

APRIL 2012

Newcastle Spiritualist Church Inc



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| DAY | TIME | FACILITATOR | DESCRIPTION |
|-----------|------------------------------|-------------------------|------------------------|
| MONDAY | 7.30 pm– 9.00 pm | Marcia Parkes | Meditation/Development |
| TUESDAY | 10.30 am – Noon | Carmel John | Meditation/Healing |
| | **Committee Meeting** | **7pm** | 10th April |
| WEDNESDAY | 11.00am-2.30pm | Yvonne Warren | Meditation/Development |
| | 7.30pm-9pm | Jo Burges | Meditation/Development |
| THURSDAY | 8.30am-1pm | Entry through side door | Reading |
| FRIDAY | 7.30 pm - 9.00 pm | Carmel Colquhoun | Meditation/Development |
| SUNDAY | 3.00 pm & 7.00 pm | Various | Services All welcome |
| SATURDAY | 21st April 1pm | Astrology Workshop | Shirley Darby |

Our Philosophy is based on Seven Principles



(With liberty of interpretation)

1. *The Fatherhood of God.*
2. *The Brotherhood of Man.*
3. *The immortality of the soul and its personal characteristics*
4. *The proven facts of communication between departed human spirits and mortals*
5. *Personal responsibility.*
6. *Compensation and retribution hereafter for all good and evil deeds done here*
7. *A path of Eternal Progress open to every human soul who wills to tread it by the path of eternal good.*

Dear Friends,

Well the interior of the Church has been painted, and measuring for the new carpet is in hand.

I believe some members are not happy about the smell of the paint, but as the old song says, "you can't have one without the other."



I would like to thank Marcia for all the running around she has undertaken. In addition to keeping our larder stocked, and all money matters she usually handles, she has spent a deal of time chasing carpet samples, etc. and organising the laying of this carpet.

Next will be the new chairs, but don't be impatient, these things take time and energy, very easy to say we need them, but suitable ones must be sourced and ordered.

Once more we have a number of interesting speakers this month, remember to tell Robyn or myself if you can recommend a speaker, or if you would like to be on the platform. Perhaps you would like to chair a meeting, just let's know, and you will be helped and supported.

The increase in attendance by male members has been noticed, and appreciated. More balance is a good thing. Let's hope that this will continue.

Thanks to those active members playing their part in the programme, stay well, till next month

Carmel Colquhoun

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PROGRAMME FOR APRIL 2012

| <u>DATE</u> | <u>SPEAKER</u> | <u>CHAIRPERSON</u> |
|-------------------|-----------------|--------------------|
| <u>1st April</u> | | |
| 3pm | Spider Ward | Carmel Colquhoun |
| 7pm | Charles Freeman | Marcia Parkes |
| <u>8th April</u> | | |
| 3pm | Shirley Darby | Anona Unicomb |
| 7pm | SueRose | Charles Freeman |
| <u>15th April</u> | | |
| 3pm | Marcia Quinton | Jenny Havebond |
| 7pm | Vernice | Yvonne Gibson |
| <u>22nd April</u> | | |
| 3pm | Adam Price | Jo Burgess |
| 7pm | Karen Burge | Charles Freeman |
| <u>29th April</u> | | |
| 3pm | Peter Galbraith | Marcia Parkes |
| 7pm | David Rivers | Robyn Akins |
| <u>6th May</u> | | |
| 3pm | Rose Mayhew | Ivo |
| 7pm | Ginny & Greg | Charles |

21st April Shirley Darby Astrology Workshop. \$55 must book with Shirley 40238406
Once again a great line up of speakers. Well done Robyn!

Shirley Darby, long time supporter, with experience and knowledge she is always ready to share. Check out notice for her upcoming workshop.

Spider Ward returns, a very informative speaker. A different slant on Spiritualism.
Keep your eye out for a workshop with Spider later in the year.

SueRose will be with us again, and this time we will draw the raffle for those wonderful spirit drawings she donated. YOU may be the lucky winner!

Marcia Quinton, well known Sydney medium returns,

Vernice, the lady with the amazing "singing bowls" and gift of toning returns after a break.
Vernice and these bowls have to be heard to be believed.

Adam Price will speak to us of his journey on a long and difficult road. and also share with us the song he co-wrote "Faith, Hope and Love."

Karen Burge tells us she has a lot to share, Karen has been with us before.

Peter Galbraith, long time member who will no doubt give us a song as a bonus.

David Rivers speaking of his spiritual journey Welcome return.

Ginny & Greg return. This couple have studied many modalities, and work with meditation and healing. Always interesting.

Rose Mayhew, always popular medium, returns in May.

Do you thank our speakers after the service, do you ever tell the one chairing, how you enjoyed the service?

Little things do mean a lot. Thanks cost very little.

Bits and Pieces

I've been told to start with a joke, so here it is...

There comes a time when a woman just has to trust her husband... for example...

A wife comes home late at night early from being out of town and quietly opens the door to her bedroom.

From under the blanket she sees four legs instead of two.

She reaches for a baseball bat and starts hitting the blanket as hard as she can.

Once she's done, she goes to the kitchen to have a drink.

As she enters, she sees her husband there, reading a magazine.

"Hi Darling", he says, "Your parents have come to visit us, so I let them stay in our bedroom. Did you say hello ???"

.....

Well here I go again, searching for items of interest and humour that you may enjoy.

Sometimes it is easy and I find too much, other times well.....

Did you notice in the newspaper that the Encyclopaedia Britannica will no longer be printed.? It is to be only available on line, in future. Times sure are changing fast. Millions have used it as a cornerstone of knowledge, and million of children have poured over it, looking for tantalising information about so many "things."

Haven't been to Church since the repaint, I am looking forward to seeing it. Our Church is aging, and quite a lot of cosmetic repairs had to be done before the paint job. Thanks Larry for doing such a competent job.

Larry and Jo are at present by the water in Singapore, having a well earned break, and the kitchen area is to be painted next, prior to vinyl being laid there.

Marcia's first film afternoon was not without problems, but as Marcia had another film on standby, I believe it was well received. \

Details of April's film offerings will be at the end of my ramblings.

Shirley Darby has been away, so there is no Blog this month. How did you like it?

Remember we include items received from members, email is easiest for me.

My email address is on the back of the newsletter, why not send an article or item of interest, or leave it in an envelope at the Church for me to pick up.

.....

Robyn, Jenny and I went along to the Newcastle Workers Club to see Robert & Julie McKenzie

Very poor crowd, as all their publicity fell through, and when they arrived they found none of the notices etc they had paid for were done. We had a great time, Robyn had been given two tickets as a thank you for putting up notices etc.

It was a good night, with a number receiving meaningful readings, but would have been disappointing financially for the mediums.

Today an email came to Marcia from West Leagues Club at New Lambton, telling us that Psychic Medium Charmaine Wilson will be at the Club in May, with the offer of 5 double passes to go to the Church in return for letting our members know. Further details will be in our next newsletter, so keep your eye out.

Perhaps you could win a free pass!

The grand essentials for happiness are:

Something to do, Something to love, and something to hope for

From the Internet

Walk Tall!

Let peace rein ever in your hearts and love emanate from out your very soul,
Accept whom you are and allow the light to shine bright on all upon life's goal.
Hold sure your faith and lower ever not your head in doubt and hesitation,
Lift upwards then your eyes to see God, All That Is; walk tall in every situation.
Give all you've got for all that 's yours to give, belongs to each and every person,
You walk firm this planet Earth, with greatest love and reverence, in pure elation.
All life is blessed and cared for as each step you take is sure, divinely taken,
As forwards, ever inwards go you all, and to your goals or sacred destinations.
Alec Christos Gabbitas.

20.3.2012

Why Go to Church? One Sunday morning, a mother went in to wake her son and tell him it was time to get ready for church, to which he replied, "I'm not going."

"Why not?" she asked.

"I'll give you two good reasons," he said. "(1), they don't like me, and (2), I don't like them."

His mother replied, "I'll give you two good reasons why you SHOULD go to church:

(1) You're 59 years old, and (2) you're the pastor

.....
A young man shopping in a supermarket noticed a little old lady following him around.

If he stopped, she stopped. Furthermore she kept staring at him.

She finally overtook him at the checkout, and she turned to him and said, "I hope I haven't made you feel ill at ease; it's just that you look so much like my late son."

He answered, "That's okay."

"I know it's silly, but if you'd call out 'Good bye, Mum' as I leave the store, it would make me feel so happy."

She then went through the checkout, and as she was on her way out of the store, the man called out, "Goodbye, Mum." The little old lady waved and smiled back at him.

Pleased that he had brought a little sunshine into someone's day, he went to pay for his groceries. That comes to \$121.85," said the clerk.

"How come so much? I only bought 5 items."

The clerk replied, "Yeah, but your Mother said you'd be paying for her things, too."

.....
**Life is too short to wake up with regrets.
So love the people who treat you right.
Love the ones who don't just because you can..
Believe everything happens for a reason.
If you get a second chance, grab it with both hands.
If it changes your life, let it.
Kiss slowly.
Forgive quickly.
God never said life would be easy.
He just promised it would be worth it.**

Take Time

Take time to work, it is the price of success

Take time to think, it is the source of power

Take time to play, it is the secret of perpetual youth.

Take time to be friendly, tis the road to happiness.

Take time to love & be loved, it is the privilege of the Gods.

Take time to share, life is too short to be selfish.

Take time to laugh, laughter is the music of the soul.

A NEW VENTURE.

22nd April at 5pm, yes that's right, between Sunday Services

Marcia will be showing a very interesting DVD ..MADE IN BRAZIL

"HEALING MIRACLES, MYSTERIES & JOHN OF GOD"

I have been in many places, but I've never been in Cahoots.
Apparently, you can't go alone. You have to be in Cahoots with someone.
I've also never been in Cognito. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport; you have to be driven there.
I have made several trips there, thanks to my friends, family and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.

I have also been in Doubt. That is a sad place to go, and I try not to visit there too often.
I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older.

One of my favorite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At my age I need all the stimuli I can get!

I may have been in Continent, and I don't remember what country I was in.
It's an age thing.

.....

'To get something you never had, you have to do something you never did.'

When God takes something from your grasp,
He's not punishing you, but merely opening your hands to receive something better.
Concentrate on this sentence...

'The will of God will never take you where the Grace of God will not protect you.'

.....

From Newcastle Morning Herald, (so it must be true 28th March 2012

Chocolate's Health Hit

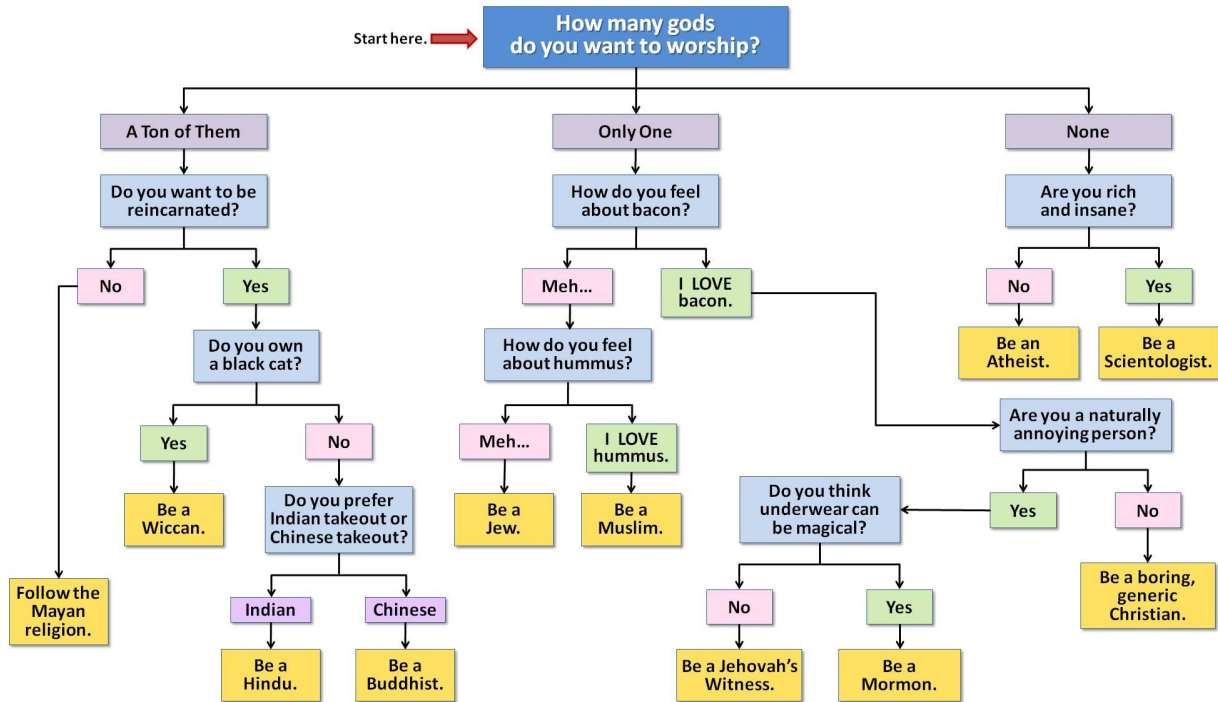
Healthy people who exercise and also eat chocolate regularly, tend to have a lower body mass index than those who eat chocolate less often.

A US survey of more than 1000 adults reinforces the notion that chocolate packs heart healthy benefits, despite its high calorie and sugar content.

The study, led by Beatrice Golomb from the University of California San Diego, called for more research and clinical trial of chocolate's metabolic benefits.

How is that for good news?

A Flowchart for Choosing Your Religion



Tell Three People (Today) How Much You Love Them

Author Stephen Levine asks the question, “If you had an hour to live and could only make one phone call—who would you call, what would you say, and why are you waiting?”

What a powerful message!

Who knows what we are waiting for? Perhaps we want to believe we will live for ever, or that “someday” we will get around to telling the people we love how much we love them. Whatever the reasons, most of us simply wait too long.

As fate would have it, I am writing this strategy on my grand-mother’s birthday. Later today my father and I are driving out to visit her grave site. She died about two years ago. Before she passed away, it became obvious how important it was to her, to let her family know how much she loved us all. It was a good reminder that there is no good reason to wait. Now is the time to let people know how much you care.

Ideally, you can tell someone in person or over the phone. I wonder how many people have been on the receiving end of a phone call where the caller says “I just called to tell you how much I love you! You may be surprised that almost nothing on earth means so much to a person. How would you like to receive the same message!

If you are too shy to make such a phone call, write a heartfelt letter instead. Either way, you may find that as you get used to it, letting people know how much you love them will become a regular part of your life.

It probably won’t shock you to know that, if it does, you’ll probably begin **receiving** more love as a result.

This is an excerpt from “Don’t Sweat the Small Stuff”

Simple ways to keep the little things from taking over your life. By Richard Carlson PH.D

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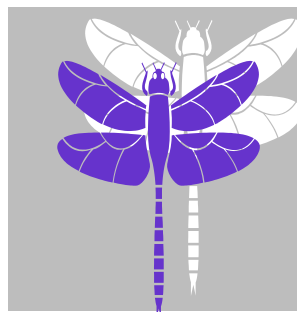
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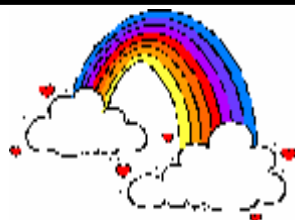
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