AUGUST 2011

Newcastle Spiritualist Church Inc



3 Swan Street Off Darby Street via Queen Street P.O. Box 2251, Dangar 2309 Phone 02 4926 3402



www.NewcastleSpiritualistChurch.com

Email: admin@newcastlespiritualistchurch.com

DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	9th August
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	8.30am-1pm	Entry through side door	Readings
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SATURDAY	13th August 26th 27th 28th August	Shirley Darby Stroud Retreat	Healing with Colour. See Jo Burgess
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

- 1. The Fatherhood of God.
- 2. The Brotherhood of Man.
- 3. The immortality of the soul and its personal characteristics
- 4. The proven facts of communication between departed human spirits and mortals
- 5. Personal responsibility.
- 6. Compensation and retribution hereafter for all good and evil deeds done here
- 7. A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.

Dear Friends.

When it is cold and wet and windy, sometimes it seems easier to stay home, where it's warm. But as they say in the movies, the show must go on, and I would like to thank those members who come along and ensure that it does.



A Church where all things are the province of unpaid volunteers, from platform work, to planning outings of interest; booking speakers, setting up for services, and holding workshops, must indeed have a lot going for it. Every aspect is carried out freely by members, and I ask that if you have not been in a position to lend a hand, that you think about ways you can contribute, and be rewarded by the warm feeling of belonging to Swan Street, not just visiting.

To those members unwell, or experiencing problems that seem insurmountable, I extend best wishes and urge you to let others know, I am sure that others are prepared to assist you working your way through. You need to let us know.

Our AGM is coming up, shortly we will all receive details, and remember, it is up to each and every member to consider who they would like to see on our committee, and talk to those people and nominate them for the coming year. Once again, this involves us all, don't just let it happen without taking part. Show those willing to stand that you will support them. All details are in the constitution you were given when you joined, so dust it off.

Finally the "retreat at Stroud" is coming up, and if you would like to attend, please contact Jo Burgess and finalise your booking. All monies to be paid NOW.

On rereading this, the paragraph about sharing troubles stands out, and I feel I must tell you I am at present "on the bed" with a very painful leg problem. Fine while laying down, but very hard to stay on my feet, so there, I have shared my problem, so share yours!

Came across this quote, which says it all,

Happiness keeps you Sweet,

Trials keep you Strong, Sorrows keep you Human,

Failures keep you Humble, Success keeps you Glowing,

But Only Friends Keep You Going

See you in Church,

Carmel Colquhoun

We are all angels with only one wing. We can only fly while embracing each other

ANNUAL SUBS ARE OVERDUE. PLEASE PLACE YOUR DUES IN AN ENVELOPE WITH YOUR NAME, AND HAND TO YOUR CIRCLE LEADER OR PLACE IN THE SAFE. \$10 PER ANNUM \$5 TO CONCESSION CARD HOLDERS YOUR RECEIPT WILL BE SENT TO YOU AFTER 30th JUNE.

Our AGM is to be held 15th October. Financial members only able to vote.

PROGRAMME FOR August 2011

<u>Date</u> <u>Speaker</u> <u>Chai rperson</u>

7th August

3pm Tuesday Group

7pm Dave Everett Charles Freeman

13th August Shirley Darby Workshop Healing with colour. \$55

<u>14th</u>

3pm Jo Burgess Robyn Akins 7pm Yvonne Gibson

21st August

3pm Suzie the Ghostwhisperer Carmel Colquhoun

7pm Jennifer Judd Garry Whaler

26-27-28th August Retreat at Stroud. Spaces available. See board.

28th August

3pmCaroline FlynnCarmel Colquhoun7pmRayleen CableCharles Freeman

4th September

3pm Baden Willmott

7pm

Due to circumstances sometimes speakers cannot attend, always check on website or Noticeboard.

The popular Suzie the Ghost Whisperer is returning

The Tuesday Group return to the platform this month.

Always interesting .and enthusiastic

Dave Everett, long time friend of Church, who has helped many through Kinesiology.

Jo Burgess, Circle facilitator of Wednesday evening group

Jennifer & Garry long time members, interested in many aspects of Spiritualism

Caroline Flynn is an EFT practitioner. EFT has proven itself a very useful tool in healing.

Rayleen Cable returns. Rayleen works as Medium & Reiki master.

Bits and Pieces.

Jo Burgess has details for our long awaited retreat at Stroud Monastery. Bucketts Way for evening of 26th and 27th and 28th August. COST - \$90 (\$ 45.00 per night) Contact: Jo- 0438 43 0005

- Bring your own linen & pillow or a sleeping bag, also a towel
- Bring along any musical instruments and your exceptional talent!
- · All rubbish needs to be taken back with us
- The size of the Monastery limits our numbers to 25, or 26. So two more bookings have been made for future retreats, Once again, I ask if you know of a suitable place to hold a retreat please let Jo know. Her number is above.

Full amount of \$90 to be paid on booking, with NO REFUNDS

Bookings accepted in order of receipt of payment, please put your money(in an envelope, with name, phone number and date) into the safe.

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LAUGHTER IS GOD'S GIFT TO US TO HELP EASE THE PAINS OF LIFE'S TOUGH TIMES.

Workshops coming up. Always Check Church noticeboard.

Shirley Darby's "Healing with Colour" Workshop 13th August is coming up, check out details on noticeboard, or ring Shirley direct on. 4955 7433

Shirley left a number of sheets on board, which have been taken, but she needs to know if you plan to attend. She has a wealth of knowledge to impart, colour being one of many fields Shirley has studied and taught. Our library contains a number of Shirley's books, and she is at present completing another. I have attended a number of Shirley's workshops, and can promise you a happy, friendly day, with the bonus of learning some very interesting and useful knowledge.

The main thing that comes to mind is "roll on Spring". The weather has been cold, windy and WET, and I for one, am all ready to welcome Spring. Yes I know I have to be patient, that has never been a strong suit of mine. The jonquils and snowdrops are coming out, and I saw two heavily laden Magnolia trees yesterday, so it can't be long away. Later this month we are travelling to Broome to spend a week aboard a boat that travels into the coastal rivers to the great gorges and waterfalls of the Kimberley. A trip I have dreamed of for years. Daily temperature 32degs. and the humidity SO high. Been to Broome a couple of times, and really like it. However, better round up some news and happenings here, after all that's my job.

We have received an application for Melissa Crozier and Tamika Dwight Scott to hold a workshop in October. More details if this is finalised.

Also a coach trip to Brooklyn then a cruise on the MV Emily with perhaps a walk on Dangar Island. Fish and Chip lunch available, morning tea provided. Check board for final details 8th Oct.

The front door of the Church has had a broken glass panel, this has been repaired; tap in the ladies loo has been replaced. Red wine down the drive has kept Robyn very busy with just about every cleaning agent she can find to try to remove it.

The engineer from Ausgrid has been in to inspect the "new" cracks in our walls. Another inspection with structural engineer to follow.

Card and donation from Vilma and Robert Blanch tells us they are doing OK. Looking after each other.0

Would you like to hold a workshop? Put your ideas in writing to the committee

Forgetfulness

Dr. Bernie Siegel tells a wonderful story about his marriage.

Years ago he fell off his roof, hitting his head on the pavement. He developed amnesia from the injury. He said the amnesia dramatically improved his marriage with his wife Bobbie. But when his memory returned, he sought marriage counseling.

Fascinating story! After I thought about it, I realized what Bernie's underlying message was. If we simply forget (or, in this case, cannot remember) all our past baggage, our relationships automatically improve.

Here's what Spirit has to say:

"Let's begin today with what might seem a startling statement:

There is never a need or reason to forgive another person. That's not your job.

"True forgiveness is forgetting -- forgetting the pain, the anger, the sadness -- and remembering the love.

"Forgiveness is really about letting go of the pain you're holding onto. And whatever that pain is, you -- not the other person -- created it. The pain is self-inflicted. Always, no exceptions.

"Forgiveness has nothing to do with the other person. It has everything to do with you, and only you. Letting go of the past -- literally forgetting it -- is the only way to heal.

"Healing really has little to do with forgiving. In forgiving you're still lingering in your past pain. In forgiving someone, you're still focusing on the hurt they supposedly created in your life. And that gets you nowhere. You need to take one further step -- and that is to forget.

"Forgetfulness can be a very good thing."

From the website of John Calli

"May today there be peace within.

May you trust that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith in yourself and others.

May you use the gifts that you have received, and pass on the love that has been given to you.

May you be content with yourself just the way you are.

Let this knowledge settle into your bones, and allow your soul the freedom to sing, dance, praise and love.

It is there for each and every one of us."

You may never know what results come from your action, but if you do nothing, there will be no results.

- Gandhi

Thanks to all those who send me emails. A large number are jokes, and although I know how much a lot of you love the jokes, I really can't print all jokes. It is a **Church newsletter Perhaps I could compile a Joke Book at Christmas for all the jokers.** Alva

The Talking Centipede

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Single guy decided life would be more fun If He had a pet.

So he Went to the pet store And Told the owner That

He wanted to buy an unusual pet. After Some discussion,

He

Finally bought a talking centipede, (100-legged Bug),

Which Came in a little white box
To Use as his house.
He Took the box back home,
Found A good spot for the box,

And

Decided he would start off By Taking his new pet To Church with him.

So he

Asked the centipede in the box,
"Would You like to go
To Church with me today?
We Will have a good time."
But There was no answer
From His new pet.
This Bothered him a bit,
But

He waited a few minutes And Then asked again,

"How about Going To Church with me

And Receive blessings?"

But

Again, There Was no answer
From His new friend and pet.
So He waited a Few minutes more,
Thinking About the situation
The Guy decided
To Invite the centipede One Last time.

To Invite the centipede One Last time.

This Time He Put his face up against
The Centipede's' house and shouted,

"Hey, in There! Would You like to go To Church with me And Learn about God?"

YOU ARE GOING TO LOVE THIS.

••••

This Time, a Little voice Came Out of the box, "I Heard you the first time! I'm putting my shoes on!"

HEALTH MESSAGE:

- 1. If walking/cycling is good for your health, the postman would be immortal.
- 2. A whale swims all day, only eats fish, drinks water and is fat.
- 3. A rabbit runs and hops and only lives 15 years.
- 4. A tortoise doesn't run, does nothing ...yet lives for 450 years.

AND YOU TELL ME TO EXERCISE!

Gratitude can turn a meal into a feast, a house into a home, a stranger into a friend.

It makes sense of our past, brings peace for today

and creates a vision for tomorrow. (M. Beattie)

> HOW TO INSTALL A HOME SECURITY SYSTEM

- >> 1. Go to a second-hand store and buy a pair of men's used size 14-16 work boots.
- >> 2. Place them on your front porch, along with a copy of Guns & Ammo Magazine.
- >> 3. Put a few giant dog dishes next to the boots and magazines.
- >> 4. Leave a note on your door that reads:
- > Hey Blue,
- > We've gone for more ammo and beer. Be back in an hour.
- > Don't mess with the pit bulls; they attacked the mailman this morning and messed him up bad.
- > I don't think Killer took part, but it was hard to tell from all the blood.
- > Anyway, I locked all four of 'em in the house. Better wait outside. Be right back.

> Chuck

What is happiness?

How do you get more of it?

Happiness is ... tranquility, calmness, peace and bliss. Happiness is when you have nothing or little with which to worry.

Happiness is having gratitude and appreciating the blessings that are around you. Happiness is a state of being.

Happiness is about being content, recognising that you are happy, giving thanks for how you feel and enjoying it. From www.awakeninglotus.com

What is our Church?

The place our members come to, to share their joys as well as their sorrows, their doubts and fears, hopes and aspirations.

A place of comfort when distressed, healing when ill, companionship when lonely. A point of unfailing contact with the limitless. Unending power of perfect Love, which never fails or disappoints as earthly love so often, does.

A place where Our Lord stands at the ever open door, hands held out in blessing and welcome, no matter who or what we are. His love is our certainty, Strength and purpose.

His service our humble commitment, freely given without reservation and given with joy.

Our Church is a beacon of light in the darkness of earthly gloom and despair. A meeting point with those we love who have travelled on, and loving teachers in the spirit world who gently guide with great wisdom, compassion and understanding.

A place of fellowship with our Angel friends whose joy it is to serve their Lord by watching over us as we stumble along the stony paths of earthly life, learning and growing in spiritual stature as we journey on.

A church which expounds the true, unadulterated teachings of Jesus, freed from dogma, ritual, and mindless repetition, inspired by the needs of the moment, relevant to the time in which we live.

A living Church, free to change, adapts and grow; hearing and teaching the living word of God our Father, who asks only that we love one another.

A place where young, enquiring minds have their questions properly answered, not fobbed of with empty talk of it being God's Will that mankind should suffer without knowing why. Where the explanation of the law of divine justice makes sense of all experiences of whatever kind.

Where fear of death is replaced by knowledge of life eternal and the continuing love, interest, and continuing companionship of those we have known and loved and are still only a thought away. The place to come to when we need to be assured of the living presence of Our Lord and His love for each one of us, always. A meeting place between "Heaven" and earth.

This was found on the website of the Spiritualist Church, Isle of Man.

I have included it some time ago, in the newsletter, but thought it worth another outing. Alva

AGM 15TH OCTOBER. Make sure your fees are paid NOW so you can vote,

Church Classifieds

When a vacancy occurs, you may advertise your product or service on this page for six months for a free will offering of \$50.

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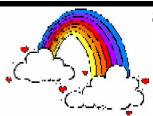
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