncovered for 15mins then add beetroot bring to boil again.
Heat Clean jars & lids in oven till hot.
Put mixture into Hot sterilized Jars & seal hot.

Nature's Flowers of Life™
Flower Essence Remedies
and **Sound Therapy Healing**



SOLARA ZWANEVELD

Healing for Body, Mind, Spirit and Soul
Transforming and Balancing your Daily Challenges
Renewing your Passion & Life Purpose



Phone: 4021 1696 or 0425 217 570

www.FlowersForHealing.com

flowers4healing@internode.on.net

Wise Quotes

**Arranging a bowl of flowers in the morning can give a sense of quiet in a crowded day—
Like writing a poem or saying a prayer. What matters is that one be for a time inwardly attentive.**
Anne Morrow Lindberg -

Learn to get in touch with the silence within yourself and know that everything in this life has a purpose.
Elizabeth Kubler Ross

In Meditation it is possible to dive deeper into the mind to a place where there is no disturbance and there is absolute solitude. It is at this point in the profound stillness that the sound of the mind can be heard.

A. E. I. Falconar

There's only one corner of the universe you can be certain of improving and that's your own self
Aldous Huxley

A Real friend is one who walks in when the rest of the world walks out.

Walter Winchell



*Remember to be good and have a Merry Christmas
And a Very Happy New Year
God Bless One and All*

