

AUGUST 2016

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm- 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am - Noon	Carmel & Bill John	Meditation/Healing
	Committee Meeting Bendy yoga with Jim	**7pm** Jim Geddes	9th August 6pm every other Tuesday
WEDNESDAY	11am-2.30pm	Yvonne Warren & Joanne	Meditation/development
	7.30pm	Albert Kohl	Spiritual Healing
THURSDAY	Readings \$25	Entry Side door.	8.30am-1pm
FRIDAY	7.30 pm - 9.00 pm	Jenny Havebond	Meditation/Development
SATURDAY	Coffee Club	2pm-4pm	20th August
	Bendy Yoga with Jim	8.30am	Each Saturday
SUNDAY	Services 3pm & 7pm	Various Mediums & Speakers	Each Sunday

Dear Members,

Greetings once again; this year has reached the point of no return, embrace it, and all it brings.

We can look forward to an improvement in the weather, and we have such a busy programme, so much is planned, make sure you don't miss out on any of the great things coming up.

Final plans are in for Retreat, please finalize your money NOW

Sadly our Crystal workshop with Mark John Purdy will not go ahead, due to lack of support.

10th September is our second Open Day. The initial one was so successful, and Rosie has great plans too for this year. Make sure you take part!

8th October is our AGM, and I remind you, the success of our Church depends on Members, those who volunteer their assistance in many small ways, and those making up an active committee. Please consider becoming a committee member, or nominating someone you consider suitable and able to guide us. All the present Committee will stand down, and we need enthusiastic members to stand. Please give this some thought, it is YOUR responsibility, not up to every-one else..

Weekend of 15th & 16th October we have visit from Paul Jacobs, with Biagio and Val Hood. Activities run from Friday evening through. See details.

Senta's popular Tarot class is winding up for now, but more is in planning.

All Circles are going well, thank you one more time to facilitators, and all those who take the platform each Service., and those that make the cuppas.

As winter recedes, I trust all the viruses and problems do as well, till next month,

Charles Freeman President

Our philosophy is based on seven principles

(with liberty of interpretation)

- 1. The Fatherhood of God.*
- 2. The Brotherhood of Man.*
- 3. The immortality of the soul and its personal characteristics*
- 4. The proven facts of communication between departed human spirits and mortals*
- 5. Personal responsibility.*
- 6. Compensation and retribution hereafter for all good and evil deeds done here*
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

PROGRAMME FOR AUGUST 2016

<u>DATE</u>	<u>SPEAKERS</u>	<u>CHAIR</u>
<u>7th August</u> 3pm 7pm	Peter Madden Dave Everitt	Assunta Martinelli Charles Freeman
<u>14th August</u> 3pm 7pm	Susan Glyn Assunta Martinelli	Jennifer Havebond Marcia Parkes
<u>20th August</u>	Coffee Club 2-4pm with Krys Johnson Q	
<u>21st August</u> 3pm 7pm	Shirley Darby Charles Freeman	Anona Unicomb Marcia Parkes
<u>26th 27th & 28th Annual retreat at Tocal.</u>		
<u>28th August</u> 3pm 7pm	Susie Price The Ghostwhisperer Marcia Parkes	Janelle Anderson Charles Freeman
<u>4th September</u> 3pm 7pm	Susanna Steel Kamal Dua	Jenny Havebond Charles Freeman
<u>10th September</u>	Open day 12noon –4pm	

A G M 8TH October 2016

Members are advised our Election of Committee will take place at 1pm 8th October 2016

All full members are eligible to vote, associate members are welcome to attend, but not able to nominate members or vote. We will all share afternoon tea at close of election. Motions for consideration to be submitted in writing by 31st August.

RATHER THAN INDIVIDUAL LETTERS, PLEASE ACCEPT THIS AS YOUR NOTICE

I wish to nominate.....for position of

I wish to second this nomination.....

I wish to accept nomination for position of.....

SIGNED (nominee)

NOMINATIONS CLOSE 9PM 10TH SEPTEMBER 2016

MUSIC AND THE CHAKRAS

Every Tuesday I attend a Meditation Group in the morning where we meditate with soft/gentle music. I come home SO relaxed that I often need to take a nap. On Tuesday evening I attend a group called Sing Australia, where we sing all kinds of songs (that have WORDS). We all sing with energy and enthusiasm and I come home so energised that I find it hard to go to sleep

Music sounds connect with our Chakra system. Strong, fast music connects with our Root Chakra, bringing the colour Red into our body and energising us. The strong beat and sound of marching music can build strength and determination in us. Loud/fast music can be great to dance to but can also loosen our morals. (My Astrology teacher said that Rock and Roll music affected everything from the waist down)

The need for relationships (happy or sad) is connected with our Sacral Chakra and the colour Orange. Think of all the songs about being rejected or break ups. They mostly have the same vibration and musical notes. As women have become more sure of themselves many of the 'break up' songs have become more self assured and confident of their own power (moving up into the next (yellow) Chakra. The Chakra of expressing your own will power.

Songs connected with the Yellow (Solar Power) Chakra are usually happy, quick and bright. These songs help you to feel enthusiastic and hopeful that everything will work out well. (Just follow the Yellow brick road!!) The Yellow energy is to do with communication and being positive. Like Shirley Bassey's song "I did it MY way".

Heart Chakra music is usually about romantic love and is soft and gentle. It can express anything from eternal love to a lullaby (rocking a baby) These gentle tunes are good for our body allowing the Green/soothing energy to enter our Heart Chakra and bring in a feeling of peace.

Throat Chakra music encourages us to express our own abilities. It brings in the soothing colour of Blue into our Aura and helps us to feel confident in our own abilities. The Classical Masters, such as Strauss and Mosart created sounds that can help us to express ourselves. Listening to Mosart has been suggested as a help for inner ear problems.

Meditation music works on the Third Eye Chakra bringing in a beautiful deep Blue colour called Indigo. This colour takes us deep inside ourselves and connects with our inner self. Going within can remove us from our day to day worried and often give us some direction as to what we can do to move on in our lives.

Beautiful/soft, high notes in music can connect us with the Crown Chakra (a soft Violet colour) and Spiritual energy that enters us there. Here your guides or Angels can connect with you. . Meditation with this gentle music can help you to gain knowledge of your life's current direction.

If you are trying to work on gaining a new direction or trying to strengthen a current direction think about the music you are listening to and see if it is helping or hindering you in your direction. Playing the music you CHOOSE will be more help to you than just listening to the radio.

. Thank you again Shirley. Your monthly contribution is appreciated, an important part of our newsletter. Alva



BITS AND PIECES

COFFEE CLUB REPORT - ASTRAL TRAVEL

Hi all you beautiful people. Well didn't we have an interesting afternoon last Saturday. One doesn't realise how much knowledge our members walk around with.

A beautiful gift to retain, so much learning over their past years. One such member had us all in silence for a good half hour as he explained to us his knowledge and experience on Astral Travel. We all shared our opinions, experiences and knowledge on Astral Travel bringing forward other members vivid memories from their childhood and past kept us inquiring further.

The Church is very fortunate to have such well learned people still remaining within our Church over the many years. We can only hope that our newer members can gain much knowledge from our older members.

We are extremely grateful for the coffee club group because we are in a continual learning cycle. We have our older members, our later members and new members that come along to share in the interesting topics that are chosen from month to month. Because the topic of Astral Travel engaged in questions and answers we have taken on that theme for our next Coffee Club topic.

Lovely things come from the Coffee Club as Senta has started her workshop on how to read Tarot cards which was requested from our group.

Next Coffee Club is on Saturday 20th August at 2pm. The topic will be Q&A, taking a totally different step by all. Want a Question answered on any Spiritual subject you may wish the group to answer or discuss then come along and join us for a casual afternoon tea and talk.

We love seeing new people pop in.

Well until next month, sending you all much love and energy.

Krys

A man is dying, and the hospital calls the family to the hospital.

The Father calls Harry his son and says, "You know the houses I have in Chiswick, 20 of them they are yours."

The son replies, "Thank you so much, Father."

The Father calls the next son John.

"You know the houses I have in Windsor they are yours 35 of them."

The son replies, "Thank you so much, Father."

Then he calls the last son. "Philip you know the houses I have in Fulham, they are yours all 45 Of them."

The son replied, "Thank you, Father."

The nurse sitting in the room turns to the wife and says, "your husband must be a very wealthy man!"

The wife turns around and says, "no he most definitely is not. He is a window cleaner!"

==

Are you interested in learning more about Tarot ? Senta's introductory course of 6 lessons finishes this Saturday, 30th July, but Senta has more in the planning. Ring her **0404277928 for details.**
New course coming in 2017.

Great to see new faces on the platform, the mediumship classes with Rosie are bringing forward more confident speakers. If we are to continue to thrive new faces and new ideas will be an important part of that growth, side by side with our established Psychics and Mediums, and our all important Circles, laying the foundations.

Many of our Circle facilitators have given many years of service.

Our guest speakers contribute so much, please always take time after Service to let them know just how much their address is appreciated. Only takes a minute, and sometimes they have travelled quite a distance to share with us.

I was amazed when I last attended to see that the speaker (one of our members) has become a very competent artist as a result of the mediumship classes opening her up to her latent talent. Wonderful, who knows what talents we have waiting to be revealed.

Have you found new confidence and talent as a result of developing Spiritually ?

.....
Connecting to your loved ones in a demonstration of Mediumship
Friday 14th October 7-10pm

Paul Jacobs with Biagio and Val \$45 per ticket
Limited number of tickets can be purchased at Church

Monday 17th October

Reading day with Paul Jacobs 8 sittings only
\$150 for 30mins.

Should more than 8 people be interested, a ballot will take place
on Friday 14th with Paul Jacobs

Additional readings with Biagio and Val



Sat 15th October 10-5pm & Sun 16th October 8.30 -2.30.

Two day workshop \$500 Course includes:

Meditation – blending with & strengthening the power of spirit

The work of spirit Working on the Facets of the Soul: Higher Mind:

Power of Spirit: Emotion

Private sittings / Demonstrating – improving techniques

50% non refundable deposit to be paid by 1st August

**All bookings can be made at the Newcastle Spiritualist Church, book early to avoid
disappointment. 3 Swan Street, Cooks Hill, 02 4926 3402
admin@newcastlespiritualistchurch.com**

*You're the only one who knows you best but why oh why, do we neglect our selves, our body, our
over thinking mind, harsh reactions for small failures where we set our own rules and when it
doesn't work out we get cross at our selves. We need to treat ourselves more like a Temple where
we've gone to worship our own being, see your self baked in love, season after season, only then
we can become Ripe old Souls we can smile at and be satisfied with.
So bless your self once in a while and let the healing of your own Temple begin.*

Ivo van Emmerik

A new teacher tries to make use of her psychology courses. The first day of class, she starts by saying, "Everyone who thinks they're stupid, stand up!" After a few seconds, Little Johnny stands up. The teacher asks, "Do you think you're stupid, Johnny?" "No, ma'am, but I hate to see you standing there all by yourself.

Being kind is simple.

It's easy to get caught up in rushing. Everyone is looking at their phone and hurrying to get things done. But one small gesture can make someone's day. Here's a few suggestions to get you started.

1. * Write a letter to a child who could use some extra attention.
2. * Say good morning to someone at work you don't usually talk to.
3. * Say "I love you" out loud to someone you love.
4. * Hold a door open for an older person, or parent with a pram.
5. * Donate those old clothes from the back of your wardrobe.
6. * Give flowers (they don't have to be expensive).
7. * Buy coffee for a homeless person.
8. * Offer your seat on the bus/train to someone who needs it.
9. * Let another driver merge into your lane.
10. * Call a store/pizza shop where you get good service and compliment the staff.
11. * Say "I'm sorry" next time you're wrong.
12. * Pass along a great book you enjoyed instead of sticking it in the bookcase.
13. * Listen with all of your senses.

Something new in September

24th September Sue Rose is holding a Psychic Art Workshop, full details next newsletter. She will supply everything needed. It is some years since our last psychic art workshop, (which I attended and really enjoyed) Please consider coming along, it is amazing just what emerges.

Our August Retreat is fully booked and ready to go. I am so looking forward to going this year.

Louise Herman is back in Newcastle, for her monthly night, 26th August and is holding a workshop 27th August With a change in venue, will be at Fletcher. Full Notice at Church.

A reminder to everyone! We have no paid officers or Staff. If you are annoyed because you don't get an instant answer to an enquiry of complaint, stop and think, just who do you think can volunteer to be available for 24/7 ? This Church is completely operated by volunteers, from setting up, organising speakers and workshops, and all our Circle leaders freely give their time. We have a web page, a Facebook page and a newsletter for members, and details on front of newsletter give details for emailing admin. Can't promise an instant answer to your queries but can promise one as soon as practical. So count your blessings and be patient, or perhaps you can stand for Committee this year and lend a helping hand.

Our second Open Day is coming up in September, full details next month. Will begin at noon with Meditation and move on to other things of interest.

Thanks to members sending items for newsletter, and I trust I haven't made too many mistakes. Please do give thought to the AGM in October. It is not up to others, we all need to consider just what we need to keep Swan Street on track. All positions will be declared vacant, and please take time to approach those you believe interested, or stand yourself. We operate best with a larger committee, we have 9 members at present, but more is better!

This is the time I usually think of something I've left out, but it is not coming.

Thanks for the lovely flowers, glad to report I am recovering well, sorry the newsletter is later than usual, please read through carefully and be an active member,

Alva

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

Contact Alva on 49284656 or email alvad@bigpond.com.au for availability and details.

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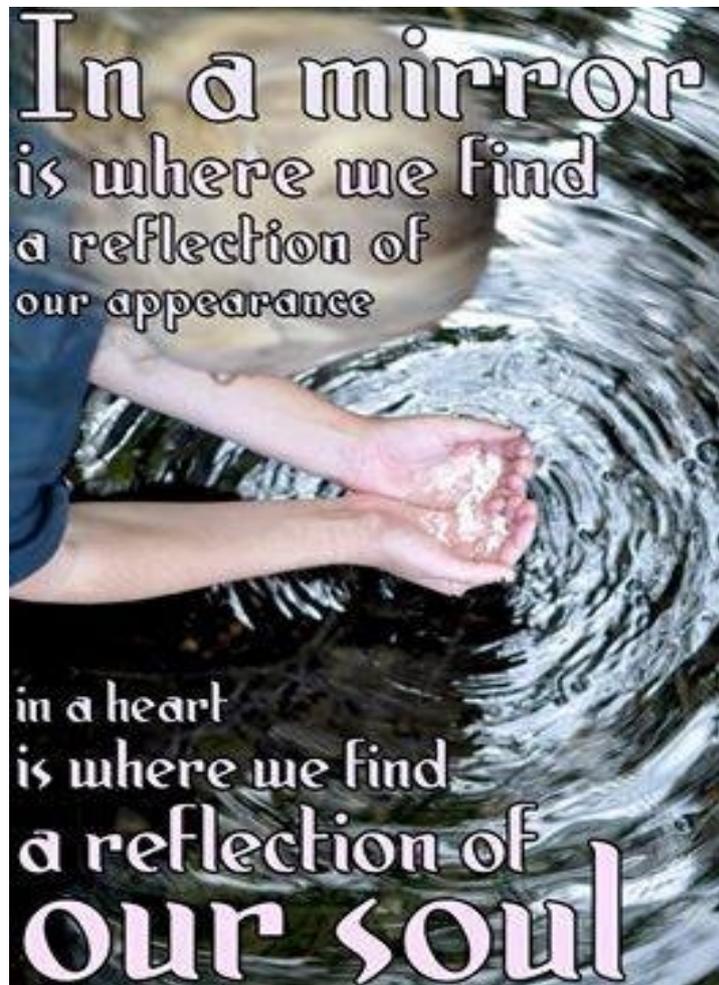
YOU GET WHAT YOU THINK ABOUT
WHETHER YOU WANT IT OR NOT.

-Abraham-

Live the
Joy@fb



If you want something to dissipate, Don't
talk about it. Don't discuss it, Don't bring it
up, Don't think about it. -Abraham-Hicks-



In a mirror
is where we find
a reflection of
our appearance

in a heart
is where we find
a reflection of
our soul