

APRIL 2013

Newcastle Spiritualist Church Inc



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DAY	TIME	FACILITATOR	DESCRIPTION
MONDAY	7.30 pm– 9.00 pm	Marcia Parkes	Meditation/Development
TUESDAY	10.30 am – Noon	Carmel John	Meditation/Healing
	Committee Meeting	**7pm**	9th April
WEDNESDAY	11.00am-2.30pm	Yvonne Warren	Meditation/Development
	7.30pm-9pm	Jo Burgess	Meditation/Development
THURSDAY	9am to 1pm	\$25 Entry by side door	Readings
FRIDAY	7.30 pm - 9.00 pm	Carmel Colquhoun	Meditation/Development
SUNDAY	3.00 pm & 7.00 pm	Various	Services All welcome
New Circle Friday morning	9am-10am	Saanvi	8 week Circle

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

Easter is almost upon us, with its message of renewal, and redemption, time for gratitude & prayer

Our year is rolling along at a fast rate, with new ideas and new people coming into our lives. Our Facebook page is bringing a new facet into our communications, although we are still learning all the ins and outs of using it.



At times our daily happenings aren't listed, due to an oversight, or lack of time, but I would like you to remember a full programme for the current month is in newsletter, and the **complete newsletter is available on Facebook at all times.** In the last week we had 601 visits to Facebook!!

We have interesting workshops coming up, and as always they are reasonably priced, good value for money. It is good learn .

I wish to take this opportunity to say "well done" to Robyn Akins. Rob has been active in Church for quite a while, and while serving on committee been responsible for booking speakers for platform. She is now delighted to take on full time care of her two youngest grandchildren, so Jo Burgess has agreed to handle bookings from now on. Thank you!

Have you checked out our new Circle on Friday mornings with Saanvi (formerly known to us as Sylvie? 9am to 10am to run 8 weeks. She is full of enthusiasm, and has lots to share.

To those not well, we send good wishes and prayers, with the flu season almost upon us please take care and stay well.

Our member Colin Stubbs has passed since I last wrote, our sympathy and understanding is extended to his family and friends.

Thanks to all those who contribute in so many ways to making this "Our Church."

Carmel Colquhoun

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PROGRAMME FOR APRIL 2013

<u>DATE</u>	<u>SPEAKER</u>	<u>CHAIRPERSON</u>
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31st March

3pm	Carmel Colquhoun	Jenny Havebond
7pm	Maree Miller	Charles Freeman

7th April

3pm	Shirley Darby	Krystyna Johnson
7pm	Suzy Glynn	Charles Freeman

13th April

W/shop with Dave Everitt "Life is meant to be easy"
9am –5pm \$95 see full details over

14th April

3pm	Rose Mayhew	Jo Burgess
7pm	Krystyna Johnson	Charles Freeman

20th April

W/shop with Shirley Darby Numerology
10am-5pm \$55 see full details over

21st April

3pm	Saanvi	Ivo Van Emmerik
7pm	Natalie	Marcia Parkes

28th April

3pm	Gary Hall	Carmel Colquhoun
7pm	Charles Freeman	Marcia Parkes

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The Workshop advertised last newsletter with Saanvi is to be held in May.

As always, quite a variety of speakers, but we are always on the lookout for people to come forward.

Robyn Akins has handled our bookings for some time, but as she is now full time carer for two of her grandchildren, she has handed the baton to Jo Burgess

Thank you Rob for all the interesting speakers you have brought us.

Please contact Jo if you would like to be on the platform, either as speaker or chair. Sometimes you will hear that "some people" are always on. If this should be the case any month, it is because "some people" step in, to fill in when there are empty spots we can't fill, or as with April, when problems intervene.

Why not step forward and offer to go on the platform?. I can assure you from experience, filling all the spots can be difficult some months.

Another item I would like to mention is that Church *is always open in time for services, but not open all day.* We have no paid staff, all volunteers, and as a result, the chairperson on the day will open at a time suitable, not a fixed time, so it will vary. The only constant is that it will be in good time for the service of the day at 3pm or 7pm

BITS AND PIECES

No doubt you are totally amazed to receive your newsletter early. This has come about as we are going away for a couple of weeks. Didn't think I'd be travelling but we think the flight to New Zealand in the new 380 plane would not be too far, and English is the language in NZ so sounds ideal. It will be quiet and restful as we will be cruising in the Bay of Islands in a boat that takes only 20 passengers. It seems a similar set up to when we went to the Kimberley. Intend to come back rejuvenated.

Lots happening at Swan Street. Last month I listed a workshop with Saanvi for March, but as that did not allow enough time for publicity this has now been deferred to May 25th. Workshop to be called "Joy through the power of the knowledge" 2pm-4pm \$25

.A new Circle has been started by Saanvi on Friday morning 9am-10am. All welcome, \$3 to include guided meditation to balance chakras using music also. Saanvi is keen to receive feedback from those that attend.

13th April Dave Everitt presenting a w/shop "Life is meant to be easy." 9am-5pm \$95 this includes 65page manual. If you were fortunate enough to have done the previous w/shop with Dave you are welcome to come along, cost \$25. Notice to book on board.

20th April Shirley Darby is holding a Numerology w/shop 10am-5pm \$55 see board to book

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My neighbour was working in his yard when he was startled by a late model car that came crashing through his hedge and ended up in his front lawn.

He rushed to help an elderly lady driver out of the car and sat her down on a lawn chair.

He said with excitement, "you appear quite elderly to be driving."

"Well, yes, I am," she replied proudly. "I'll be 97 next month, and I am now old enough that I don't even need a driver's license anymore.

"The last time I went to my doctor, he examined me and asked if I had a driver's license. I told him yes and handed it to him. He took scissors out of the drawer, cut the license into pieces, and threw them in the waste basket, saying,

'You won't need this anymore,' so I thanked him and left!"

.....

This struck a chord with me as I had to have a doctor's certificate this year to keep licence!

GOD MAKES A PROMISE— FAITH BELIEVES IT— HOPE ANTICIPATES

PATIENCE QUIETLY AWAITS IT

*The best and most beautiful things in the world cannot be seen,
nor touched.....but are felt in the heart* HELEN KELLER

One day a woman's husband died, and on that clear, cold morning, in the warmth of their bedroom, the wife was struck with the pain of learning that sometimes there isn't "anymore".

No more hugs, no more special moments to celebrate together, no more phone calls just to chat, no more "just one minute." Sometimes, what we care about the most gets all Used up and goes away, never to return before we can say good-bye, say "I love you."

So while we have it, it's best we love it, care for it, fix it when it's broken and heal it when it's sick. This is true for marriage . . . and old cars . . . and children with bad report cards . . . and dogs with bad hips . . . and aging parents . . . and grandparents. We keep them because they are worth it, because we are worth it.

Some things we keep - - like a best friend who moved away - - or a sister-in-law after a divorce.

There are just some things that make us happy, no matter what.

Life is important, like people we know who are special.

Suppose one morning you never wake up: do all your friends know you love them?

I was thinking I could die today, tomorrow or next week, and I wondered if I had any wounds needing to be healed, friendships that needed rekindling or three words needing to be said.

Let every one of your friends know you love them, even if you think they don't love you back.

You would be amazed at what those three little words and a smile can do.

And just in case I'm gone tomorrow. I LOVE You!!!

Live today to the fullest because tomorrow is not promised..

A woman goes to the Doctor, worried about her husband's temper.

Dr. Tidman asks: "What's the problem?"

The woman says: Doctor, I don't know what to do.

Every day my husband seems to lose his temper for no reason. It scares me.

Dr. Tidman says: Don't worry, I have a cure for that. When it seems that your husband is getting angry, just take a glass of water and start swishing it in your mouth. Just swish and swish but don't swallow it until he either leaves the room or goes to bed and is asleep.

Two weeks later the woman comes back to the doctor looking fresh and reborn.

The woman says: Doctor that was a brilliant idea! Every time my husband started losing it, I swished with water. I swished and swished, and he calmed right down! How does a glass of water do that?"

Dr. Tidman says: "The water itself does nothing. It's keeping your mouth shut that does the trick...."

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The Glenrock Retreat has been cancelled due to excessive conditions regarding Insurance & cleaning. It would be great if someone could tell Jo of a suitable alternative. A number are keen, and looking forward to such a weekend but it is difficult to find a suitable inexpensive venue. Perhaps you know of one.

One Italian Secret to a Long Marriage

At St. Peter's Catholic Church in Adelaide, they have weekly husbands 'Marriage seminars.

At the session last week, the priest asked Giuseppe, who said he was approaching his 50th wedding anniversary, to take a few minutes and share some insight into how he had managed to stay married to the same woman all these years.

Giuseppe replied to the assembled husbands, 'Wella, I'va tried to treat her nicea, spenda da money on her, but besta of all is, I tooka her to Italy for the 25th anniversary!'

The priest responded, 'Giuseppe, you are an amazing inspiration to all the husbands here!

Please tell us what you are planning for your wife for your 50th anniversary?'

Giuseppe proudly replied, " I gonna go pick her up."

VALUES

Recently, during my meditation three Blue Angels appeared. They were holding a large book titled VALUES. It was a very large book. The Angel in the middle held the book while the other two Angels supported the outspread pages.



As my main interest at the moment is about relationship it occurred to me how important each person's values were in their relationship to each other. The book was showing me a page for each person with a list of the things that they valued. There was a photo of each person beside their values.

I asked the other members of my meditation group if they were willing to fill in a page of their values in order to put in a book so that others might be able to look at it and compare their own values.

In the list was, name, astrological sign, age, married, un married, nationality, religion. Also, what value do you place on...money, your family, marriage, sex, your job or career, your home, your friends, spirituality, your sport, your hobby, your entertainment, your politics?

What a list. Just one of those subjects can disrupt a relationship. Look at all the areas in your life where you can have disagreements or differences of opinions.

Many of our values are in place by the time we are five years old. Until children are five they are only obtaining their values by their emotions, not their mental capacities. Strong family values of nationality, religion and home soak into a young child. These values can cause problems for them at a later stage in their lives as an ingrained attitude without them realising that they have the ability to look at things differently now.

As we grow we develop our own ideas and attitudes through our basic nature (astrological sign) and inherited family characteristics as well as the many different friends we meet and the many different situations we find ourselves in. We may become dedicated to a particular sport or form of entertainment such as rock music or opera. We may agree or disagree with our family's politics. We may have rowdy friends or intellectual friends.

During our growing up time we form ideas about what we feel is attractive in the opposite sex. We often head for that type of person without realising that all the other values are part of us and part of them.

Part of our western idea of 'falling in love' is actually 'falling in love' with something the other person has that we would like to have, such as popularity, confidence, softness or hardness. In the initial 'honeymoon' stage of a relationship while we are being adored and can do no wrong many values in the other person are overlooked. However, once the 'romance' has settled down a little different values raise their ugly head and need to be addressed. It takes real love to work through the problems that different values present.

Spiritual values of love, acceptance and the knowledge that we are all here on the Earth School learning about how we can develop the best of ourselves can often help couples to look at their differences in a kinder way. Realising that none of us are perfect and we are all learning.

If we are lucky enough to meet someone who has similar values and is tolerant of different values we should be extremely grateful and do our best to help others to appreciate their own values too.

Friday, 18 January 2013

I will be holding a Numerology Workshop at Newcastle Spiritualist Church Cnr. Swan and Queen Sts. off Darby, on Saturday 20th April. from 10am to 4.30pm Cost is \$55.00 for the day. If you wish to attend please contact me on 40238406 or sign on the sheet at the Church. You will need to bring writing paper, red, blue and black biro and a ruler. There will be information sheets given out on different aspects of Numerology as well as working sheets to take home.

WORDS OF WISDOM FOR 2013!

A young lady confidently walked around the room while leading and explaining stress management to an audience with a raised glass of water. Everyone knew she was going to ask the ultimate question, "half full or half empty?"

She fooled them all.. "How heavy is this glass of water?" she enquired with a smile. .Answers ranged from 8oz to 20oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour I will have an ache in my right arm If I hold it for a day, you'll have to call an ambulance. In each case it's the same weight, but the longer I hold it, the heavier it becomes."

She continued "and that's the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on."

"As with the glass of water, you have to put it down for a while and rest before holding it again. When we are refreshed, we can carry on with the burden—holding stress longer and better each time practiced.

So, as early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night.....Pick them up tomorrow.

1. Accept the fact that some days you're the pigeon, and some days you're the statue.
2. Always keep your words soft and sweet, just in case you have to eat them.
3. Always read stuff that will make you look good, if you die in the middle of it.
4. Drive carefully, it's not only cars that can be recalled by their Maker.
5. If you can't be kind, at least have the decency to be vague.
6. If you lend someone \$20 and never see that person again, it was probably worth it.
7. It may be that your sole purpose in life is simply to serve as a warning to others.
8. Never buy a car you can't push
9. Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.
10. Nobody cares if you can't dance well. Just get up and dance.
11. Since it's the early worm that gets eaten by the bird, sleep late.
12. The second mouse gets the cheese.
13. When everything is coming your way, you're in the wrong lane
14. Birthdays are good for you. The more you have, the longer you live.
15. Some mistakes are too much fun to only make once.
16. We could learn a lot from crayons. Some are sharp, some are dull, some are pretty . Others have weird names, all are different colours, but they all have to live in the same box.
17. A truly happy person is one who can enjoy the scenery on a detour.
18. Have an awesome day and know that someone has thought about you today.
19. Most importantly...Save the Earth...it's the only planet with Chocolate

This is my favourite email received this week, from my friend Chris... (I am allowed a little indulgence)

Today someone asked me if I liked you. I laughed and said, "Ha! That's funny!! I absolutely LOVE that woman!! She's funny, caring, crazy as heck, sweet, beautiful, she is reading this now and I love her!!" Told you it was self indulgent, but it made me feel good.

Be the kind of person that when your feet hit the floor each morning the devil says, "Oh crap, she's up."

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Think I have included everything, always think that till newsletter. is in the mail.

Remember Saanvi's workshop has been deferred till May, but her Circle is Friday morning 9am-10am

We need a venue for retreat as one planned just hasn't worked out.

KEEP IN MIND THAT WHEN YOU VISIT OUR Church, it is made possible by members who freely give of their time. We have NO paid staff. All volunteers. So when you think something should be done better, why not try to help out. All our Circles are facilitated by trained volunteers. (Remember to say "thanks" on leaving)

When you have a cuppa after the services, say a silent thank you to those that made it, purchased the groceries, cooked the cake, biscuits or whatever we enjoy, then tidies and washes up.

Be polite to speakers and chairpersons, if you don't agree with them, they have still taken the time to present the Service, and remember our Church will ALWAYS be open in time for Service, if you arrive early, all you have to do is wait. We all march to a different drum, never know what problems others are surviving, and my favourite.....

"Do unto others as you would, that they should do to you,"

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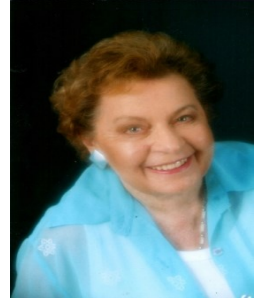
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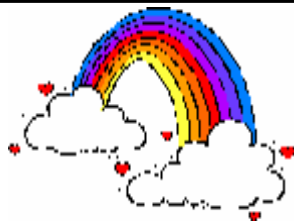
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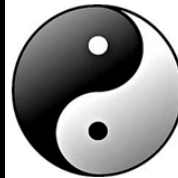
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